

Hot Topics in Family Medicine
St. James Hotel
Red Wing, MN

Friday, October 4, 2019	
7:00 a.m.	Registration & Breakfast <i>Courtyard</i>
7:45 a.m.	Welcome and Introductions <i>Annie Sadosty, M.D., Michelle Duvall, M.D., Ryan Kelly, M.D.</i>
8:00 a.m.	Life and Lifestyle for Epilepsy Patients <i>David B. Burkholder, M.D.</i>
8:30 a.m.	Controversies in Nutrition <i>Carrie L. Kern, D.O. and Kristen M. Kajewski, D.O.</i>
9:00 a.m.	BP meds: you might be doing it wrong. Data-driven tips regarding common antihypertensives <i>Robert P. Wilfahrt, M.D.</i>
9:30 a.m.	Refreshment Break
9:50 a.m.	Venous Insufficiency and Varicose Veins <i>Christopher A. Kasal, M.D.</i>
10:20 a.m.	The Pandemic of Caregiver Burnout: Solutions That Work <i>Edward T. Creagan, M.D., FAAHPM</i>
10:50 a.m.	Acute and Post-Acute Care of Pneumonia Patients <i>Paul M. Robelia, M.D.</i>
11:20 a.m.	Preconception Counseling – Fertility Management for the Primary Care Provider <i>Nicole Callahan, APRN, C.N.P., M.S.</i>
11:50 a.m.	Lunch and Visit Exhibitors
12:40 p.m.	First Trimester Bleeding: What it Can Mean <i>Elizabeth Westby, M.D.</i>
1:10 p.m.	Exercise, Why Not? <i>Thomas M. Meyer, M.D.</i>
1:40 p.m.	Common Problems of the Shoulder <i>Greg Erickson, M.D.</i>
2:10 p.m.	Refreshment Break
2:30 p.m.	Pediatric Growth Problems <i>Eric J. Schnaith, M.D.</i>
3:00 p.m.	Otitis Media <i>Brian P. Coyle, M.D.</i>
3:30 p.m.	Outpatient Management of Non-Melanomatous Skin Cancer <i>William J. Ward, M.D.</i>
4:00 p.m.	Acne Management <i>Michelle J. Duvall, M.D.</i>
4:30 p.m.	Adjourn