

Sports Medicine for the Primary Care Provider - Online

Activity Description

This online course will give participants the confidence to accurately diagnose and treat sports-related conditions and the knowledge to determine appropriate testing and referral criteria. This course will supplement skills learned in residency and early medical, nursing and physical therapy practice, allow learners to fill in gaps in their training, and reinforce existing knowledge of musculoskeletal conditions, diagnosis and treatment. Topics covered include musculoskeletal conditions and procedural techniques primary care clinicians can utilize for athletes and active individuals.

Target Audience

This online course is designed for family physicians, internists, sports medicine physicians, physical therapists, ARNPs, PAs, physiatrists, pediatricians, ER physicians, orthopedists and medical providers in a clinic or nonoperative/nonsurgical/noninvasive setting involved in the care and management of athletes and active individuals.

Learning Objectives

- Recall diagnostic modalities to address sports medicine injuries with the ability to correctly diagnose and treat the patient with the most useful information at the least cost
- Determine an athlete's ability to return to sports and regular activities after injury
- Choose appropriate physical exams and testing for sports injuries commonly seen in the primary care setting
- Summarize when expeditious testing or referral to a specialist is appropriate

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA

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Listed below are individuals with control of the content of this program who have disclosed...

Financial relationship(s):

Name	Nature of Relationship	Company
Walter C. Taylor, M.D.	Consultant	WTA Medical Advisor

No Financial relationship(s):

Name	
Edsel B. Bittencourt, P.T., R.N.	Cedric J. Ortiguera, M.D.
Mohit Chauhan, M.B.B.S.	Pragnesh P. Parikh, M.D.
Hillary W. Garner, M.D.	James C. Presley, M.D.
Mark Friedrich B. Hurdle, M.D.	George Pujalte, M.D.
Jennifer R. Maynard, M.D.	Raul A. Rosario Concepcion, M.D.
Shon E. Meek, M.D., Ph.D.	David B. Soma, M.D.
Daniel P. Montero, M.D.	Richard O. White, M.D.
Emily Gammell	Theresa Malin
Corey M. Kunzer, P.T., D.P.T, SCS	Meredith A. Maguire, APRN, M.S.N.
Darryl Chutka, M.D.	

Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:

Name	Manufacturer/Provider	Product/Device
None		

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Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

How to Obtain Credit

To obtain credit, complete the post-test, evaluation and submit.

Method of Participation

Participation in this activity consists of reviewing the webcast and completing the post-test and evaluation.

Release and Expiration Dates

Release Date: October 25, 2019

Expiration Date: October 24, 2022

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials**Course Directors:**

Mark Friedrich B. Hurdle, M.D.

George Pujalte, M.D.

Faculty:

Mohit Chauhan, M.B.B.S.

Hillary W. Garner, M.D.

Mark Friedrich B. Hurdle, M.D.

Jennifer R. Maynard, M.D., C.A.Q.S.M.

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David B. Soma, M.D.

Walter C. Taylor, III, M.D., C.A.Q.S.M.

Richard O. White, M.D.

Program Schedule

Speaker	Lecture Title	Duration (hrs:min:sec)
Cedric J. Ortiguera, M.D.	Avoiding "Uh-Ohs": Orthopedic Conditions Not To Miss	0:52:32

Daniel P. Montero, M.D.	"Am I Cleared?" Considerations in the Sports Preparticipation Physical Exam	0:32:03
David B. Soma, M.D.	Not Quite Broken: Evaluation and Management of Pediatric Fractures	0:48:20
Hillary W. Garner, M.D.	"What's That Thing There?" Must-Not-Miss Radiologic Findings and Reading Report Buzzwords in Primary Care	0:48:21
James C. Presley, M.D.	The Nerve! Evaluation and Treatment of Nerve Entrapment Syndromes of the Upper Limb	0:51:29
Jennifer R. Maynard, M.D., C.A.Q.S.M.	"Math makes My Head Hurt!" Return-to-School for the Concussed Athlete	0:48:34
Mark Friedrich B. Hurdle, M.D.	Straight Talk: Scoliosis Evaluation and Approach	0:34:18
Mohit Chauhan, M.B.B.S.	Mind Over matter: Psychiatric Conditions in Sports	0:31:34
Pragnesh P. Parikh, M.D.	Handling the Pressure: Management of the Hypertensive Athlete	0:32:07
Pragnesh P. Parikh, M.D.	It's All Heart: Approach to the Active Individual with Coronary Artery Disease	0:27:08
Raul A. Rosario Concepcion, M.D.	In and Out: Athletes and Active Individuals with breathing Conditions	0:26:18
Richard O. White, M.D.	When "Ow" is the Chief Complaint: Approach to Suspected Injuries in a Preverbal Child	0:48:30
Shon E. Meek, M.D., Ph.D.	Finding the Sweet Spot: Keeping the Athlete with Type 2 Diabetes Going	0:23:06
Shon E. Meek, M.D., Ph.D.	All The Hype: Thyroid Conditions in Athletes and Active Individuals	0:28:02
Walter C. Taylor, III, M.D., C.A.Q.S.M.	"Can I Take This" Medication with Implications in Sports	0:28:35
	Total Hours	9:20:57
	Credit	9.25

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