

**Aeschi 10: Affirming the Relevance of Narrative  
in Contemporary Suicide Assessment and Treatment  
May 30-June 1, 2019  
Grand Bavaria Room - Sonnenalp Hotel**

Thursday	May 30, 2019
7:00 – 7:40 a.m.	Continental Breakfast
7:40 – 8:30 a.m.	<p>Opening</p> <p style="padding-left: 40px;">What is the Aeschi Approach Anyway? <i>David A. Jobes, Ph.D.</i></p> <p style="padding-left: 40px;">Bridging the Psychiatry/Psychology Chasm Through Narrative <i>J. Michael Bostwick, M.D.</i></p>
8:30 – 10:15 a.m.	<p>Session #1 How Narratives Can Help Frame Treatment</p> <p style="padding-left: 40px;">CAMS as a Framework for Assessment and Treatment <i>David A. Jobes, Ph.D.</i></p> <p style="padding-left: 40px;">How Narrative Informs Risk Assessment and Treatment Planning <i>Peter M. Gutierrez, Ph.D.</i></p> <p>Discussant: <i>Konrad Michel, M.D.</i></p>
10:15 – 10:30 a.m.	Break
10:30 – 12:15 p.m.	<p>Session #2 How Narratives Can Help Build Motivation for Change</p> <p style="padding-left: 40px;">The Teachable Moment Brief Intervention <i>Stephen S. O'Connor, Ph.D.</i></p> <p style="padding-left: 40px;">Principles of Psychodynamic Psychotherapy with Suicidal Patients <i>Mark A. Schechter, M.D.</i></p> <p>Discussant: <i>Mark J. Goldblatt, M.D.</i></p>
12:15 – 1:15 p.m.	Lunch
1:15 – 2:45 p.m.	<p>Plenary – Treatment Engagement and Narrative Interviewing <i>Konrad Michel, M.D.</i></p> <p>Discussant: <i>M. David Rudd, Ph.D.</i></p>
2:45 – 3:00 p.m.	Break

<p>3:00 – 4:15 p.m.  <i>Concurrent workshops; choose one to attend.</i></p>	<p>Workshop Session #1</p> <p>Option 1  Problems in Conducting Narrative Interviews in ASSIP (Attempted Suicide Short Intervention Program)  <i>Anja Gysin-Maillart, Ph.D. and Kenneth Conner, Psy.D., M.P.H.</i>  (Grand Bavaria Room)</p> <p>Option 2  The Impact of Suicide on Mental Health Clinicians: What We Know, What We Can Do  <i>Nina J. Gutin, Ph.D. and Vanessa L. McGann</i>  (Fischen Room)</p> <p>Option 3  The Role of Creating Coherent Narratives in the Treatment of Suicidal Patients  Lisa Firestone, Ph.D.  (Kempton Room)</p>
<p>4:15 – 4:30 p.m.</p>	<p>Break/Move to Workshop</p>
<p>4:30 – 5:45 p.m.  <i>Concurrent workshops; choose one to attend.</i></p>	<p>Workshop Session #2</p> <p>Option 1  Video-Playback: Self-Confrontation With the Patient’s Narrative  <i>Konrad Michel, M.D.</i>  (Grand Bavaria Room)</p> <p>Option 2  Yoga-Mindfulness Training to Build Resilience in Psychiatrists &amp; Psychotherapists Working with Suicidal Patients  <i>Alex N. Sabo, M.D.</i>  (Fischen Room)</p> <p>Option 3  Liberating Suicidology from Coercion  <i>Jess Stohlmann-Rainey</i>  (Kempton Room)</p>
<p>5:45 p.m.</p>	<p>Adjourn</p>

<b>Friday</b>	<b>May 31, 2019</b>
7:00 – 7:50 a.m.	Continental Breakfast
7:50 – 8:00 a.m.	Introduction to Day Two <i>J. Michael Bostwick, M.D.</i>
8:00 – 9:45 a.m.	Session #3 How Narratives Can Help Shape Acute Prevention Planning  Crisis Response Planning and Lethal Means Prevention <i>Craig J. Bryan, Ph.D.</i>  Using Narrative Interviews for Brief Interventions in Acute Settings <i>Gregory K. Brown, Ph.D.</i>  Discussant: <i>Stephen S. O'Connor, Ph.D.</i>
9:45 – 10:00 a.m.	Break
10:00 – 11:45 a.m.	Session #4 How Narratives Can Inform CBT Formulation and Treatment  An Integrated Narrative for CBT in Suicidality <i>M. David Rudd, Ph.D.</i>  Spirituality and Its Role in Suicide Narratives <i>John H. Davidson, M.D.</i>  Discussant: <i>Alex N. Sabo, M.D.</i>
11:45 a.m. – 12:45 p.m.	Lunch
12:45 – 2:30 p.m.	Session #5 How Narratives Can Inspire Gradual Change  Long-Term Management of Borderline Personality Disorder <i>Brian A. Palmer, M.D., M.P.H.</i>  A Relational Approach to Instilling Hope <i>Mark A. Schechter, M.D.</i>  Discussant: <i>Elsa F. Ronningstam, Ph.D.</i>
2:30 – 2:45 p.m.	Break/Move to Workshop
2:45 – 4:00 p.m. <i>Concurrent workshops; choose one to attend.</i>	Workshop Session #3  Option 1 Processing a Patient's Suicide - The impact on Therapists' Personal and Professional Identity <i>Elsa Ronningstam, Ph.D. and Mark J. Goldblatt, M.D.</i> (Grand Bavaria Room)  Option 2 Clinician–Survivors of Suicide Loss: The Impact and Integration of Split Identities <i>Nina J. Gutin, Ph.D. and Vanessa L. McGann</i> (Fischen Room)
4:00 p.m.	Adjourn

<b>Saturday</b>	<b>June 1, 2019</b>
7:00 – 7:50 a.m.	Continental Breakfast
7:50 – 8:00 a.m.	Introduction to Day Three <i>J. Michael Bostwick, M.D.</i>
8:00 – 9:40 a.m.	Session #6: How Narratives Guide Clinician Survivors  Posttraumatic Growth in Clinicians with a Personal History of Suicidality <i>Stacey Freedenthal, Ph.D., LCSW</i>  Posttraumatic Growth in Clinicians with a Family History of Suicide <i>J. Michael Bostwick, M.D.</i>  Discussant: <i>Doreen S. Marshall, Ph.D.</i>
9:40 – 9:55 a.m.	Break
9:55 a.m. – 12:00 p.m.	Closing -- What Aeschi Has Meant To Me  Invited Contributors Chair: <i>Mark J. Goldblatt, M.D.</i>
12:00 – 12:15 p.m.	Closing Remarks <i>J. Michael Bostwick, M.D.</i>
12:15 p.m.	Adjourn