

**Aeschi 8: Bearing the Struggle: Exploring the Challenges Facing
Clinicians Working with Suicidal Patients
June 11-13, 2015**

| Thursday | June 11, 2015 The Aeschi Spirit |
|--------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00 – 7:40 a.m. | Continental Breakfast |
| 7:40 – 8:00 a.m. | Welcome and Course Introduction <i>J. Michael Bostwick, M.D.</i> |
| 8:00 – 8:40 a.m. | Concepts: The Aeschi Spirit The Aeschi Philosophy <i>David Jobes, Ph.D.</i> Aeschi Principles Put into Practice <i>Konrad Michel, M.D.</i> |
| 8:40 – 9:45 a.m. | Video and Discussion |
| 9:45 – 10:15 a.m. | Break |
| 10:15 – 10:55 a.m. | Traumatic Experience and Suicidality How Trauma and Suicidality Intertwine <i>Marjan Holloway, Ph.D.</i> Warning Signs and Suicidal Crises <i>M. David Rudd, Ph.D.</i> |
| 10:55 – 12:00 p.m. | Audiotape and Discussion |
| 12:00 – 1:15 p.m. | Lunch |
| 1:15– 2:00 p.m. | Keynote Speaker Why Do People Try to Kill Themselves? <i>Matt Nock, Ph.D.</i> |
| 2:00 – 3:30 p.m. <i>Concurrent workshops; choose one to attend.</i> | Workshop Session #1 Clinicians as Survivors: The Impact of Suicide on Mental Health Clinicians <i>Nina J. Gutin, Ph.D.</i> Promoting Suicide Resilience in Group Therapy <i>Michael Groat, Ph.D.</i> Self-destructive Behaviors and Suicide: Clinical and Treatment Implications: <i>Lisa Firestone, Ph.D.; Igor Weinberg, Ph.D.</i> |
| 3:30 – 5:30 p.m. | Poster Reception |
| 5:30 p.m. | Adjourn |

**Program schedule subject to change.*

| Friday | June 12, 2015 Challenges of Working with Suicidal Patients |
|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00 – 7:50 a.m. | Continental Breakfast |
| 7:50 – 8:00 a.m. | Introduction to Day Two <i>J. Michael Bostwick, M.D.</i> |
| 8:00 – 8:40 a.m. | Challenges of Working with Suicidal Patients When the Therapist Dislikes the Patient <i>Alex Sabo, M.D.</i> When the Therapist Identifies with the Patient <i>J. Michael Bostwick, M.D.</i> |
| 8:40 – 9:45 a.m. | Video and Discussion |
| 9:45 – 10:15 a.m. | Break |
| 10:15 – 12:00 p.m. | Losing a Patient to Suicide When a Trainee's Patient Suicides <i>Christine Moutier, M.D.</i> When an Established Therapist's Patient Suicides <i>Brian A. Palmer, M.D.</i> Videos and Discussion |
| 12:00 – 1:15 p.m. | Lunch |
| 1:15 – 2:00 p.m. | Keynote Speaker The Suicide Index: Putting My Father's Death in Order <i>Joan Wickersham</i> <i>*No credit offered for this lecture.</i> |
| 2:00 – 3:30 p.m. <i>Concurrent workshops; choose one to attend.</i> | Workshop Session #2 ASSIP: An Effective Brief Therapy for Patients Who Attempt Suicide – But What Makes It Effective? <i>Anja Gysin-Maillart, Ph.D.; Konrad Michel, M.D.</i> Lived Experience and the Clinician <i>Christine Moutier, M.D.</i> Group therapy for Veterans Struggling With Suicidality <i>Stacy Hagman, LCSW ; Keith W. Jennings; David Jobes, Ph.D., ABPP; Lora Johnson, Ph.D.; Stephen O'Connor, Ph.D.</i> |
| 3:30 – 4:00 p.m. | Break |
| 4:00– 5:30 p.m. <i>Concurrent workshops; choose one to attend.</i> | Workshop Session #3 Clues to our Existential Dilemma: Listening to the Narratives of Suicidal Clients <i>Alex Sabo, M.D.; Allison Werner, M.D.</i> The Impact of Various Types of Suicide Attempts on the Therapist <i>Mark Goldblatt, M.D.; Elsa Ronningstam, Ph.D.</i> Suicidal Behaviors in Borderline Personality Disorder: Assessment and Treatment Principles <i>Igor Weinberg, Ph.D.</i> |
| 5:30 p.m. | Adjourn |

**Program schedule subject to change.*

| | |
|--------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Saturday | June 13, 2015 Bearing the Struggle and Keeping Hope Alive |
| 7:00 – 7:50 a.m. | Continental Breakfast |
| 7:50 – 8:00 a.m. | Introduction to Day Three <i>J. Michael Bostwick, M.D.</i> |
| 8:00 – 9:00 a.m. | Applying What We Know Tools for Meeting and Assessing the Suicidal Patient <i>David Jobes, Ph.D.</i> Brief Intervention: The Teachable Moment <i>Stephen O'Connor, Ph.D.</i> Suicidal Ambivalence and the Internal Struggle Hypothesis <i>Greg Brown, Ph.D.</i> |
| 9:00 – 10:15 a.m. | Video and Discussion |
| 10:15 – 10:30 a.m. | Break |
| 10:30 – 12:00 p.m. | Bearing the Struggle and Keeping Hope Alive: Reflections of Faculty and Conference Participants |
| 12:00 p.m. | Adjourn |

**Program schedule subject to change.*