

Mayo Clinic Psychiatry Clinical Reviews 2016
 October 6-8, 2016
 Intercontinental Chicago Magnificent Mile
 Chicago, IL

Thursday, October 6, 2016

- 7:00 a.m. Continental Breakfast and Registration
- 8:00 – 8:15 Introduction, Schedule Review, Pre-test
Brian A. Palmer, MD, MPH
- 8:15 – 8:35 The Construct of Depression: What Matters and Why?
William V. Bobo, MD, MPH
- 8:35 – 9:15 Principles for the Treatment of Unipolar Depression
John M. Zajecka, MD
- 9:15 – 9:40 Treatment of Bipolar Depression
Mark A. Frye, MD
- 9:40 – 10:00 Questions and Answers
Drs. Bobo, Frye, and Zajecka (Moderator: Dr. Palmer)
- 10:00 – 10:15 Coffee Break
- 10:15 – 10:45 Substance Use Disorder Treatment Updates
Bhanu Prakash Kolla, M.D.
- 10:45 – 11:15 Anxiety Disorder Updates
Katherine M. Moore, MD
- 11:15 – 11:40 Borderline Personality Disorder
Brian A. Palmer, MD
- 11:35 – 12:00 Questions and Answers
Drs. Kolla, Moore, and Palmer (Moderator: Dr. Frye)
- 12:00 – 1:15 Lunch (on your own)
- 1:15 – 2:45 Breakout I

A	B	C	D	E
Cases from the Depression Center	Employing Third Wave Psychotherapy Principles in Practice	Mistakes (Opportunities) in the Treatment of Borderline Personality Disorder	Biological Treatment of Substance Use Disorders	High Yield Child Psychiatry for the Adult Psychiatrist and Primary Care Physician: Management of the Aggressive Child
<i>John M. Zajecka, M.D. & Mark A. Frye, M.D.</i>	<i>Kristin Vickers Douglas, Ph.D., ABPP</i>	<i>Brian A. Palmer, M.D.</i>	<i>Bhanu Prakash Kolla, M.D.</i>	<i>Alastair J. S. McKean, M.D. and Cosima Swintak, MD</i>

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2:45 – 3:00 Coffee Break

3:00 – 4:30 Breakout II

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<i>John M. Zajecka, M.D. & Mark A. Frye, M.D.</i>	<i>Kristin Vickers Douglas, Ph.D., ABPP</i>	<i>Brian A. Palmer, M.D.</i>	<i>Bhanu Prakash Kolla, M.D.</i>	<i>Alastair J. S. McKean, M.D. and Cosima Swintak, MD</i>

4:30 – 5:30 Wine and Hors d’oeuvres Reception for Attendees and Faculty
 Guests welcome for additional fee

Friday, October 7, 2016

7:00 a.m. Continental Breakfast and Registration

8:00 – 8:40 Acute and long-term psychotic disorder treatment
Rona J. Hu, MD

8:40 – 9:00 High Yield Pharmacokinetic and Pharmacodynamic Pearls
Jonathan Leung, Pharm.D.

9:00 – 9:15 Metabolic Effect Monitoring and Treatment
Chris Wittich, MD, Pharm.D.

9:15 – 9:40 Mania Matters
Mark A. Frye, MD

9:40 – 10:00 Questions and Answers
Drs. Hu, Leung, Wittich, and Frye (moderator: Dr. Palmer)

10:00 – 10:15 Coffee Break

10:15 – 10:25 Case Presentation
Kristin Vickers Douglas, Ph.D., ABPP

10:25 – 10:50 Menopause and Depression
William V. Bobo, MD, MPH

10:50-11:05 What’s the Current Thinking on Hormone Replacement
Christopher M. Wittich, MD

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- 10:50 – 11:15 Perinatal Depression
Katherine M. Moore, MD
- 11:15 – 11:40 Adult ADHD
J. Michael Bostwick, MD
- 11:40 – 12:00 Questions and Answers
Drs. Vickers-Douglas, Bobo, Wittich, Moore, and Bostwick (moderator: Dr. Frye)
- 12:00 – 1:15 Lunch (on your own)
- 1:15 – 2:45 Breakout I

A	B	C	D	E
Perinatal Psychiatry: Beyond the Basics	Neurology Pearls for Psychiatrists	Psychosis: Cases in Acute Stabilization and Long-Term Management	Becoming a Better Medical Educator	Suicide: Role of Narrative and Brief Interventions
<i>William V. Bobo, MD, MPH and Katherine M. Moore, MD</i>	<i>Scott D. Eggers, MD</i>	<i>Rona J. Hu, MD, and Jonathan G. Leung, Pharm D</i>	<i>Joan M. Anzia, MD and Cosima Swintak, MD</i>	<i>J. Michael Bostwick, MD, and Brian A. Palmer, MD, MPH</i>

- 2:45 – 3:00 Coffee Break
- 3:00 – 4:30 Breakout II

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- 4:30 p.m. Adjourn
- 7:30 p.m. Architecture River Cruise: Friday, October 7, 2016 (Optional)
(additional registration required)

Saturday, October 8, 2016

- 7:00 a.m. Continental Breakfast and Registration
- 8:00 – 8:35 The Most Important Psychiatry Papers in the Past Year
Robert J. Morgan, III, M.D., Ph.D.
- 8:35 – 9:10 Cases in Psychosomatic Medicine

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Robert Bright, MD

- 9:10 – 9:40 Population Approaches to Depression
David J. Katzelnick M.D.
- 9:40 – 10:00 Questions and Answers
Drs. Morgan, Bright, and Katzelnick (Moderator: Dr. Palmer)
- 10:00 – 10:15 Coffee Break
- 10:15 – 10:50 What Everyone Should Know about Sleep
R. Robert Auger, MD
- 10:50 – 11:25 Treatment of Somatic Symptom Disorders
Jeffrey P. Staab, MD
- 11:25 – 11:45 Questions and Answers
Drs. Staab and Auger (Moderator: Dr. Vickers Douglas)
- 11:45 – 12:00 Course Post-Test and Evaluation
Brian A. Palmer, MD
- 12:00-1:15 Lunch (on your own)
- 1:15-2:45 Breakout I

A	B	C
Somatic Symptom Disorders: Cases and Approaches	Psychiatry and Behavioral Health in Primary Care	Sleep Disorders: Beyond the Basics
<i>Jeffrey P. Staab, MD</i>	<i>David J. Katzelnick, MD and Kristin Vickers Douglas, Ph.D., ABPP</i>	<i>R. Robert Auger, MD</i>

2:45 p.m. Adjourn