



Friday, October 29, 2021

Conference Program

8:45 am	<p>Welcome Gathering begins for in-person attendees</p> <p>Exhibits Open</p>
9:00	<p>Live Streaming opens for virtual attendees</p>
9:30 a.m.	<p>Official Welcome <i>Anne and Steve Wagner, Minneapolis, MN</i> <i>Ronald Petersen M.D., PhD. & Angela Lunde M.A., Mayo Clinic Alzheimer's Disease Research Center</i></p>
9:55 a.m.	<p>Alzheimer's: The Truth About Where We've Been – A Vision to do Better <i>Jason Karlawish, M.D., University of Pennsylvania Perelman School of Medicine</i></p>
10:30 am	<p>Diverse and Underrepresented Populations: Addressing the Obstacles <i>Carl Hill, Ph.D., M.P.H., National Alzheimer's Association</i></p>
10:55 am	<p>Brain Health & Dementia: The Science, the Research, and the Hope <i>Carl Hill, Ph.D., M.P.H., National Alzheimer's Association</i> <i>Ronald Petersen M.D., PhD. Director Mayo Clinic Alzheimer's Disease Research Center</i> <i>Sarah Lenz Lock, SVP Policy & Brain Health, Exec. Director, Global Council on Brain Health</i> <i>Tetyana Shippee, Ph.D., School of Public Health, University of Minnesota</i></p>
11:35 am	<p>Lunch</p> <p>Visit Exhibits</p> <p>Book Signing</p> <p>Noon: Lunch & Learn Elective—Understanding Alzheimer's Disease and Dementia <i>Lynne Hemann, Community Educator, Alzheimer's Association MN-North Dakota</i></p>

12:45	<p>HOPEFEST! A showcase of local and national initiatives aimed at improving the lives of those living with dementia and care partners.</p> <p>Connecting Caregivers via Pairing Technology, <i>Leah Forsberg, PhD</i></p> <p>A Historic African American Neighborhood Becomes Dementia Friendly, <i>Michelle Fudge</i></p> <p>Lewy Body Life: A New Podcast, <i>Paula Biever</i></p> <p>Addressing Health Inequities through Real Reform, <i>Manka Nkimbeng, PhD</i></p> <p>Building Empathy through Virtual Reality, <i>Jenny West & Beth Wiggins</i></p> <p>Transforming Primary Care for Improved Caregiver Training, <i>Donald Jurivich, D.O.</i></p> <p>Dementia Friendly America – The Next Big Step, <i>Meredith Hanley</i></p>
1:30	<p>A Brighter Path Forward – The Community Answer</p> <p><i>Sarah Lenz Lock, SVP Policy & Brain Health, Exec. Director, Global Council on Brain Health</i></p>
1:50	<p>Stretch Break</p>
2:00	<p>The Sights, the Sounds, and the Feel of Hope</p> <p><i>Special Performance</i></p>
2:20	<p>General Session Concludes</p> <p>Workshops begin at 2:45 (scroll down for more information)</p> <p>Exhibits remain open until 2:45</p>
2:45	<p>Afternoon Workshops Electives</p> <ul style="list-style-type: none"> • Why We Sing <i>for those living with dementia and all who are interested</i> • Caring with Presence <i>for family care partners and professionals</i> • Ethical Issues around Dementia <i>for care professionals and family care partners</i> • Afternoon Book Club <i>for everyone</i> <p><i>Additional details about each workshop are described below</i></p>
3:45 4:15 4:30	<p>End of Day will vary depending on the workshop selected, see details on the next page</p>

Workshop Details

- Attendees may select one of 4 workshops
- Workshops range from 65—105 minutes
- *Caring with Presence* and *Afternoon Book Club* are offered in-person only
- *Why We Sing* and *Ethical Issues about Dementia* are offered both in-person and livestreamed for virtual participation

Workshop A	
Title	Why We Sing
Time	2:40-3:45 pm
How is it offered	This workshop will be conducted in-person and will also be livestreamed for virtual participation
Presenters	Jeanie Brindley Barnett, & Suzy Johnson, Jodi Melius, R.N.
Who should attend	Everyone is welcome especially those affected by memory loss or dementia and their family/care partners.
Description	Join <i>Giving Voice</i> and affiliated chorus members in this interactive, joy-filled, educational workshop to learn about how arts-based programs like music positivity impact brain health and offer a host of other benefits that affect overall wellness. Participants will have the option to experience a mini-rehearsal and sing along with chorus members; or just sit back, watch, and enjoy. Music and singing experience not expected.

Workshop B	
Title	Caring with Presence
Time	2:40-4:15 pm
How is it offered	This workshop is offered in-person only
Facilitators	Michelle Barclay M.A., Laura Rice-Oeschger LMSW
Who should attend	Dementia Caregivers/Care Partners; both family and professional
Description	Integrating evidence-based mindfulness approaches, those attending this workshop will learn and experience ways to address everyday stress. The workshop includes facilitated mindfulness practices, personal and small group reflection, and a sense of comfort that comes from being part of a caring community. Participants will receive resources to take home for further exploration and related tools for enhancing personal wellbeing and self-care strategies.

Workshop C	
Title	Ethical Issues about Dementia
Time	2:45-4:15 pm
How is it offered	This workshop will be conducted in-person and will also be livestreamed for virtual participation
Panelists	Jason Karlawish M.D., Dorothea Harris, MSW, LICSW, Eric Tangalos, M.D., Jayne Clairmont, B.A.
Who should attend	Health Care Professionals including Social Workers, Nurses, Therapists, Doctors, Clergy/Spiritual, Elder Advocates, Healthcare Administrators; family care partners are also welcome.
Description	<p>Dementia raises many ethical issues. The patient, family, and medical team bring different perspectives that need to be considered. Approaches that guide decisions vary across demographics and stage of the disease. In this workshop case studies and stories highlight ethical issues for discussion including disclosing the diagnosis, truth telling, and end of life decisions. Workshop panelists will offer perspectives and tools to address a range of difficult issues care professionals can encounter.</p>

Workshop D	
Title	Afternoon Book Club
Time	2:45-4:15 pm
How is it offered	This workshop is offered in-person only
Hosts & Authors	Jonathan Graff-Radford M.D. & Angela Lunde M.A.
Who should attend	Everyone welcome
Description	<p>Join the authors of the new book, <i>Mayo Clinic on Alzheimer's Disease and other dementias</i>. Dr. Graff-Radford and Ms. Lunde will highlight specific chapters and offer a deeper discussion on book topics that include: Young-onset dementia, Lewy body dementia, Frontotemporal dementias, treating dementia, adjusting to a diagnosis, overcoming the challenges, and a road map toward hope and well-being. This workshop will be casual and interactive with time for questions, sharing, and discussion.</p>