



## Anjali Bhagra, MD, FACP

Dr. Anjali Bhagra is a Professor of Medicine and Medical Director, Office of Equity, Inclusion and Diversity at Mayo Clinic. She is the physician led to operationalize elimination of racism at Mayo Clinic, Rochester. She also serves as the Chair of Education for the section of Integrative Medicine and Health, Chair of Faculty Development for the Division of General Internal Medicine at Mayo, board member of The Society for Ultrasound in Medical Education (SUSME) and Director & board member of National American Women Women's Association (AMWA) IGNITE program. She is a sought out thought leader, educator, mentor, social advocate, and speaker on the topics of Resilience, Leadership, Diversity, Equity and Inclusion nationally and internationally. Dr. Bhagra is recipient of the prestigious Kesari Woman of the Year Award in India for her contributions in equity and social advocacy as well as numerous education excellence awards and is a nationally recognized educator. She is the co-founder and co-director of the Mayo Clinic conference on resilience and leadership titled GRIT (Growth, Resilience, Inspiration, Tenacity) in Medicine. The GRIT conference is intended to empower men and women with skills and resources to promote equity and build an inclusive leadership in healthcare. She co-hosts the "GRIT in Medicine" podcast. She is a clinical investigator with expertise in sex- specific differences in well-being and resilience. Dr. Bhagra's research program focuses on stress and resilience and approaches the issue from multiple points of view (a) enhancing resilience (b) decreasing stress and anxiety (c) healthy aging through optimism (d) life-work integration (e) equity and inclusion.

Please return by e-mail to [jones.kristen@mayo.edu](mailto:jones.kristen@mayo.edu) by July 6, 2021