



## **LaPrincess C. Brewer, MD, MPH, FACC, FASPC, FACP**

Dr. LaPrincess Brewer is a cardiologist and Assistant Professor of Medicine within the Mayo Clinic Department of Cardiovascular Medicine in Rochester, MN. She is the first African American woman cardiologist on the Mayo Clinic Rochester staff. She earned her MD at the George Washington University School of Medicine, her MPH from the Johns Hopkins Bloomberg School of Public Health and her BS, magna cum laude in Chemical Engineering from Howard University. She completed Internal Medicine residency training at Johns Hopkins University and clinical fellowships in Cardiovascular Diseases and Preventive Cardiology at Mayo Clinic. Her primary research focus is addressing cardiovascular health disparities through community-based behavioral interventions for cardiovascular disease risk factor modification in racial/ethnic minority populations, particularly African Americans. She has published extensively on racial differences in weight maintenance among women and psychosocial factors influencing obesity and overall cardiovascular health.

She was awarded highly competitive career development awards including the American Heart Association (AHA)-Harold Amos Medical Faculty Development Program Award, National Institutes of Health (NIH) Building Interdisciplinary Research Careers in Women's Health (BIRCWH) Scholar Award and the NIH KL2 Mentored Career Development Award to expand her work as a clinical investigator. She is currently principal investigator of the NIH and AHA-funded study, the FAITH! (Fostering African American Improvement in Total Health) trial which includes a community co-designed cardiovascular health promotion intervention in partnership with African American churches. Her research and community engagement initiatives have been recognized by several prestigious awards including the 2019 Nutrition Obesity Research Center at Harvard (NORCH) Diversity Scholar by Harvard Medical School, the 2019 First Place Young Investigator Award by the American Society of Preventive Cardiology and the 2021 WomenHeart Wenger Award for Excellence in Medical Research. Her community health advocacy efforts have been featured on both local and national media outlets including ESSENCE, CBS, PBS, CNN and the Huffington Post. She was recently named a 2019 ChangeMaker by MN Public Radio News and a 2020 History Maker at Home by the City of Minneapolis which both honored leaders making history in MN to commemorate Black History Month. She is an active member of the National Medical Association, Minnesota Association of Black Physicians, AHA, American College of Cardiology and the Association of Black Cardiologists, Inc. and serves on several committees.