

---

# Center for Clinical and Translational Science on Shared Decision Making for Cardiovascular Risk Reduction – Online CME Course

## Activity Description

Course Description – This course will review challenges in matching treatment recommendations for cardiovascular risk reduction to patient need and context. It will describe shared decision making as a method for overcoming these challenges and introduce a new, EHR-embedded tool for facilitating these conversations.

## Target Audience

This course is appropriate for Primary care (family medicine, internal medicine) clinicians (physicians, nurse practitioners, physician assistants).

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Describe the risk-treatment paradox in cardiovascular risk reduction
- Describe how shared decision-making approaches may better target treatment to the needs and contexts of diverse patients
- Describe and effectively use a new electronic decision aid for cardiovascular risk reduction that automatically calculates individual risk

## Program Schedule

First, watch ***Use of Shared Decision Making to Individualize CV Prevention Strategies***, this 25.25 minute video from Dr. Victor Montori. It provides a background on the science and principles of shared decision making, including descriptions of the evidence supporting shared decision-making tools and interventions.

Second, watch ***Heart Health – Shared Decision Making Tool Re: CV Prevention***, this 6.16 minute video demonstrating the capabilities of the Cardiovascular Prevention Choice Decision Aid. This tool is currently available from within your EHR, where it is programmed to auto-populate patient variables.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

### AMA

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of .50 *AMA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

**Listed below are individuals with control of the content of this program who have disclosed...**

*Relevant financial relationship(s) with industry:*

<b>Name</b>	<b>Nature of Relationship</b>	<b>Company</b>
None		

*No relevant financial relationship(s) with industry:*

Aaron L. Leppin, M.D.  
Victor M. Montori, M.D.  
Jennifer L. Ridgeway, Ph.D.  
Lisa A. Winter

**References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:**

<b>Name</b>	<b>Manufacturer/Provider</b>	<b>Produce/Device</b>
None		

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

## Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

## **Method of Participation**

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

## **Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

## **How to Obtain Credit**

To obtain credit, complete the assessment, evaluation and submit.

## **Release and Expiration Dates**

Release Date: 12/2/2021

Expiration Date: 12/1/2024

## **Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

## **Bibliographic Resources**

Bibliographic resources are provided within the activity.

## **Copyright**

Mayo Foundation for Medical Education and Research. All rights reserved. Copyright 2021