



# **CaLLing Targeted Therapies: Advancements in Chronic Lymphocytic Leukemia**

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## **LEARNING OBJECTIVES**

- Review chronic lymphocytic leukemia (CLL) diagnosis and historical treatment options
- Describe the pharmacology of Bruton tyrosine kinase (BTK) inhibitors and venetoclax
- Discuss the use of targeted agents as first line therapy for CLL



# Chronic Lymphocytic Leukemia

## DISEASE STATISTICS

- Most common type of adult leukemia in western countries
- An estimated 21,040 new cases and 4,060 deaths in 2020
- Incidence increases with age

*Am J Hematol.* 2019;94:1266-87.  
*Cancer.* 2019;125:1432-40.  
NCI. SEER. Cancer Stat Facts.

# Chronic Lymphocytic Leukemia

## PRESENTATION & DIAGNOSIS

- Many patients with early stage disease are asymptomatic
- 5-10% of patients will present with typical B-symptoms

**Fever**



**Night Sweats**



**Weight Loss**



**Fatigue**



- Diagnosis made based on detection of lymphocytosis (B-lymphocytes  $> 5,000/\mu\text{L}$  of peripheral blood) with typical CLL immunophenotype sustained for three months

CLL = chronic lymphocytic leukemia

*Am J Hematol.* 2019;94:1266-87.  
*Cancer.* 2019;125:1432-40.  
*Nature.* 2018;15:510-27.



# Chronic Lymphocytic Leukemia

## GENETICS

- Specific genetic alterations provide biomarkers for prognostication of the clinical course and prediction of response to chemotherapy and targeted therapy
- Patients diagnosed with CLL may undergo clonal evolution during their disease course, in which they acquire new genomic alterations that impact survival outcomes

CLL = chronic lymphocytic leukemia

*Blood*. 2018;131(25):2745-60.  
*Nature*. 2019;16:684-701.  
*N Engl J Med*. 2020; 383:460-73.

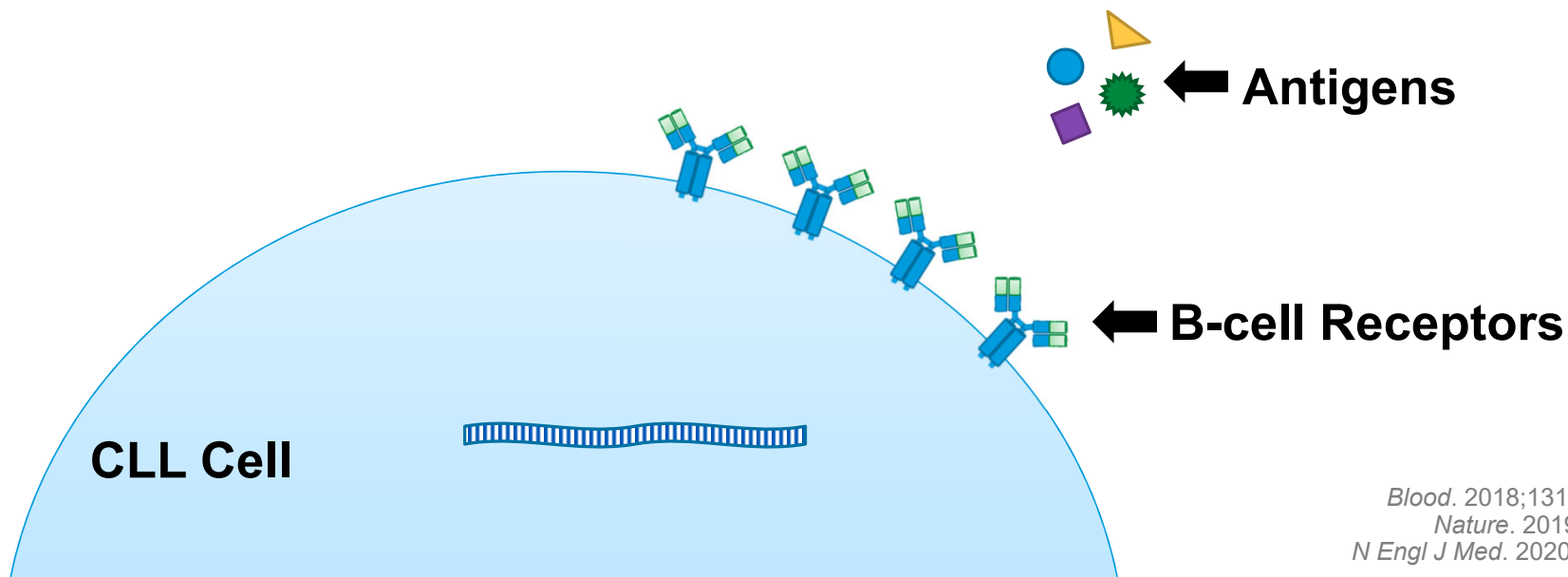
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# Chronic Lymphocytic Leukemia

## GENETICS

- Traditional chemotherapy is much less effective in patients with unmutated immunoglobulin heavy chain variable gene (IGHV-UM) and other high-risk genetic features



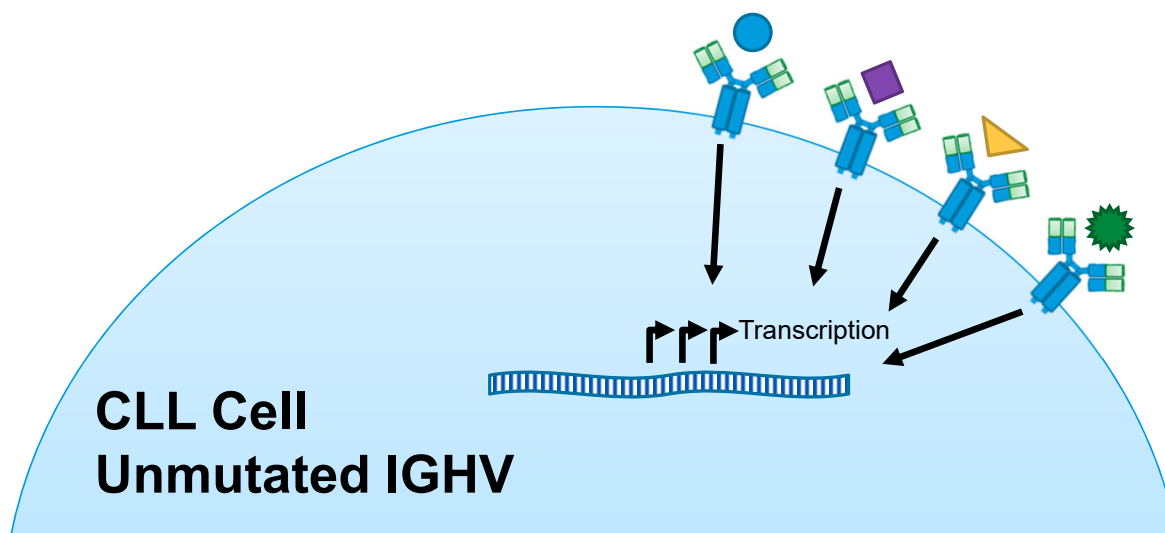
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# Chronic Lymphocytic Leukemia

## GENETICS

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**B-cell receptors respond to many antigens**



**Increased proliferation**

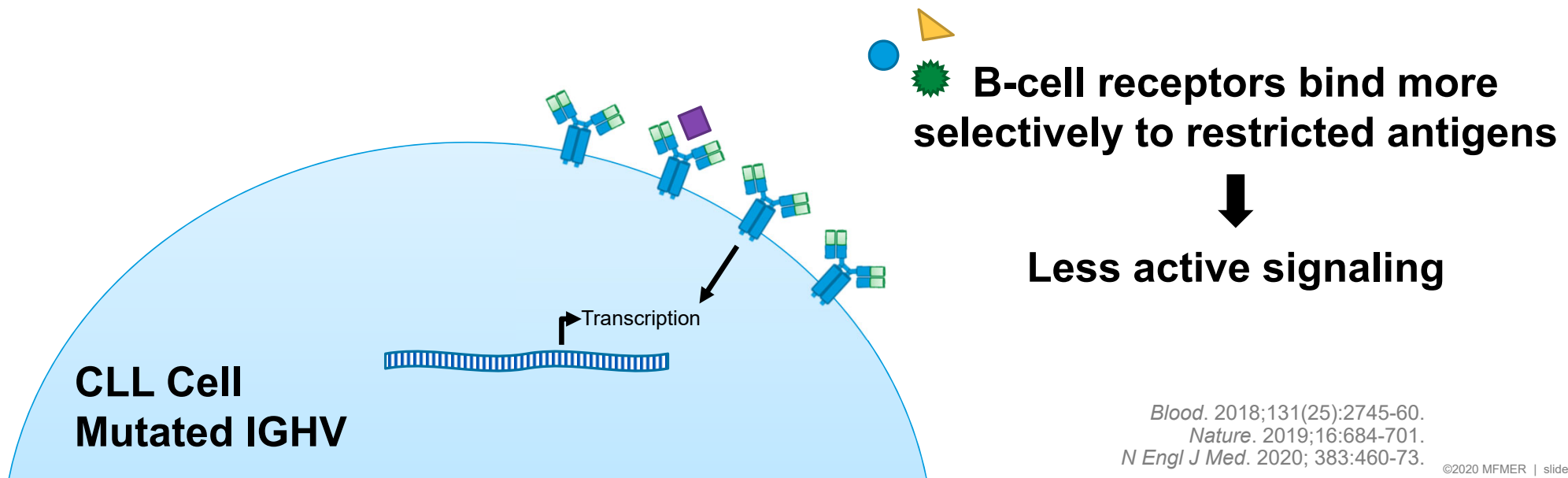
*Blood.* 2018;131(25):2745-60.  
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# Chronic Lymphocytic Leukemia

## GENETICS

	Mutation	Frequency	5-Year Overall Survival	
Low-Risk	Isolated del(13q14)	55%	> 90%	<ul style="list-style-type: none"><li>Enriched in early stages and IGHV-M</li><li>Enriched in IGHV-M</li></ul>
	Trisomy 12	15%	-	<ul style="list-style-type: none"><li>No clear functional explanation</li><li>More common in SLL</li></ul>
High-Risk	Del(11q) or <i>ATM</i> disruption	10-20%	68%	<ul style="list-style-type: none"><li>Enriched in advanced stages, bulky disease, young patients, and IGHV-UM</li></ul>
	Del(17p) or <i>TP53</i> disruption	5-10%	35-50%	<ul style="list-style-type: none"><li>Enriched in advanced stages and IGHV-UM</li><li>Increased genomic instability</li></ul>

SLL = small lymphocytic leukemia  
IGHV-M = mutated immunoglobulin heavy chain variable gene  
IGHV-UM = unmutated immunoglobulin heavy chain variable gene

*Blood*. 2018;131(25):2745-60.  
*Nature*. 2019;16:684-701.



# Chronic Lymphocytic Leukemia

## TREATMENT INITIATION

- Treatment should be initiated when patients progress or present with progressive or symptomatic/active disease
  - Evidence of progressive marrow failure
  - Massive, progressive, or symptomatic splenomegaly
  - Massive, progressive, or symptomatic lymphadenopathy
  - Progressive lymphocytosis
  - Autoimmune complications
  - Symptomatic or functional extranodal involvement
  - Disease-related symptoms (B-symptoms)

*Am J Hematol.* 2019;94:1266-87.  
*Blood.* 2018;131(25):2745-60.

# Chronic Lymphocytic Leukemia

## STAGING & PROGNOSIS

### Rai Staging

Low  
Intermediate  
High

Stage	Findings	Median Survival (Years)
0	Lymphocytosis	> 10
I	Lymphadenopathy	8
II	Organomegaly	6
III	Anemia (Hgb < 11 g/dL)	1.5
IV	Thrombocytopenia (PLT < 100,000/mcL)	1.5

Organomegaly = enlargement of spleen or liver  
Hgb = hemoglobin; PLT = platelets

### Binet Staging

Stage	Findings	Median Survival (Years)
A	No anemia, no thrombocytopenia, < 3 lymphoid areas enlarged	14
B	No anemia, no thrombocytopenia, ≥ 3 lymphoid areas enlarged	5
C	Anemia (Hgb < 10 g/dL) and/or PLT < 100,000/mcL	2.5

*Blood.* 1975;46(2):219-234.  
*Cancer.* 1981;48(1):198-206.

# Chronic Lymphocytic Leukemia

## STAGING & PROGNOSIS

- CLL International Prognostic Index (IPI) is currently the most relevant prognostic score, incorporating clinical, biological, and genetic information

CLL-IPI Category	Points	Treatment Free Survival (5 year)	Potential Clinical Consequence
Low-Risk	0-1	78%	Do not treat
Intermediate-Risk	2-3	54%	Do not treat except if severely symptomatic
High-Risk	4-6	32%	Treatment indicated except if fully asymptomatic
Very High-Risk	7-10	0%	Treat with novel agents or enroll in clinical trials rather than using chemoimmunotherapy

CLL = chronic lymphocytic leukemia

*Lancet Oncol.* 2016;17:779-90.

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## Question 1

Which of the following would indicate a poorer prognosis CLL?

- a) Mutated immunoglobulin heavy chain variable gene (IGHV)
- b) Mutation in *TP53*
- c) Isolated deletion of 13q14
- d) Trisomy 12

CLL = chronic lymphocytic leukemia

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## Question 1

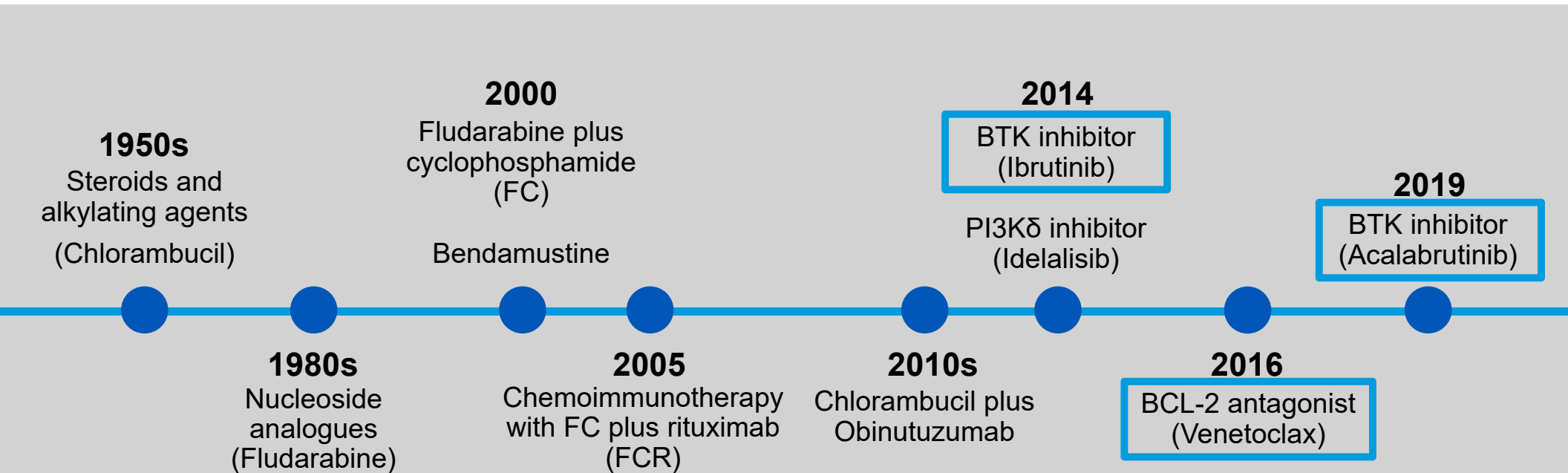
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- b) Mutation in *TP53***
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CLL = chronic lymphocytic leukemia

# Chronic Lymphocytic Leukemia

## HISTORICAL APPROACH TO TREATMENT



*Cancer.* 2019;125:1432-40.  
*Nature.* 2018;15:510-27.  
FDA.gov.

BTK = Bruton tyrosine kinase

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## Targeted Therapies

### Bruton Tyrosine Kinase (BTK) Inhibitors

- Ibrutinib
- Acalabrutinib



### BCL-2 Antagonist

- Venetoclax

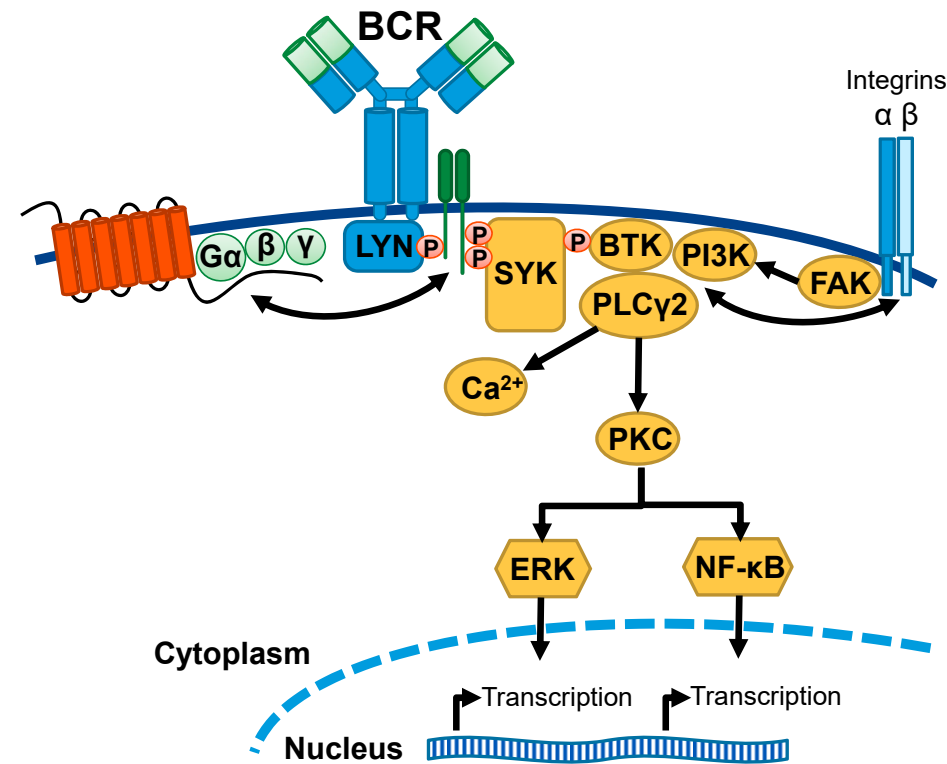




# Bruton Tyrosine Kinase (BTK) Inhibitors

## MECHANISM OF ACTION

- BTK is an essential component of the B-cell receptor (BCR) and cytokine receptor pathways
  - Activation contributes to survival and proliferation of malignant B-cells
- BTK regulates signaling and functioning of certain chemokine receptors
  - Affects B-cell migration and tissue homing

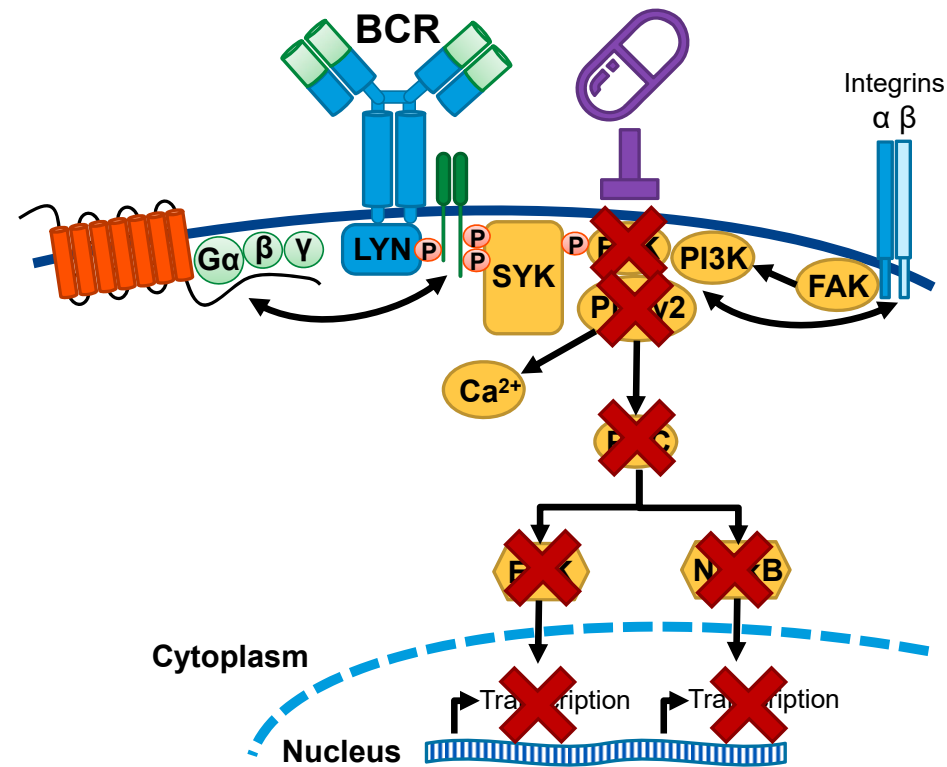


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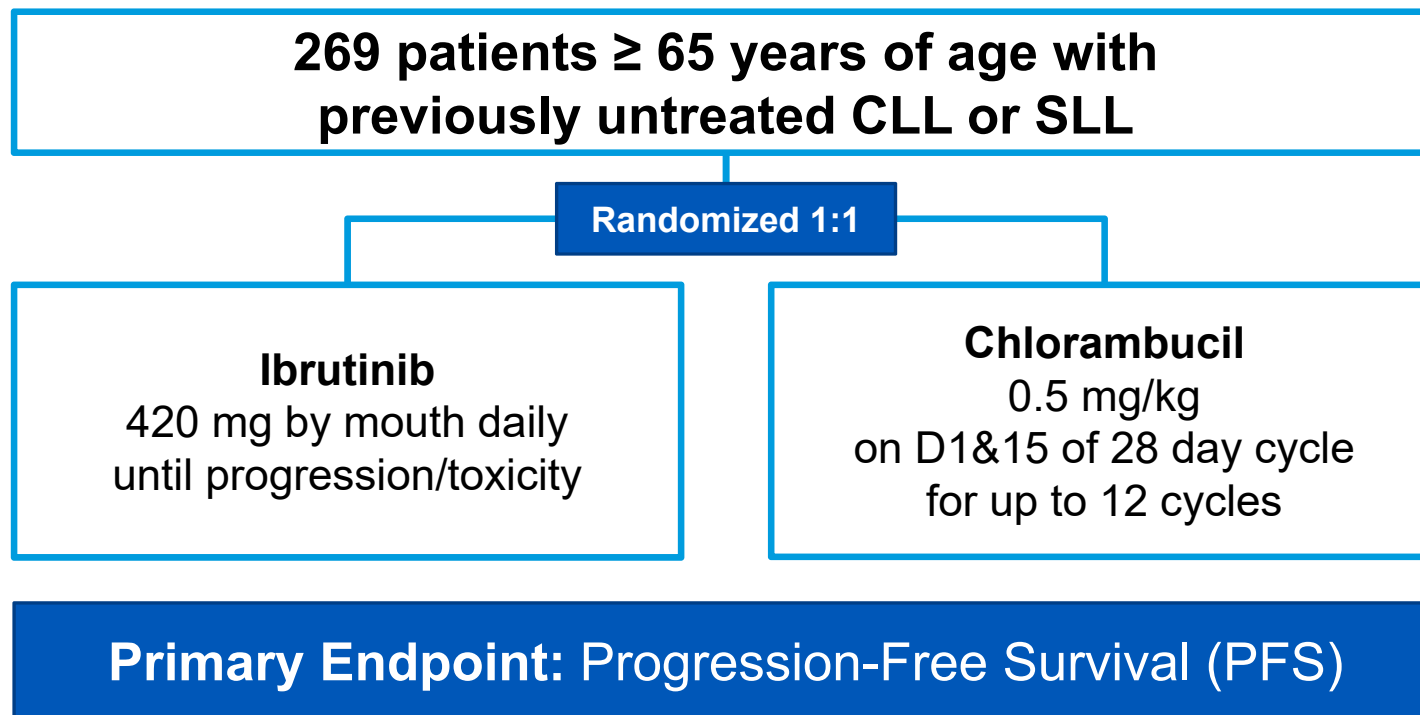


*Cancer.* 2019;125:1432-40.  
*Nature.* 2018;15:510-27.



# RESONATE-2: Design

IBRUTINIB vs CHLORAMBUCIL



CLL = chronic lymphocytic leukemia  
SLL = small lymphocytic leukemia  
D = day

*N Engl J Med.* 2015;373:2425-37.



# RESONATE-2: Baseline Characteristics

IBRUTINIB vs CHLORAMBUCIL

Characteristic	Ibrutinib (N=136)	Chlorambucil (N=133)
Age, median (range)	73 (65-89)	72 (65-90)
Male sex, n (%)	88 (65)	81 (61)
Rai stage III or IV (high-risk), n (%)	60 (44)	62 (47)
* Unmutated <i>IGHV</i> , n (%)	58 (43)	60 (45)
* Del(11q), n (%)	29 (21)	25 (19)

\* Denotes high-risk genetic alteration

*N Engl J Med.* 2015;373:2425-37.



# Targeted Agents in the Frontline Setting

## STUDY OUTCOMES SUMMARY

Trial	Regimen	Comparator	Follow Up	PFS	OS
 RESONATE-2	Ibrutinib	Chlorambucil	5 years	<b>70% vs. 12%</b>	<b>83% vs. 68%</b>

PFS = progression free survival; OS = overall survival

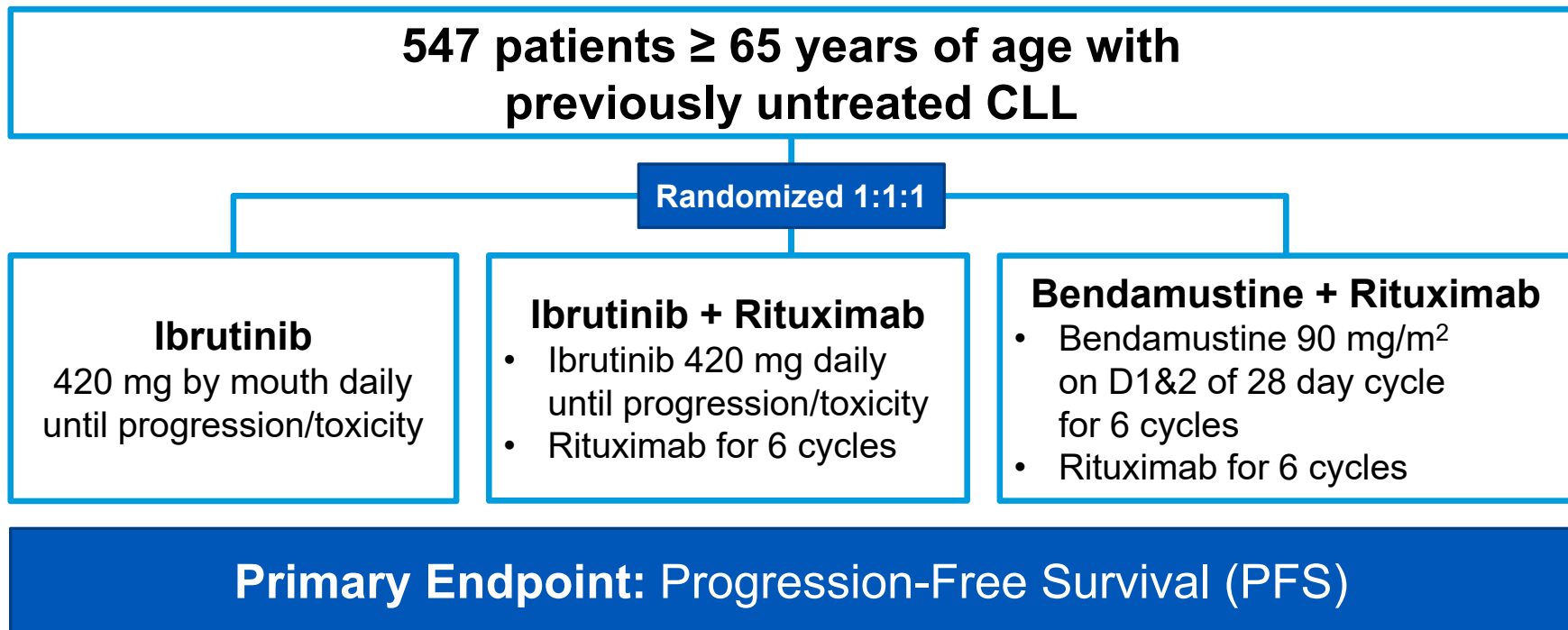
**Bolded** denotes significant difference

*Leukemia*. 2020;34:787-98.



# A041202: Design

IBRUTINIB +/- RITUXIMAB vs BENDAMUSTINE + RITUXIMAB



CLL = chronic lymphocytic leukemia  
D = day

*N Engl J Med.* 2018;379:2517-28.



# A041202: Baseline Characteristics

IBRUTINIB +/- RITUXIMAB vs BENDAMUSTINE + RITUXIMAB

Characteristic	Ibrutinib (N=182)	Ibrutinib + Rituximab (N=182)	Bendamustine + Rituximab (N=183)
Age, median (range)	71 ( 65-89)	71 (65-86)	70 (65-86)
Male sex, n (%)	123 (68)	125 (69)	119 (65)
Rai stage III or IV, n (%)	99 (54)	98 (54)	99 (54)
* Unmutated <i>IGHV</i> , n/tn (%)	77/122 (63)	70/115 (61)	71/123 (58)
* Del(11q), n/tn (%)	35/181 (19)	37/180 (21)	33/181 (18)
* Del(17p), n/tn (%)	9/181 (5)	11/180 (6)	14/181 (8)
* Mutated <i>TP35</i> , n/tn (%)	15/168 (9)	20/168 (12)	16/174 (9)



\* Denotes high-risk genetic alteration

*N Engl J Med.* 2018;379:2517-28.



# Targeted Agents in the Frontline Setting

## STUDY OUTCOMES SUMMARY

Trial	Regimen	Comparator	Follow Up	PFS	OS
 RESONATE-2	Ibrutinib	Chlorambucil	5 years	<b>70% vs. 12%</b>	<b>83% vs. 68%</b>
 A041202	Ibrutinib	Bendamustine + R	2 years	<b>87% vs. 74%</b>	90% vs. 95%

PFS = progression free survival; OS = overall survival; R = rituximab

**Bolded** denotes significant difference

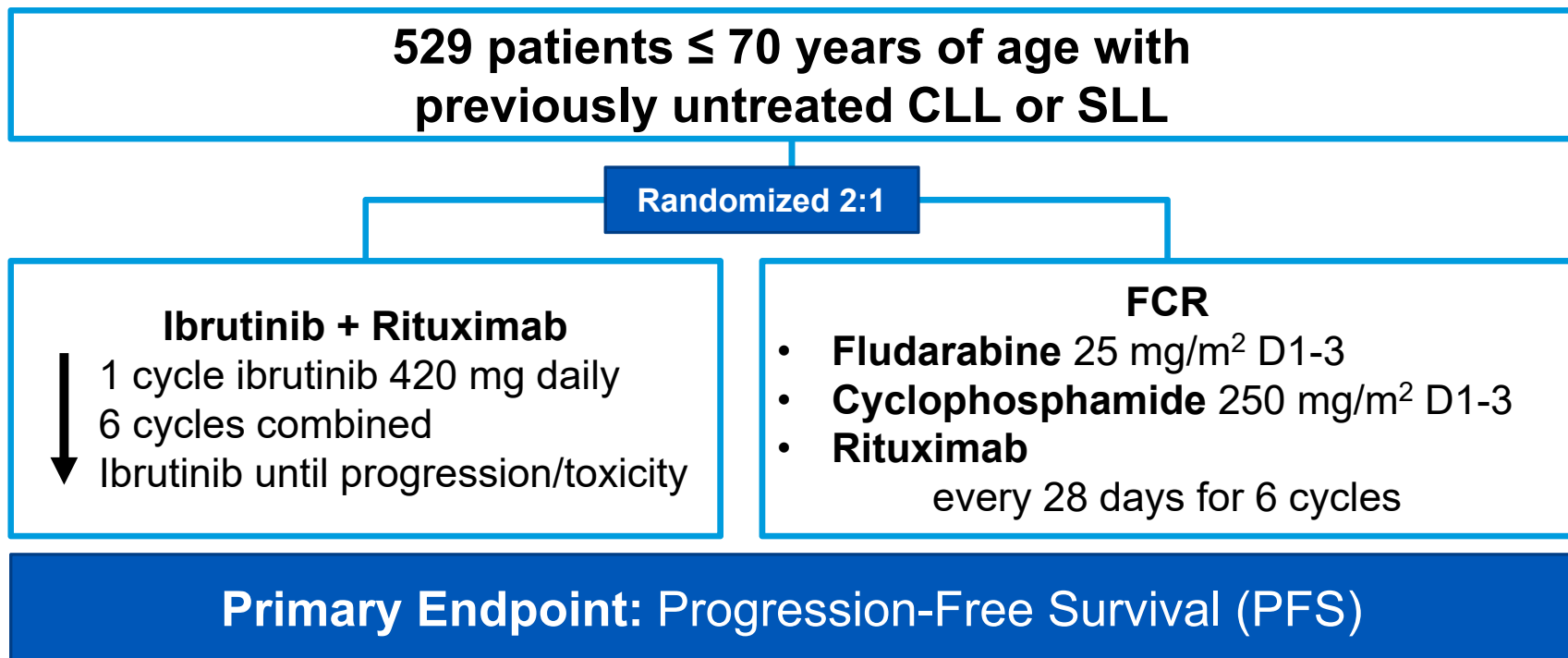
*Leukemia.* 2020;34:787-98.  
*N Engl J Med.* 2018;379:2517-28.





# E1912: Design

IBRUTINIB vs FCR



CLL = chronic lymphocytic leukemia  
SLL = small lymphocytic leukemia  
D = day

*N Engl J Med.* 2019;381:432-43.



# E1912 : Baseline Characteristics

IBRUTINIB vs FCR

Characteristic	Ibrutinib + Rituximab (N=354)	FCR (N=175)
Age, mean $\pm$ SD	56.7 $\pm$ 7.5	56.7 $\pm$ 7.2
Male sex, n (%)	236 (66.7)	120 (68.6)
Rai stage III or IV, n (%)	156 (44.1)	72 (41.1)
ECOG performance status of 0, n (%)	226 (63.8)	109 (62.3)
* Unmutated <i>IGHV</i> , n/tn (%)	210/280 (75.0)	75/115 (61.7)
* Del(11q), n (%)	78 (22.0)	39 (22.3)




\* Denotes high-risk genetic alteration

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 E1912	Ibrutinib + R	FCR	3 years	<b>89.4% vs. 72.9%</b>	<b>98.8% vs. 91.5%</b>

PFS = progression free survival; OS = overall survival; R = rituximab; FCR = fludarabine, cyclophosphamide, and rituximab

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*N Engl J Med.* 2018;379:2517-28.  
*N Engl J Med.* 2019;381:432-43.

**Ibrutinib is an effective frontline treatment option for CLL.**

**Management of patients on extended ibrutinib therapy may be complicated by adverse events.**



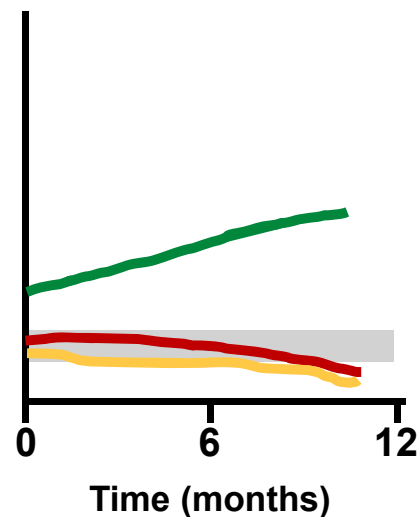


# Bruton Tyrosine Kinase (BTK) Inhibitors

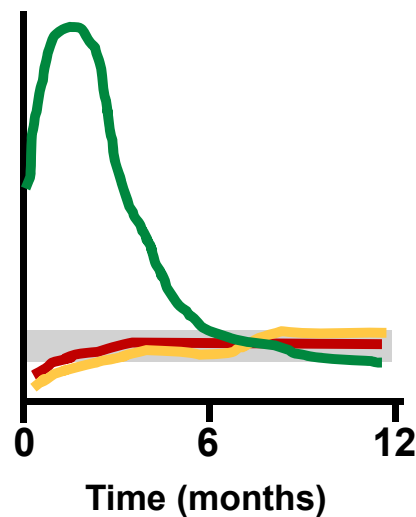
## IBRUTINIB: TREATMENT EFFECTS

- Following treatment initiation, leukocytosis transiently increases as a result of CLL cell redistribution

Before Treatment



After Treatment



- White blood cell counts
- Hemoglobin levels
- Platelet counts
- Normal physiological range

CLL = chronic lymphocytic leukemia

*Nature*. 2018;15:510-27.

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# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS

- Ibrutinib causes several potentially severe off-target toxicities that may lead to treatment discontinuation

Bleeding



Cardiac  
Arrhythmias



Infection



Musculoskeletal  
Complaints



Diarrhea



Rash



Hypertension



Pneumonitis



*J Clin Oncol.* 2020. JCO2001594.



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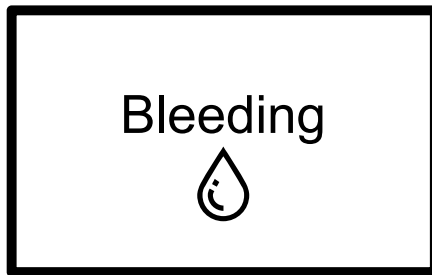


*J Clin Oncol.* 2020. JCO2001594.



# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS



- Clinical trial data reports a risk of minor bleeding in up to 66% of patients and major bleeding in up to 6% of patients
- Risk for major bleeding is increased in patients on concurrent antiplatelet or anticoagulant agents
- BTK has a known role in platelet aggregation that is dependent upon activation of additional kinases

*Blood.* 2019;133(12):1298-1307.





# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS

Cardiac  
Arrhythmias



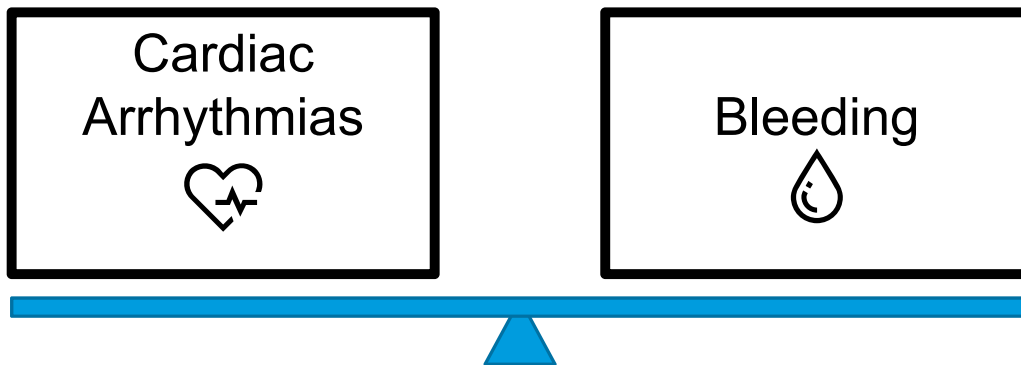
- Atrial fibrillation is the most common ibrutinib-related cardiac arrhythmia, seen in up to 10% of treated patients
- Mechanism currently unknown

*Blood.* 2019;133(12):1298-1307.



# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS



- Involve hematology and cardiology teams
- Rate and/or rhythm control
  - Diltiazem and verapamil are moderate CYP3A4 inhibitors; reduce ibrutinib dose by 50% when used in combination
- Concomitant use of anticoagulation is often unavoidable



# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS

Infection



- Meta-analysis of clinical trials found that 56% of patients had an infectious complication and 20% developed pneumonia
- Consider holding ibrutinib for severe infections
- Reduced doses of ibrutinib are required when used in conjunction with –azole antifungals

*Blood.* 2019;133(12):1298-1307.

## Question 2

AK is a 66 year old male with a past medical history significant for hypertension, hyperlipidemia, and type 2 diabetes. A little over a month ago, he was diagnosed with high-risk CLL and started on ibrutinib plus rituximab. At follow up, the patient is found to have new onset atrial fibrillation (CHA<sub>2</sub>DS<sub>2</sub>-VASc = 3), and the team suspects ibrutinib may be the cause.

Which of the following is true when considering this patient case?

- a) Ibrutinib should be permanently discontinued
- b) Warfarin is the anticoagulant of choice for this patient
- c) Ibrutinib dose should be reduced if the patient is started on diltiazem
- d) Switching to an alternative BTK inhibitor would not benefit this patient

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# Bruton Tyrosine Kinase (BTK) Inhibitors

## SECOND GENERATION BTK INHIBITORS

- Second generation BTK inhibitors have the same mechanism of action as ibrutinib but with reduced off-target effects

BTK Inhibitor	Approval Year	FDA Labeled Indication
Acalabrutinib	2017	Previously treated mantle cell lymphoma in adults
	2019	CLL or SLL in adults
Zanubrutinib	2019	Previously treated mantle cell lymphoma in adults
	---	Ongoing clinical trials in CLL/SLL

CLL = chronic lymphocytic leukemia  
SLL = small lymphocytic leukemia

*J Clin Oncol.* 2020. JCO2001594.  
FDA.gov



# ELEVATE-TN: Design

ACALABRUTINIB +/- OBINUTUZUMAB vs CHLORAMBUCIL + OBINUTUZUMAB

535 patients  $\geq 65$  years of age or  $\geq 18$  with comorbidities  
or CrCl 30-69 mL/min with previously untreated CLL

Randomized 1:1:1

## Acalabrutinib + Obinutuzumab

↓  
1 cycle acalabrutinib  
6 cycles combined  
↓ Acalabrutinib until progression/toxicity

## Acalabrutinib Monotherapy

100 mg by mouth  
twice daily

## Chlorambucil + Obinutuzumab

Chlorambucil 0.5 mg/kg on  
D1&15 of 28 day cycle  
for 6 cycles

**Primary Endpoint: Progression-Free Survival (PFS)**

CrCl = creatinine clearance  
CLL = chronic lymphocytic leukemia  
D = day

*Lancet* 2020;395:1278-91.



# ELEVATE-TN : Baseline Characteristics

ACALABRUTINIB +/- OBINUTUZUMAB vs CHLORAMBUCIL + OBINUTUZUMAB

Characteristic	Acalabrutinib + Obinutuzumab (N=179)	Acalabrutinib Monotherapy (N=179)	Chlorambucil + Obinutuzumab (N=177)
Age, median (IQR)	70 (65-75)	70 (66-75)	71 (67-76)
Male sex, n (%)	111 (62)	111 (62)	106 (60)
CLL-IPI (high risk), n (%)	115 (64)	134 (75)	119 (67)
CLL-IPI (very high risk), n (%)	23 (13)	20 (11)	23 (13)
* Unmutated <i>IGHV</i> , n (%)	103 (58)	119 (67)	116 (66)
* Del(11q), n (%)	31 (17)	31 (17)	33 (19)
* Del(17p), n (%)	17 (10)	16 (9)	16 (9)
* Mutated <i>TP35</i> , n (%)	21 (12)	19 (11)	21 (12)

\* Denotes high-risk genetic alteration





*Lancet* 2020;395:1278-91.





# Targeted Agents in the Frontline Setting

## STUDY OUTCOMES SUMMARY

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 E1912	Ibrutinib + R	FCR	3 years	<b>89.4% vs. 72.9%</b>	<b>98.8% vs. 91.5%</b>
 ELEVATE-TN	Acalabrutinib + Obinutuzumab	Chlorambucil + Obinutuzumab	2 years	<b>93% vs. 47%</b>	95% vs. 92%

PFS = progression free survival; OS = overall survival; R = rituximab; FCR = fludarabine, cyclophosphamide, and rituximab  
**Bolded** denotes significant difference






*Leukemia.* 2020;34:787-98..  
*N Engl J Med.* 2018;379:2517-28.

*N Engl J Med.* 2019;381:432-43.  
*Lancet* 2020;395:1278-91.



# Adverse Effects with BTK Inhibitors

## STUDY OUTCOMES SUMMARY

	Trial & Regimen	Population	Follow Up	Bleeding (Grade ≥ 3)	Atrial Fibrillation (Grade ≥ 3)	Discontinuation Rate for ADE	
	<b>RESONATE-2</b> Ibrutinib	≥ 65 years	3 years	4%	1.5%	9%	 <b>Real-World 25.9%</b>
	<b>A041202</b> Ibrutinib	≥ 65 years	2 years	2%	9%	-	
	<b>E1912</b> Ibrutinib + R	≤ 70 years	3 years	1%	3%	11%	
	<b>ELEVATE-TN</b> Acalabrutinib + Obinutuzumab	≥ 65 years or ≥ 18 with comorbidities	2 years	2%	3%	11% (9% with monotherapy)	

R = rituximab

ADE = adverse drug effect

*N Engl J Med.* 2015;373:2425-37.  
*N Engl J Med.* 2018;379:2517-28.

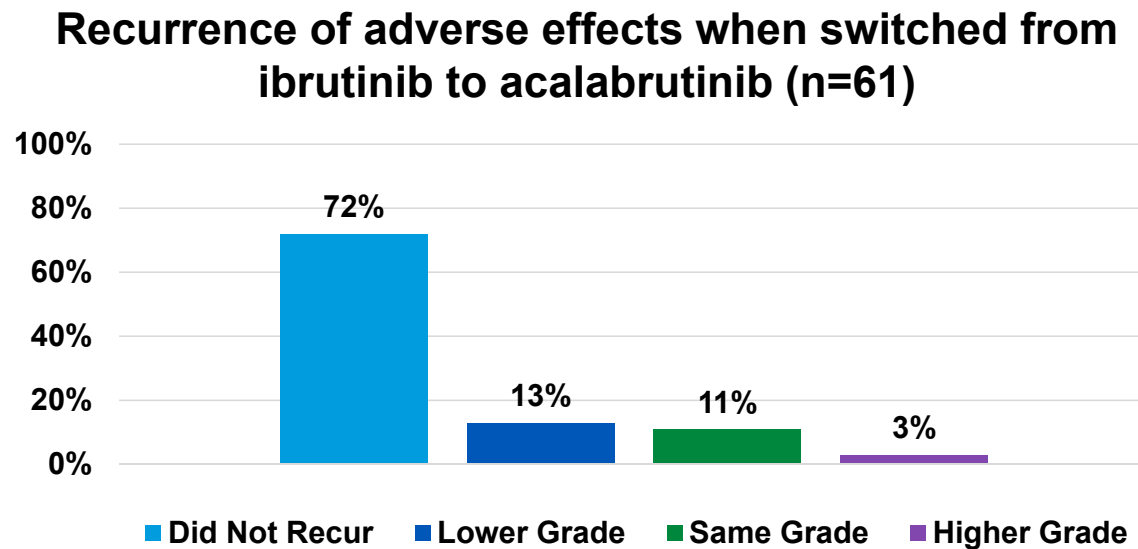
*N Engl J Med.* 2019;381:432-43.  
*Lancet* 2020;395:1278-91.  
*Haematologica.* 2018;103(5):874-9.



# Bruton Tyrosine Kinase (BTK) Inhibitors

## COMPARING IBRUTINIB AND ACALABRUTINIB

- Switching to acalabrutinib may be an option for patients who experience adverse effects while on ibrutinib



*Blood.* 2019;3(9):1553-62.



# Bruton Tyrosine Kinase (BTK) Inhibitors

## COMPARING IBRUTINIB AND ACALABRUTINIB

	Ibrutinib	Acalabrutinib
Standard Dose	420 mg once daily	100 mg twice daily
Dose Modifications		
Moderate CYP3A inhibitor	280 mg once daily	100 mg once daily
Voriconazole or Posaconazole	70-140 mg once daily	---
Other strong CYP3A inhibitors	Avoid concomitant use	Avoid concomitant use
Strong CYP3A inducers	Avoid concomitant use	Avoid concomitant use or increase dose to 200 mg twice daily
Other Drug Interactions	---	Avoid PPIs; take acalabrutinib two hours before H2RAs or antacids

PPIs = proton pump inhibitors  
H2RAs = histamine-2 receptor antagonists

Package Insert: Ibrutinib; 2020.  
Package Insert: Acalabrutinib; 2019.

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## Targeted Therapies

### Bruton Tyrosine Kinase (BTK) Inhibitors

- Ibrutinib
- Acalabrutinib



### BCL-2 Antagonist

- Venetoclax

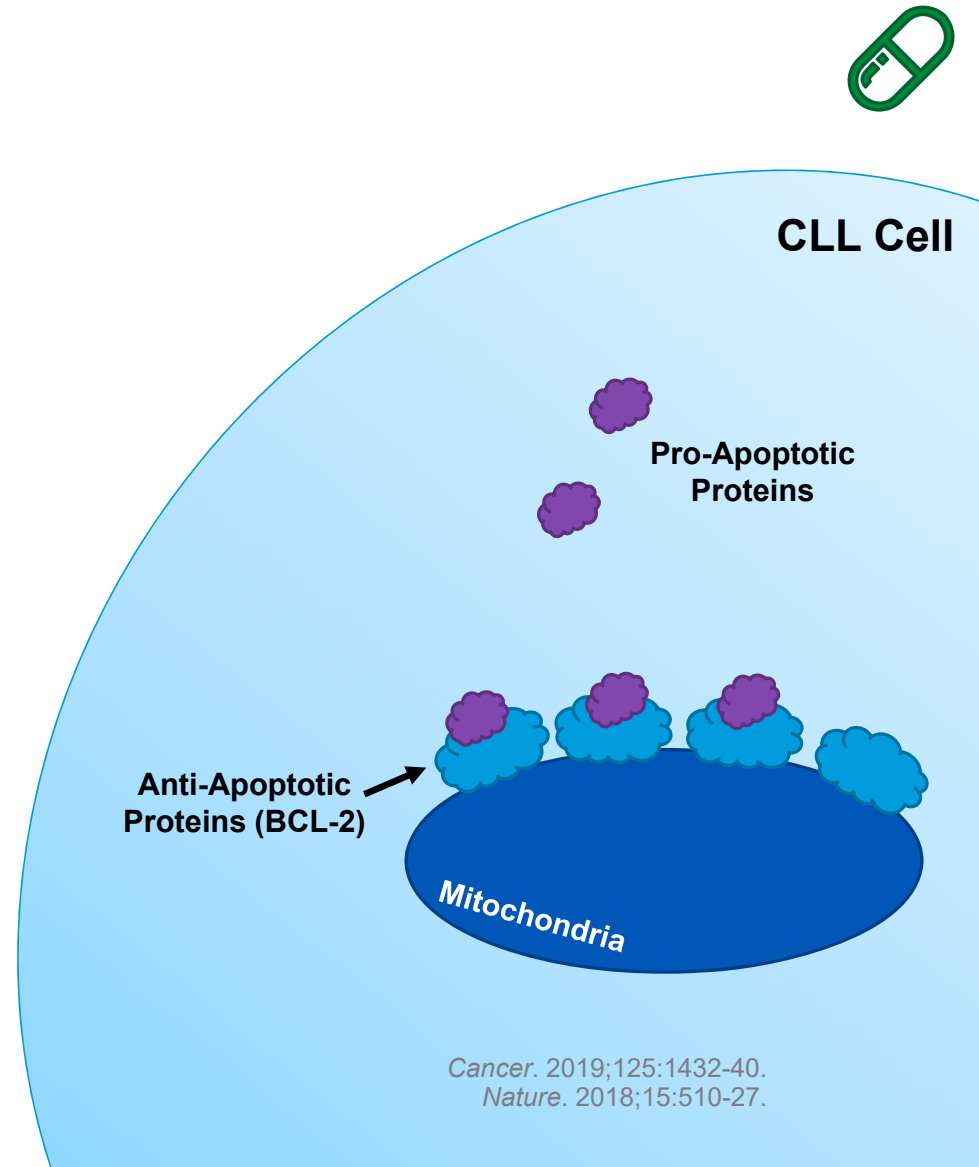


# Venetoclax

## MECHANISM OF ACTION

- The B-cell lymphoma 2 (BCL-2) protein is overexpressed in CLL
  - Promotes survival of CLL cells by inhibiting pro-apoptotic proteins

CLL = chronic lymphocytic leukemia

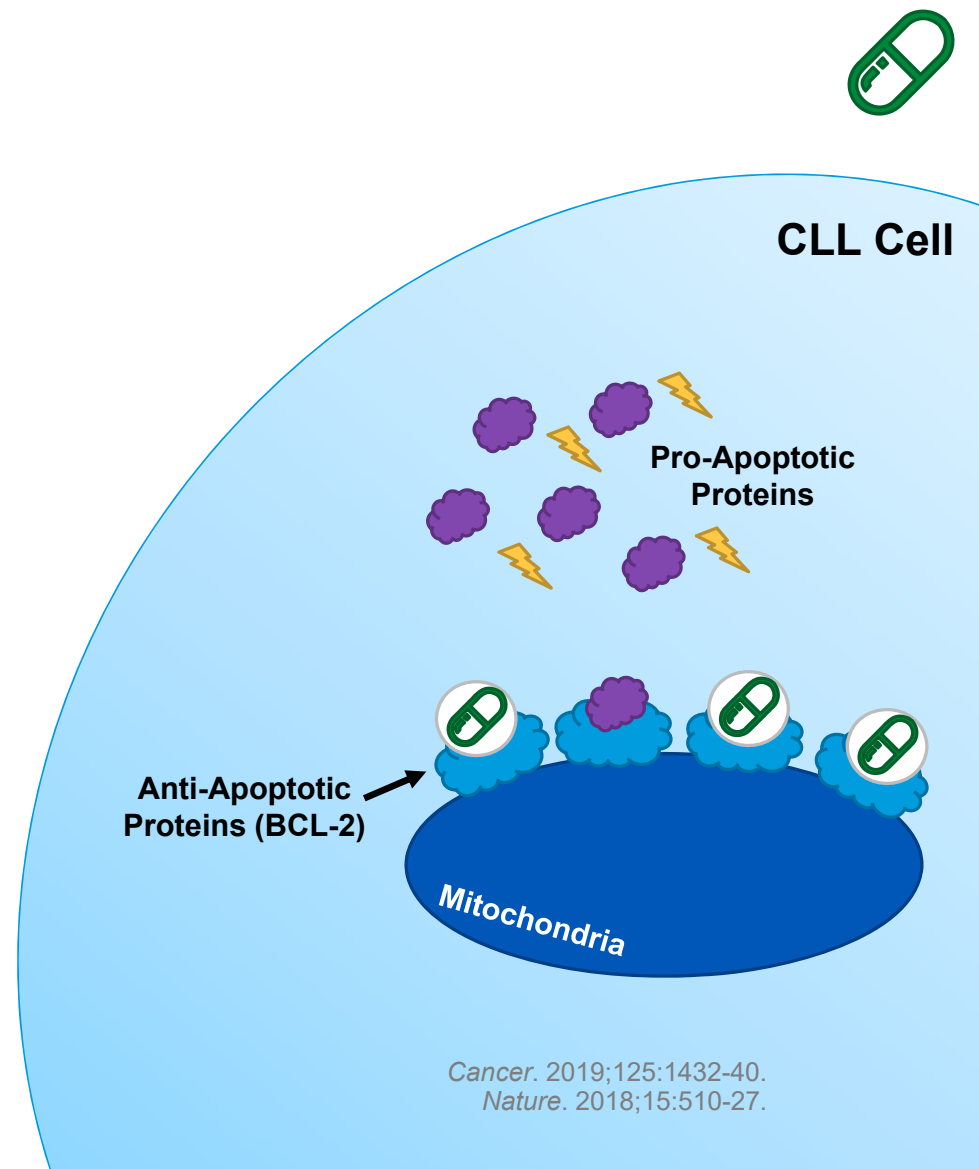


# Venetoclax

## MECHANISM OF ACTION

- The B-cell lymphoma 2 (BCL-2) protein is overexpressed in CLL
  - Promotes survival of CLL cells by inhibiting pro-apoptotic proteins
- Venetoclax antagonizes BCL-2
  - Activates proapoptotic proteins and restores the apoptotic process
- Direct cytotoxic activity can result in tumor lysis syndrome

CLL = chronic lymphocytic leukemia





# Venetoclax

## TUMOR LYSIS SYNDROME

- Tumor lysis syndrome occurs when tumor cells release their contents into the bloodstream
  - Hyperuricemia
  - Hyperkalemia
  - Hyperphosphatemia
  - Hypocalcemia
- May progress to AKI, cardiac arrhythmias, seizures, and death

AKI = acute kidney injury  
ALC = absolute lymphocyte count  
TLS = tumor lysis syndrome

TLS Risk	Tumor Burden
Low	All lymph nodes < 5 cm <b>AND</b> ALC < 25 x 10 <sup>9</sup> /L
Medium	Any lymph nodes 5-10 cm <b>OR</b> ALC ≥ 25 x 10 <sup>9</sup> /L
High	Any lymph nodes ≥ 10 cm <b>OR</b> ALC ≥ 25 x 10 <sup>9</sup> /L <b>AND</b> any lymph node ≥ 5 cm

Package Insert: Venetoclax; 2019.





# Venetoclax

## DOSING AND INTERACTIONS

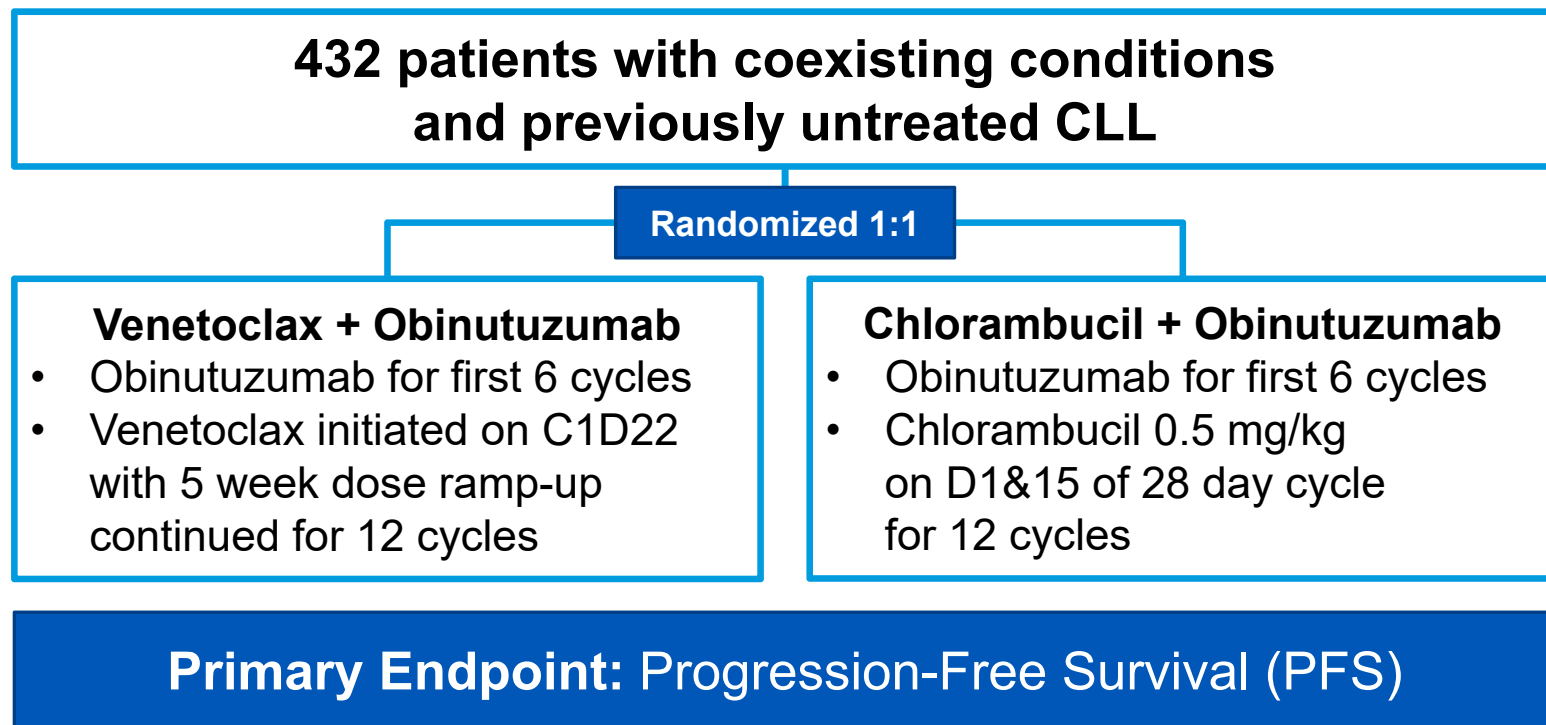
VENETOCLAX					
Dose Schedule	Week 1: 20 mg daily	Week 2: 50 mg daily	Week 3: 100 mg daily	Week 4: 200 mg daily	Week 5 and beyond: 400 mg daily
DRUG INTERACTIONS					
CYP3A inducers	Avoid concomitant use; may reduce the efficacy of venetoclax				
Strong CYP3A inhibitors	Avoid at initiation and during ramp-up phase due to increased risk of tumor lysis syndrome; reduce venetoclax dose by at least 75% after ramp-up				
Moderate CYP3A inhibitors	Reduce venetoclax dose by at least 50%				
P-glycoprotein inhibitors	Reduce venetoclax dose by at least 50%				
P-glycoprotein substrates	Avoid concomitant use, as venetoclax may increase toxicities of these substrates, or separate dosing by at least 6 hours				
Warfarin	Venetoclax may increase warfarin concentration, increasing bleed risk				

Package Insert: Venetoclax; 2019.



# CLL14: Design

VENETOCLAX + OBINUTUZUMAB vs CHLORAMBUCIL + OBINUTUZUMAB



CLL = chronic lymphocytic leukemia  
D = day

*N Engl J Med.* 2019;380(23):2225-36.



# CLL14: Baseline Characteristics

VENETOCLAX + OBINUTUZUMAB vs CHLORAMBUCIL + OBINUTUZUMAB






Characteristic	Venetoclax + Obinutuzumab (N=216)	Chlorambucil + Obinutuzumab (N=216)
Age ≥ 75 years, n (%)	72 (33.3)	78 (36.1)
Male sex, n (%)	146 (67.6)	143 (66.2)
High TLS risk category, n (%)	48 (22.2)	43 (19.9)
* Unmutated <i>IGHV</i> , n/tn (%)	121/200 (60.5)	123/208 (59.1)
* Del(11q), n/tn (%)	36/200 (18.0)	38/193 (19.7)
* Del(17p), n/tn (%)	17/200 (8.5)	14/193 (7.3)
* Mutated <i>TP35</i> , n/tn (%)	19/171 (11.1)	13/157 (8.3)

\* Denotes high-risk genetic alteration

*N Engl J Med.* 2019;380(23):2225-36.

# Targeted Agents in the Frontline Setting

## STUDY OUTCOMES SUMMARY

Trial	Regimen	Comparator	Follow Up	PFS	OS
 RESONATE-2	Ibrutinib	Chlorambucil	5 years	<b>70% vs. 12%</b>	<b>83% vs. 68%</b>
 A041202	Ibrutinib	Bendamustine + R	2 years	<b>87% vs. 74%</b>	90% vs. 95%
 E1912	Ibrutinib + R	FCR	3 years	<b>89.4% vs. 72.9%</b>	<b>98.8% vs. 91.5%</b>
 ELEVATE-TN	Acalabrutinib + Obinutuzumab	Chlorambucil + Obinutuzumab	2 years	<b>93% vs. 47%</b>	95% vs. 92%
 CLL14	Venetoclax + Obinutuzumab	Chlorambucil + Obinutuzumab	2 years	<b>88.2% vs 64.1%</b>	91.8% vs. 93.3%

PFS = progression free survival; OS = overall survival; R = rituximab; FCR = fludarabine, cyclophosphamide, and rituximab  
**Bolded** denotes significant difference

*Leukemia.* 2020;34:787-98.  
*N Engl J Med.* 2018;379:2517-28.

*N Engl J Med.* 2019;381:432-43.  
*Lancet* 2020;395:1278-91.  
*N Engl J Med.* 2019;380(23):2225-36.

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## Question 3

Which of the following is true about venetoclax use in patients with CLL?

- a) Venetoclax binds to and inhibits the B-cell receptor signaling pathway
- b) The dose of venetoclax is increased each day until the maximum dose is reached
- c) Venetoclax and obinutuzumab significantly improved overall survival in the CLL14 trial
- d) Venetoclax has direct cytotoxic activity that may result in tumor lysis syndrome

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## Question 3

Which of the following is true about venetoclax use in patients with CLL?

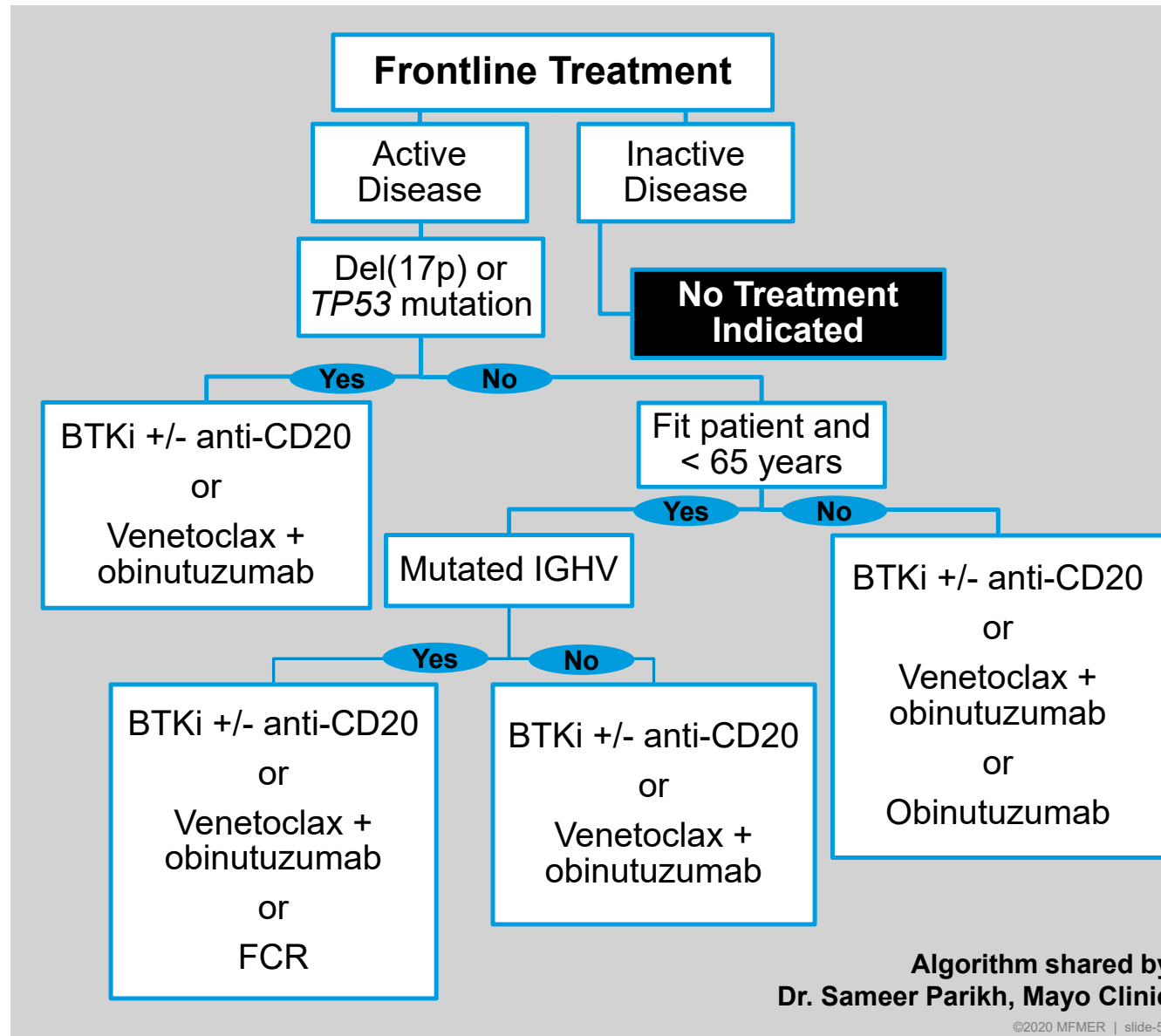
- a) Venetoclax binds to and inhibits the B-cell receptor signaling pathway
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- d) Venetoclax has direct cytotoxic activity that may result in tumor lysis syndrome**



## **FRONTLINE TREATMENT ALGORITHM**

**How are targeted therapies  
used in practice?**

# FRONTLINE TREATMENT ALGORITHM



BTKi = Bruton tyrosine kinase inhibitor  
IGHV = immunoglobulin heavy chain variable gene  
FCR = fludarabine, cyclophosphamide, and rituximab





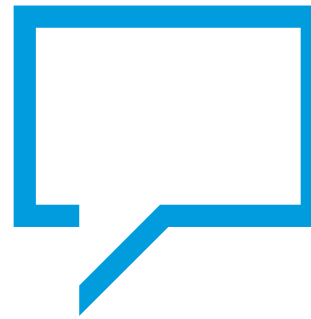
## Summary

- Targeted therapies are revolutionizing treatment of chronic lymphocytic leukemia
  - New treatment options and combination therapies are currently under investigation
- While convenient and effective compared to chemoimmunotherapy, targeted therapies are accompanied with unique adverse effects that require careful management
- Targeted therapies are often preferred frontline treatment options, especially in patients with deletions in 17p, mutated *TP53*, or other high-risk genetic features

# QUESTIONS & ANSWERS

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🐦 [@MikhailaPharmD](https://twitter.com/MikhailaPharmD)



# Chronic Lymphocytic Leukemia

## DEFINITIONS OF RESPONSE

Parameter		Complete Remission	Partial Remission	Progressive Disease	Stable Disease
A	Lymph nodes	None $\geq 1.5$ cm	Decrease $\geq 50\%$	Increase $\geq 50\%$	Change of -49% to +49%
	Liver and/or spleen size	Spleen $< 3$ cm; liver normal	Decrease $\geq 50\%$	Increase $\geq 50\%$	Change of -49% to +49%
	Constitutional symptoms	None	Any	Any	Any
	Circulating lymphocyte count	Normal	Decrease $\geq 50\%$	Increase $\geq 50\%$	Change of -49% to +49%
B	Platelet Count	$\geq 100,000/\text{mcL}$	$\geq 100,000/\text{mcL}$ or $\geq 50\%$ over BL	Decrease $\geq 50\%$	Change of -49% to +49%
	Hemoglobin	$\geq 11$ g/dL	$\geq 11$ g/dL or $\geq 50\%$ over BL	Decrease of $\geq 2$ g/dL from BL	Increase $< 11$ g/dL or $< 50\%$ over BL, or decrease $< 2$ g/dL
	Marrow	Normocellular, no CLL cells, no B-lymphoid nodules	Presence of CLL cells, or of B-lymphoid nodules, or not done	Increase of CLL cells by $\geq 50\%$ on successive biopsies	No change in marrow infiltrate

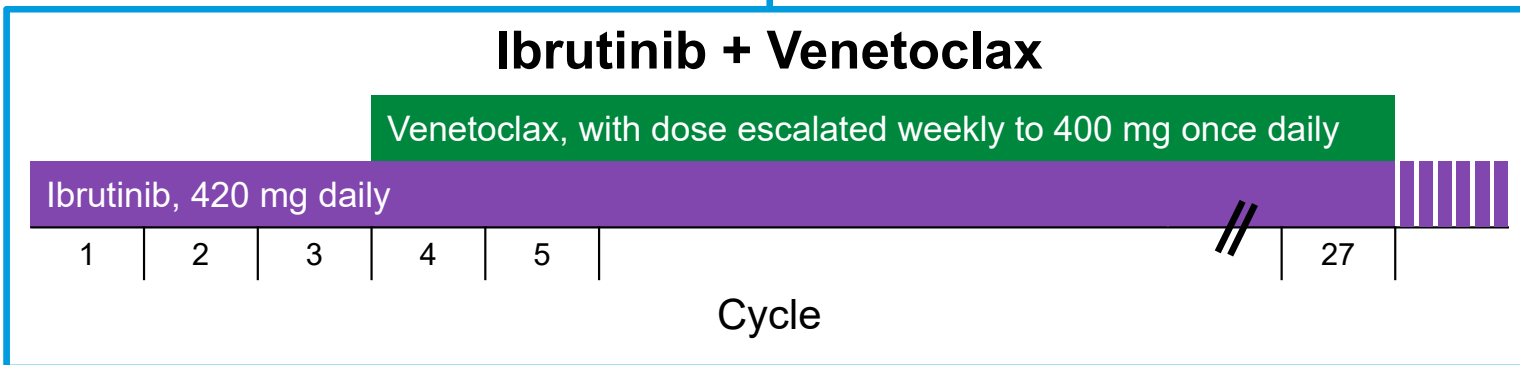
*Am J Hematol.* 2019;94:1266-87.



# Jain et al. Phase II: Design

## IBRUTINIB + VENETOCLAX IN UNTREATED CLL

80 patients with at least one high-risk genetic feature or who were  $\geq 65$  years of age with previously untreated CLL



**Primary Endpoint: Best Response (CR or CRi)**

CLL = chronic lymphocytic leukemia  
CR = complete remission  
CRi = complete remission with incomplete count recovery

*N Engl J Med.* 2019;380(22):2095-103.



# Jain et al. Phase II: Baseline Characteristics

## IBRUTINIB + VENETOCLAX IN UNTREATED CLL

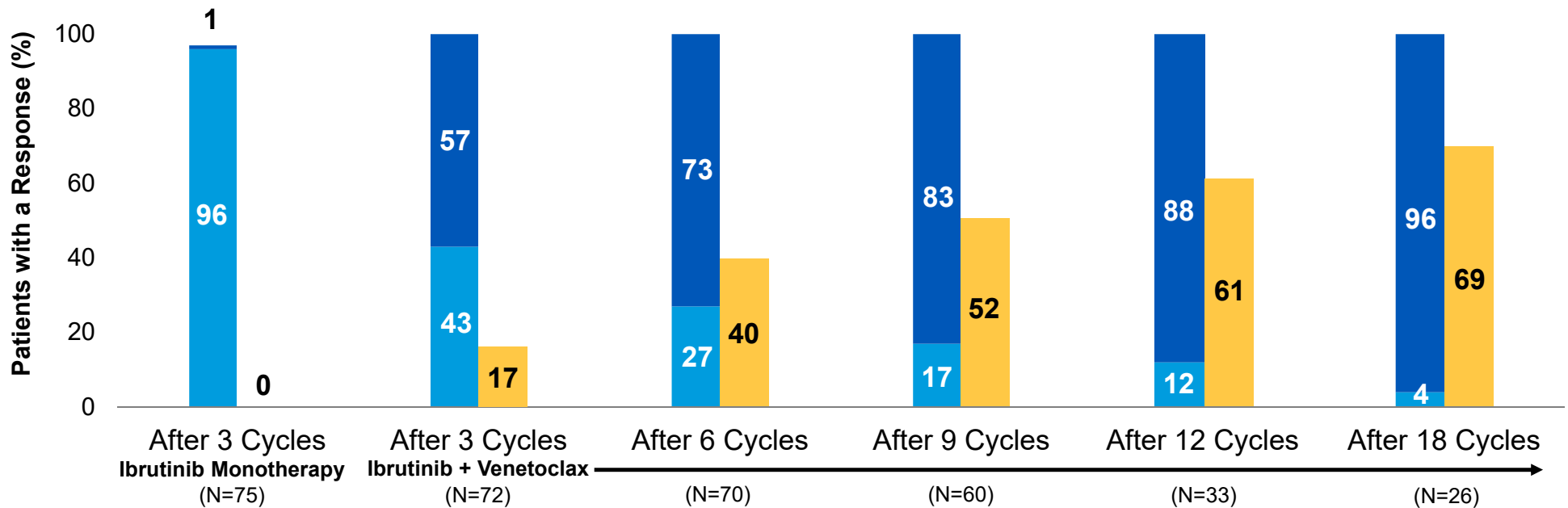
Characteristic	Ibrutinib + Venetoclax (N=80)
Age, median (range)	65 (26-83)
Age ≥ 65 years, n (%)	43 (54)
Male sex, n (%)	57 (71)
* Unmutated <i>IGHV</i> , n/tn (%)	63/76 (83)
* Del(11q), n (%)	20 (25)
* Del(17p), n (%)	14 (18)
* Mutated <i>TP35</i> , n/tn (%)	11/79 (14)
* Denotes high-risk genetic alteration	

*N Engl J Med.* 2019;380(22):2095-103.



# Jain et al. Phase II: Outcomes

## IBRUTINIB + VENETOCLAX IN UNTREATED CLL



- Complete remission with or without normal blood count recovery (CR or CRi)
- Partial remission (PR)
- Undetectable minimal residual disease (MRD) in bone marrow

*N Engl J Med.* 2019;380(22):2095-103.



## Jain et al. Phase II: Key Takeaways

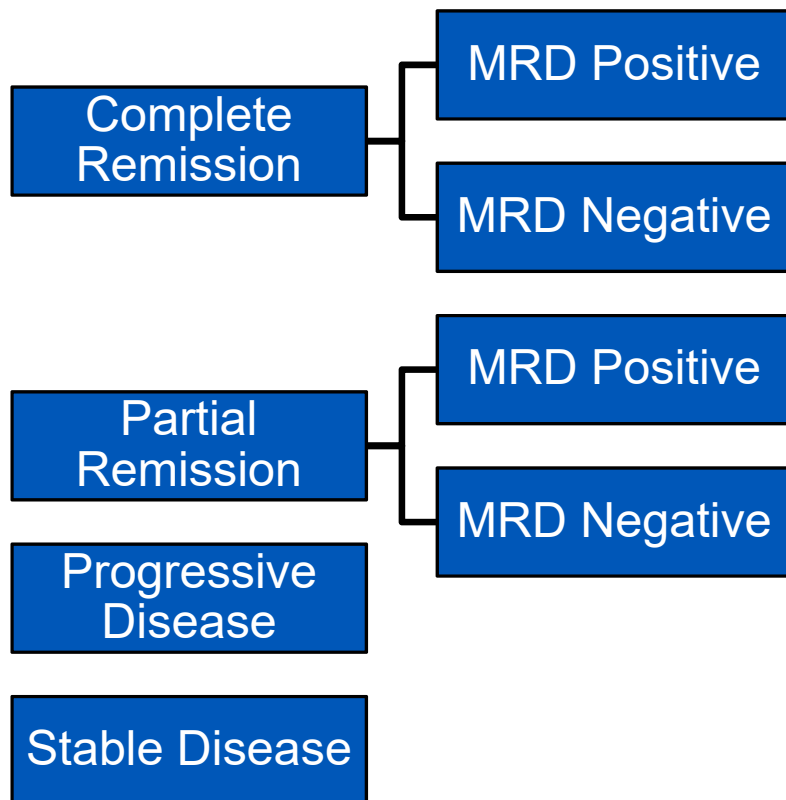
IBRUTINIB+VENETOCLAX IN UNTREATED CLL

- After 12 cycles, 88% of patients were in complete remission or complete remission with incomplete count recovery, and 61% were in remission with undetectable MRD
  - Substantially better than what is reported in the literature for ibrutinib or venetoclax monotherapy or chemoimmunotherapy
  - Saw benefit across all genetic subgroups
- No new safety concerns were noted in the study
- This combination is not yet approved for use
- Additional combination studies in the frontline setting currently recruiting

*N Engl J Med.* 2019;380(22):2095-103.

# Chronic Lymphocytic Leukemia

## ASSESSING TREATMENT OUTCOMES



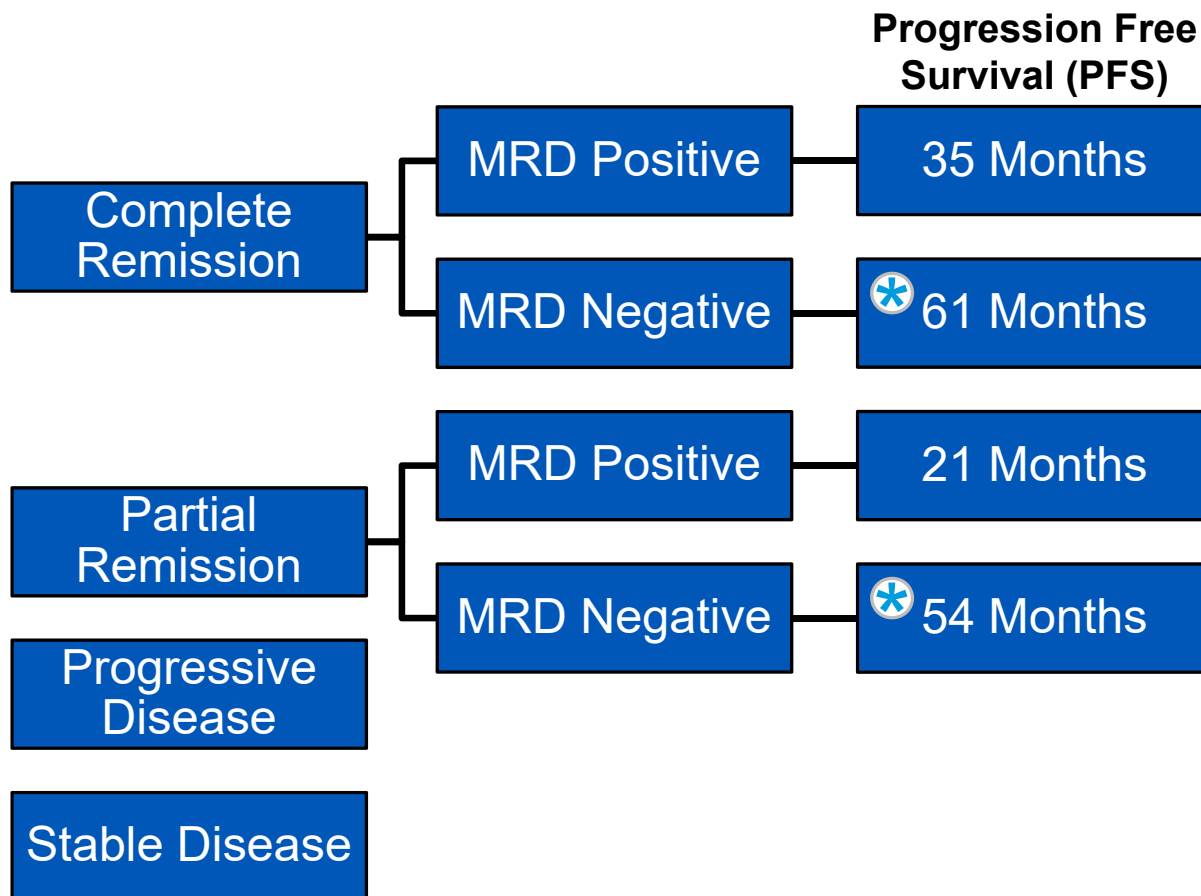
- Minimal residual disease (MRD) is assessed using sensitive multicolor flow cytometry, PCR, or next-generation sequencing
  - Definition: < 1 CLL cell detectable per 10,000 leukocytes
- Therapies that eradicate MRD usually result in improved long-term clinical outcomes

*Am J Hematol.* 2019;94:1266-87.  
*Blood.* 2019;134(22):1951-9.



# Chronic Lymphocytic Leukemia

## ASSESSING TREATMENT OUTCOMES

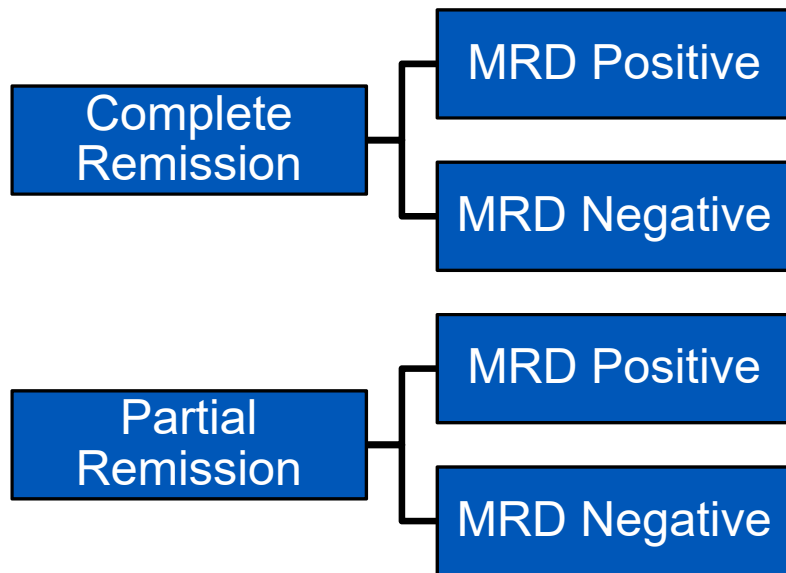


\* Median PFS did not differ significantly between MRD-negative CR and MRD-negative PR

*J Clin Oncol.* 2016;34:3758-65.

# Chronic Lymphocytic Leukemia

## ASSESSING TREATMENT OUTCOMES



- MRD negativity correlates with both progression free survival and overall survival
- Greatest impact of MRD negativity in patients receiving frontline treatment
  - 10-year PFS of 65% vs 10%
  - 10-year OS of 70% vs 30%

*Blood.* 2016;128(24):2770-3.



# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS

### Musculoskeletal Complaints



- In clinical trials ~20% of patients developed arthralgias
- In a retrospective, real-world analysis, arthralgia was the most common toxicity leading to treatment discontinuation
- Acetaminophen or short pulses of prednisone are preferred to treatment with NSAIDs

*Blood.* 2019;133(12):1298-1307.



# Bruton Tyrosine Kinase (BTK) Inhibitors

## IBRUTINIB: ADVERSE EFFECTS

### Diarrhea



- Common
- Often self-limited
- Treat with loperamide as needed

### Rash



- Typically low grade, but may be bothersome
- Often self-limited
- Treat with topical steroids or oral antihistamines as needed

### Hypertension



- Reported in up to 20% of patients
- Incidence remains stable over time
- Ibrutinib-related HTN associated with increased MACE
- Monitor and treat hypertension

### Pneumonitis



- Rare but life-threatening
- Treat with systemic corticosteroids through resolution
- Permanently discontinue ibrutinib