

# Mayo Clinic COVID-19: Essentials for the Healthcare Worker

## **Activity Description**

Mayo Clinic COVID-19: Essentials for the Healthcare Worker is an online course that provides concise updates related to the COVID-19 disease. The course aims to provide learners with the latest updates and strategies to protect themselves and their communities, and to provide treatment and mitigation information to enable healthcare workers to better manage cases and mortality rates. Topics include appropriate community- and personal-level protective and mitigating efforts; therapeutics; correct usage of personal protective equipment (PPE); and discussion of special scenarios healthcare workers may face.

## **Target Audience**

Healthcare workers of all specialties who are being impacted by COVID-19, including physicians, research scientists, physician assistants, nurse practitioners, nurses, and anyone with a particular interest in prevention, treatment, and patient care.

## **Learning Objectives**

Upon conclusion of this activity, participants should be able to:

- 1. Identify key clinical, radiographic and epidemiological features in the novel disease, COVID-19
- 2. Define which personal protective equipment (PPE) and strategies are most effective for preventing COVID-19 infections in healthcare workers
- 3. Develop strategies to mitigate increased risks during aerosol generating procedures

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## **Accreditation Statement**



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## **Credit Statement(s)**

### **AMA**

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **ANCC**

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 1.00 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

## **Disclosure Summary**

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

### ***Financial relationship(s):***

None

### ***No Financial relationship(s):***

None

*Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:*

None

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) and staff, please go here to [review disclosures](#).

### **Mayo Disclaimer**

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

### **Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

### **How to Obtain Credit**

Complete the post-test and submit for credit.

### **Method of Participation**

Participation in this activity consists of reviewing the online course and completing the post-test.

### **Release and Expiration Dates**

Release Date: April 13, 2020

Expiration Date: April 12, 2023

### **Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

### **Faculty and Course Director Listing and Credentials**

Course Director(s)

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