



BROOKS[®] Rehabilitation

Center for Sports Therapy (CST) Golf Rehabilitation Program

Experiencing pain during or after golf?
Brooks Rehabilitation's CST golf program may be for you!

What is Brooks Rehabilitation's CST Golf Program?

Brooks Rehabilitation Center for Sports Therapy offers a golf rehabilitation program that utilizes the Titleist Performance Institute (TPI) model. Brooks identifies your physical limitations and constructs a personalized treatment plan using specific exercises and manual techniques to reach your goals.

Why Brooks?

- Licensed and experienced physical therapist
- Board certified sports PT
- Swing video analysis
- May be covered by insurance
- Full sports clinic resources

What to expect

- One 60-minute evaluation
- TPI certified clinician
- Customized treatment plan

Austin Frohnappel, PT, DPT, SCS, OCS, CSCS

Sports Certified Specialist
Orthopaedic Certified Specialist
Residency Trained
Certified Strength and Conditioning Specialist
TPI Certified

Center for Sports Therapy
P: (904) 854-2090
BrooksRehab.org