

# Comprehensive Shoulder and Elbow Online CME

## Front Matter

### Activity Description

This course provides information on the latest treatment options for shoulder and elbow arthroplasty, arthroscopy, fracture and reconstruction. The focus is on the best current practice in diagnosis, treatment and new technology. Faculty with international expertise in shoulder and elbow surgery discuss how to optimize surgical techniques and how to avoid complications. Didactic sessions emphasize tips and pearls to approach complex shoulder and elbow reconstruction.

### Target Audience

This course is designed for orthopedic surgeons, nurses, physician assistants, and nurse practitioners.

### Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Describe the different surgical approaches for the treatment of rotator cuff pathology from partial thickness to massive rotator cuff tears
- Recognize treatment options for the treatment of shoulder arthritis from arthroscopy to arthroplasty

Participation in this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

### Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Credit Statement

#### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## **AOA**

The American Osteopathic Association designates this program for a maximum of 4.5 AOA Category 2-A credits.

### **Disclosure Summary**

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

### ***Financial relationship(s):***

<b>Name</b>	<b>Nature of Relationship</b>	<b>Company</b>
Robert H. Cofield, M.D.	Royalties	DJO, Wolters Kluwer
Steven J. Hattrup, M.D.	Consultant	Zimmer-Biomet
Bernard E. Morrey, M.D.	Speaker's Bureau & Royalties Full/Part-time Employee	Zimmer, Stryker Medical Director – Tenex Health
John W. Sperling, M.D.	Royalties	Zimmer-Biomet
Scott P. Steinmann, M.D.	Royalties	Arthrex; Zimmer-Biomet
John M. Tokish, M.D.	Consultant	Arthrex, DePuy Mitek

### **No Financial relationship(s):**

<b>Name</b>	
Jonathan D. Barlow, M.D.	Mark E. Morrey, M.D.
Christopher L. Camp, M.D.	
Matthew M. Crowe, M.D.	Julie Reed
Diane L. Dahm, M.D.	

**Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:**

Name	Manufacturer/Provider	Product/Device
John M. Tokish, M.D.	Arthrex / Human Dermal Allograft	SCR

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) and staff, please go here to [review disclosures](#).

**Mayo Disclaimer**

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**Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity

**How to Obtain Credit**

To obtain credit, complete the assessment with an 80% pass rate.

**Method of Participation**

Participation in this activity consists of reviewing the video content and completing the assessment.

**Release and Expiration Dates**

Release Date: September 1, 2020  
Expiration Date: January 20, 2022

**Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

## **Faculty and Course Director Listing and Credentials**

### **Course Directors**

John W. Sperling, M.D.

Scott P. Steinmann, M.D.

### **Faculty**

Jonathan D. Barlow, M.D.  
Christopher L. Camp, M.D.  
Robert H. Cofield, M.D.  
Matthew M. Crowe, M.D.  
Diane L. Dahm, M.D.  
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<u>Duration</u> (hrs:min:sec)	<u>Title and Speaker</u>
0:21:03	Assessing the Painful Elbow Bernard F. Morrey, M.D.
0:19:00	Biceps Death: Above, At or Below the Groove Matthew M. Crowe, M.D.
0:17:20	Complete Biceps Tendon Ruptures: One vs. Two Incision Repairs Mark E. Morrey, M.D.
0:17:15	Diagnosis and Treatment of Posterolateral Rotary Instability of the Elbow Christopher L. Camp, M.D.
0:13:09	Glenoid Exposure for Total Shoulder Arthroplasty Steven J. Hattrup, M.D.
0:13:39	Keys to Mastering the Arthroscopic Bankart Repair Christopher L. Camp, M.D.
0:16:47	Management of AC Joint Injuries: Five Pearls in Ten Minutes to Get This Right John M. Tokish, M.D.
0:17:35	Management of Bone Loss in Instability Surgery John M. Tokish, M.D.
0:17:40	Management of Proximal Humerus Fractures: State of the Art in 2019 Jonathan D. Barlow, M.D.
0:15:35	Managing B2/B3 Glenoids and Subluxation Robert H. Cofield, M.D.
0:13:38	New Techniques to Manage Challenging Problems in Shoulder John W. Sperling, M.D.
0:15:36	Posterior Shoulder Instability: Indications and Technique Diane L. Dahm, M.D.
0:12:47	Reverse Total Shoulder Arthroplasty for Fracture: Key Technical Points Jonathan D. Barlow, M.D.
0:18:16	Revision for the Failed Elbow Replacement Bernard F. Morrey, M.D.
0:15:35	Safeguarding Against Rotator Cuff Failure in Anatomic Shoulder Arthroplasty Robert H. Cofield, M.D.
0:16:02	Superior Approach Reverse Shoulder Arthroplasty Scott P. Steinmann, M.D.
0:16:39	Technical Pearls for Subscapularis Repair John M. Tokish, M.D.

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