

Comprehensive Shoulder and Elbow Online CME

Front Matter

Activity Description

This course provides information on the latest treatment options for shoulder and elbow arthroplasty, arthroscopy, fracture and reconstruction. The focus is on the best current practice in diagnosis, treatment and new technology. Faculty with international expertise in shoulder and elbow surgery discuss how to optimize surgical techniques and how to avoid complications. Didactic sessions emphasize tips and pearls to approach complex shoulder and elbow reconstruction.

Target Audience

This course is designed for orthopedic surgeons, nurses, physician assistants, and nurse practitioners.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Describe the different surgical approaches for the treatment of rotator cuff pathology from partial thickness to massive rotator cuff tears
- Recognize treatment options for the treatment of shoulder arthritis from arthroscopy to arthroplasty

Participation in this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement

AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 4.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA

The American Osteopathic Association designates this program for a maximum of 4.5 AOA Category 2-A credits.

Disclosure Summary

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Financial relationship(s):

Name	Nature of Relationship	Company
Robert H. Cofield, M.D.	Royalties	DJO, Wolters Kluwer
Steven J. Hattrup, M.D.	Consultant	Zimmer-Biomet
Bernard E. Morrey, M.D.	Speaker's Bureau & Royalties	Zimmer, Stryker
	Full/Part-time Employee	Medical Director – Tenex Health
John W. Sperling, M.D.	Royalties	Zimmer-Biomet
Scott P. Steinmann, M.D.	Royalties	Arthrex; Zimmer-Biomet
John M. Tokish, M.D.	Consultant	Arthrex, DePuy Mitek

No Financial relationship(s):

Name	
Jonathan D. Barlow, M.D.	Mark E. Morrey, M.D.
Christopher L. Camp, M.D.	
Matthew M. Crowe, M.D.	Julie Reed
Diane L. Dahm, M.D.	

Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:

Name	Manufacturer/Provider	Product/Device
John M. Tokish, M.D.	Arthrex / Human Dermal Allograft	SCR

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Mayo Disclaimer

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Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity

How to Obtain Credit

To obtain credit, complete the assessment with an 80% pass rate.

Method of Participation

Participation in this activity consists of reviewing the video content and completing the assessment.

Release and Expiration Dates

Release Date: September 1, 2020

Expiration Date: January 20, 2022

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

Course Directors

John W. Sperling, M.D.

Scott P. Steinmann, M.D.

Faculty

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<u>Duration</u> (hrs:min:sec)	<u>Title and Speaker</u>
0:21:03	Assessing the Painful Elbow Bernard F. Morrey, M.D.
0:19:00	Biceps Death: Above, At or Below the Groove Matthew M. Crowe, M.D.
0:17:20	Complete Biceps Tendon Ruptures: One vs. Two Incision Repairs Mark E. Morrey, M.D.
0:17:15	Diagnosis and Treatment of Posterolateral Rotary Instability of the Elbow Christopher L. Camp, M.D.
0:13:09	Glenoid Exposure for Total Shoulder Arthroplasty Steven J. Hattrup, M.D.
0:13:39	Keys to Mastering the Arthroscopic Bankart Repair Christopher L. Camp, M.D.
0:16:47	Management of AC Joint Injuries: Five Pearls in Ten Minutes to Get This Right John M. Tokish, M.D.
0:17:35	Management of Bone Loss in Instability Surgery John M. Tokish, M.D.
0:17:40	Management of Proximal Humerus Fractures: State of the Art in 2019 Jonathan D. Barlow, M.D.
0:15:35	Managing B2/B3 Glenoids and Subluxation Robert H. Cofield, M.D.
0:13:38	New Techniques to Manage Challenging Problems in Shoulder John W. Sperling, M.D.
0:15:36	Posterior Shoulder Instability: Indications and Technique Diane L. Dahm, M.D.
0:12:47	Reverse Total Shoulder Arthroplasty for Fracture: Key Technical Points Jonathan D. Barlow, M.D.
0:18:16	Revision for the Failed Elbow Replacement Bernard F. Morrey, M.D.
0:15:35	Safeguarding Against Rotator Cuff Failure in Anatomic Shoulder Arthroplasty Robert H. Cofield, M.D.
0:16:02	Superior Approach Reverse Shoulder Arthroplasty Scott P. Steinmann, M.D.
0:16:39	Technical Pearls for Subscapularis Repair John M. Tokish, M.D.

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