



Mayo School of Continuous Professional Development

# Psychiatry in Medical Settings

January 22-24, 2015

Sheraton New Orleans Hotel • New Orleans, LA



## Course Directors

*Jeffrey P. Staab, M.D. and Robert P. Bright, M.D.*

AAFP – This Live activity, Psychiatry In Medical Settings, with a beginning date of January 22, 2015, has been reviewed and is acceptable for up to 18.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## REGISTER NOW!

<http://www.mayo.edu/cme/psychiatry-and-psychology-2015r953>



# General Information

## COURSE DESCRIPTION

The Psychiatry in Medical Settings course returns for its fourth year in 2015, moving to New Orleans, LA from January 22-24, 2015. The course focuses on psychiatric problems that arise in patients seen in medical-surgical inpatient and outpatient settings. It addresses clinical challenges encountered by psychiatrists, psychologists, family physicians, general internists, and other clinicians in primary care and medical specialties. The course has been well attended by both mental health and general medical practitioners, providing opportunities for free exchange of ideas from multiple vantage points. The 2015 course will include faculty from Mayo Clinic campuses in Minnesota, Arizona, and Florida. The course directors are Drs. Jeffrey Staab and Robert Bright, experienced clinician-educators and researchers in the field of psychosomatic medicine. The course will provide up to date reviews of depression, anxiety, delirium, dementia, suicide risk, substance use, and personality factors in medical-surgical patients. Updates also will be provided on chronic fatigue, fibromyalgia, psychiatric problems in pregnancy and the postpartum period, somatic symptom disorders, functional neurologic disorders, and functional gastrointestinal disorders. Each day will include a featured topic that will be covered in depth by a group of medical and behavioral specialists through well-coordinated didactic presentations, panel discussions, and interactive workshops. For 2015, featured topics will include behavioral challenges in oncology and cardiac disease, and neuromodulation techniques in neurological and psychiatric disorders.

## COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Comprehend new concepts about the detection and treatment of somatic symptom problems along with depression and anxiety in patients seen in medical settings.
- Describe evidence-based evaluation and management strategies for patients with cardiac disease and co-morbid clinical psychiatric illness.
- Identify unique psychological and psycho-pharmacologic aspects of managing clinical psychiatric disorders in patients with cancer.
- Identify evidence-based existing and research-phase treatment options in psychiatry through the use of neuromodulation therapy.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## INTENDED AUDIENCE

Family physicians, general internists, psychiatrists, physician assistants, and advance practice nurses.

## CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AAFP** - This Live activity, Psychiatry In Medical Settings, with a beginning date of January 22, 2015, has been reviewed and is acceptable for up to 18.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



# General Information

## DATE AND LOCATION

The *Mayo Clinic Psychiatry in Medical Settings* course will be held **January 22-24, 2015**. Course headquarters will be located at Sheraton New Orleans Hotel, 500 Canal Street, New Orleans, LA 70130.

## REGISTRATION

To register online, visit [www.mayo.edu/cme/psych](http://www.mayo.edu/cme/psych). The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

### Registration Fee:

Physicians/Scientists..... \$650  
Residents, Fellows, Allied Health..... \$550

### For additional information, contact:

Mayo School of Continuous  
Professional Development  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905

**Website:** [www.mayo.edu/cme/psych](http://www.mayo.edu/cme/psych)  
**E-mail:** [cme@mayo.edu](mailto:cme@mayo.edu)  
**Phone:** 800-323-2688 or 507-284-2509  
**Fax:** 507-284-0532

## CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before December 1, 2014, ([cme@mayo.edu](mailto:cme@mayo.edu) or fax#: 507-284-0532). **No refunds will be made on or after December 1, 2014.** Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

## LODGING ACCOMMODATIONS

Guest rooms have been reserved for attendees and their guests with special course rates of \$169 at The Sheraton New Orleans Hotel. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of **December 28, 2014**, whichever comes first. Reservations will be taken following this date based on space and rate availability. Make reservations online at <http://www.sheratonneworleans.com/> or by calling 1-888-627-7033. Please identify yourself as a participant of the Mayo Clinic Psychiatry in Medical Settings course when making your reservation.

*Lodging arrangements are the sole responsibility of the individual registrant.*

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

# General Information

## FACULTY

### Course Directors

*Jeffrey P. Staab, M.D.*  
*Robert P. Bright, M.D.*

### Mayo Clinic Faculty

*J. Michael Bostwick, M.D.*  
*Mark A. Frye, M.D.*  
*Karen Grothe, Ph.D., L.P.*  
*Daniel K. Hall-Flavin, M.D.*  
*David J. Katzelnick, M.D.*  
*Lois E. Krahn, M.D.*  
*Kendall H. Lee, M.D., Ph.D.*  
*Farouk Mookadam, MB.,B.C.H.*  
*Katherine M. Moore, M.D.*

*Shehzad K. Niazi, M.D.*  
*Donald W. Northfelt, M.D.*  
*Sandra J. Rackley, M.D.*  
*Shirlene Sampson, M.D.*  
*Craig N. Sawchuk, Ph.D., L.P.*  
*Richard J. Seime, Ph.D., L.P.*  
*Cynthia M. Stonnington, M.D.*  
*Adriana R. Vasquez, M.D.*  
*Kristin Vickers Douglas, Ph.D., L.P.*

### Guest Faculty

*James R. Rundell, M.D.*  
Veterans Affairs Medical Center,  
Minneapolis, MN

## FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

## NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).





# Program Schedule

(Presentations are subject to change)

## Thursday, January 22, 2015

- 7:00 – 8:00 a.m. Continental breakfast
- 8:00 – 8:10 a.m. Announcements  
*Robert P. Bright, MD*
- 8:10 – 8:30 a.m. Somatic Symptom Disorders  
*Jeffrey P. Staab, MD*
- 8:30 – 8:50 a.m. Anxiety in Medical Settings  
*Craig N. Sawchuk, PhD*
- 8:50 – 9:10 a.m. Depression in Medical Settings  
*James R. Rundell, MD*
- 9:10 – 9:30 a.m. Integrated Systems of Care  
*David J. Katzelnick, MD*
- 9:30 – 9:50 a.m. Q & A (*Drs. Staab, Sawchuk, Rundell, and Katzelnick*)
- 9:50 – 10:10 a.m. Break

### Featured Topic #1: Oncology

- 10:10 – 10:50 a.m. Oncologist's Perspective  
*Donald W. Northfelt, MD*
- 10:50 – 11:10 a.m. Psychiatrist's Perspective  
*Robert P. Bright, MD*
- 11:10 – 11:20 a.m. Clinical Pearls  
*Shehzad K. Niazi, MD*
- 11:20 a.m. – 12:00 p.m. Case-based Panel Discussion with Audience Participation  
(Moderator: *Dr. Staab / Drs. Northfelt, Bright, and Niazi*)
- 12:00 – 1:30 p.m. Lunch (On your own)
- 1:30 – 1:50 p.m. Delirium  
*James R. Rundell, MD*
- 1:50 – 2:10 p.m. The Transplant Psychiatry Evaluation  
*Adriana R. Vasquez, MD*
- 2:10 – 2:30 p.m. Dementia  
*James R. Rundell, MD*
- 2:30 – 2:50 p.m. Q & A (*Drs. Vasquez and Rundell*)
- 2:50 – 3:10 p.m. Break

### BREAKOUTS

- 3:10 – 4:30 p.m. Workshop I: Psycho-oncology  
*Drs. Northfelt, Bright, and Niazi*
- 3:10 – 4:30 p.m. Workshop II: Motivational Interviewing and Behavioral Activation  
*Drs. Vickers Douglas and Rundell*

# Program Schedule (Presentations are subject to change)

## Friday, January 23, 2015

- 7:00 – 8:00 a.m. Continental breakfast
- 8:00 – 8:10 a.m. Announcements  
*Jeffrey P. Staab, MD*
- 8:10 – 8:30 a.m. Traumatic Stress Disorders  
*Jeffrey P. Staab, MD*
- 8:30 – 8:50 a.m. Functional Neurologic Disorders  
*Jeffrey P. Staab, MD*
- 8:50 – 9:10 a.m. Functional GI Disorders  
*Richard J. Seime, PhD*
- 9:10 – 9:30 a.m. Insomnia in Medically Ill  
*Lois E. Krahn, MD*
- 9:30 – 9:50 a.m. Q/A (*Drs. Staab, Seime, and Krahn*)
- 9:50 – 10:10 a.m. Break

### Featured Topic #2: Cardiology

- 10:10 – 10:50 a.m. Cardiologist's Perspective  
*Farouk Mookadam, MBBCh*
- 10:50 – 11:10 a.m. Psychiatrist's Perspective  
*Robert P. Bright, MD*
- 11:10 – 11:20 a.m. Clinical Pearls  
*Richard J. Seime, PhD*
- 11:20 a.m. – 12:00 p.m. Case-based Panel Discussion with Audience Participation  
(Moderator: *Dr. Staab / Drs. Mookadam, Bright, and Seime*)
- 12:00 – 1:30 p.m. Lunch (On your own)
- 1:30 – 2:10 p.m. Medical Marijuana  
*J. Michael Bostwick, MD*
- 2:10 – 2:30 p.m. Outpatient Addiction Management  
*Daniel K. Hall-Flavin, MD*
- 2:30 – 2:50 p.m. Q & A (*Drs. Bostwick and Hall-Flavin*)
- 2:50 – 3:10 p.m. Break

### BREAKOUTS

- 3:10 – 4:30 p.m. Workshop III: Psychiatry and Cardiac Disease  
*Drs. Mookadam and Bright*
- 3:10 – 4:30 p.m. Workshop IV: Mindfulness  
*Drs. Stonnington and Grothe*



# Program Schedule (Presentations are subject to change)

## Saturday, January 24, 2014

- 7:00 – 8:00 a.m. Continental breakfast
- 8:00 – 8:10 a.m. Announcements  
*Jeffrey P. Bright, MD*
- 8:10 – 8:30- a.m. Challenging Personalities in Medical Care  
*J. Michael Bostwick, MD*
- 8:30 – 8:50 a.m. Child Psych: ADHD or Bipolar Disorder  
*Sandra J. Rackley, MD*
- 8:50 – 9:30 a.m. Treatment Resistant Depression  
*Mark A. Frye, MD*
- 9:30 – 9:50 a.m. Q & A (*Drs. Bostwick, Rackley, and Frye*)
- 9:50 – 10:10 a.m. Break

### Featured Topic # 3: Neuromodulation

- 10:10 – 10:50 a.m. Neurosurgeon's Perspective  
*Kendall H. Lee, MD, PhD*
- 10:50 - 11:10 a.m. Psychiatrist's Perspective  
*Shirlene Sampson, MD*
- 11:10 – 11:20 a.m. Clinical Pearls  
*Jeffrey P. Staab, MD*
- 11:20 a.m. – 12:00 p.m. Case-based Panel Discussion with Audience Participation  
(Moderator: *Dr. Bright / Drs. Lee, Sampson, and Staab*)
- 12:00 – 1:30 p.m. Lunch (On your own)
- 1:30 – 2:10 p.m. Fatigue/Fibromyalgia  
*Robert P. Bright, MD*
- 2:10 – 2:30 p.m. Pregnancy/Postpartum  
*Katherine M. Moore, MD*
- 2:30 – 2:50 p.m. Q & A (*Drs. Bright and Moore*)
- 2:50 – 3:10 p.m. Break

### BREAKOUTS

- 3:10 – 4:30 p.m. Workshop V: Neuromodulation with Hands-on Demonstration of TMS  
*Drs. Sampson and Staab*
- 3:10 – 4:30 p.m. Workshop IV: Behavioral Treatments of Functional Disorders  
*Drs. Seime, Sawchuk, and Bright*
- 4:30 p.m. Adjourn









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<http://www.mayo.edu/cme/psychiatry-and-psychology-2015r953>

## Registration Fee:

Physicians/Scientists \$650

Residents, Physician Assistants and Nurse Practitioners

\$550

## Workshop I (Thursday 1/22, 3:10-4:30 p.m.) (Choose one)

☐ 3:10-4:30 p.m.

### Workshop I: Psycho-oncology

*Drs. Northfelt, Bright, and Niazi*

☐ 3:10-4:30 p.m.

### Workshop II: Motivational Interviewing and Behavioral Activation

*Drs. Vickers Douglas and Rundell*

## Workshop II (Friday 1/23, 3:10-4:30 p.m.) (Choose one)

☐ 3:10-4:30 p.m.

### Workshop III: Psychiatry and Cardiac Disease

*Drs. Mookadam and Bright*

☐ 3:10-4:30 p.m.

### Workshop IV: Mindfulness

*Drs. Stonnington and Grothe*

## Workshop III (Saturday 1/24, 3:10 - 4:30 p.m.) (Choose one)

☐ 3:10-4:30 p.m.

### Workshop V: Neuromodulation with Hands-on Demonstration of TMS

*(Drs. Sampson and Staab)*

☐ 3:10-4:30 p.m.

### Workshop IV: Behavioral Treatments of Functional Disorders

*Drs. Seime, Sawchuk, and Bright*

**MAYO CLINIC**  
200 First Street SW  
Rochester, MN 55905

Mayo School of Continuous Professional Development

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**Sheraton New Orleans Hotel**  
**New Orleans, LA**

*If you already received a copy of this  
brochure, please give this brochure to  
an interested colleague.*



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*[http://www.mayo.edu/cme/psychiatry-  
and-psychology-2015r953](http://www.mayo.edu/cme/psychiatry-and-psychology-2015r953)*

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