

# Mayo Clinic PEDIATRIC DAYS 2021

September 15-17, 2021

Swissôtel Hotels, Chicago, IL

Course Directors: Angela Mattke, M.D. FAAP  
Jason Anderson, M.D. FAAP

## WEDNESDAY [SEPTEMBER 15, 2021]

5:30-8:30 p.m. **American Board of Pediatrics** Maintenance of Certification

Pre-Course Part 2 Self-Assessment Session

*Asma Chattha, M.B.B.S., Jason Homme, M.D., Jason Anderson, M.D.*

2019 General Pediatrics Comprehensive Knowledge Self-Assessment (10 MOC Part 2 Points)

2019 Adolescent Medicine Self-Assessment (10 MOC Part 2 Points)

5:30 p.m. – Log-in, computer setup

5:45 p.m. – General Pediatrics

6:45 p.m. – Adolescent Medicine

5:30-9:30 p.m. **American Board of Family Medicine** Maintenance of Certification

*John Wilkinson, M.D. (Moderator), Elizabeth Cozine, M.D., Kelsey Klaas, M.D.*

“Care of Children” New ABFM Knowledge-Assessment Module (10 MOC Points)

Total 3.0 AMA Credits

## THURSDAY [SEPTEMBER 16, 2021]

6:00 a.m. **Registration and Continental Breakfast**

7:15 a.m. Welcome and Course Overview

*Jason Anderson, M.D.*

### **CHALLENGING CONDITIONS ENCOUNTERED IN THE PRIMARY CARE OFFICE**

7:30 a.m. Autism Update on Diagnosis and Management

*Maja Katusic, M.D.*

8:00 a.m. Precocious and Delayed Puberty

*Asma Chattha, M.B.B.S.*

8:30 a.m. COVID and MIS-C Update

*Emily Levy, M.D.*

9:00 a.m. Refreshment break

### **AMBERG-HELMHOLZ PROFESSORSHIP LECTURE**

9:15 a.m. *Introduction: Angela Mattke, M.D.*

#### **Impact of Racism on Child and Adolescent Health**

*Maria Trent, M.D.*

*John's Hopkins University Schools of Medicine, Nursing, and Public Health*

*Professor of Pediatrics*

10:30 a.m. **Refreshment break**

- 10:45 a.m.      Airway Concerns and When to Refer  
*Joshua Wiedermann M.D.*
- 11:15 a.m.      Evaluation and Treatment of Acute Eye Injuries  
*Erick Bothun M.D.*
- 11:45 a.m.      *Adjourn for lunch*

**LUNCH            (Buffet style)**

- 12:00 p.m.      Meet the Professors Sessions  
*Informal time for questions and discussion with course faculty*

**VACCINATION UPDATE**

- 1:15 p.m.        2021 Update on Childhood and Adolescent Vaccines  
*Robert Jacobson, M.D.*
- 2:10 p.m.        Adjourn Session

**CONCURRENT SESSIONS**

Three sets of concurrent breakout sessions

- 2:15 p.m.        Breakout Session 1 (see table)
- 3:00 p.m.        Break
- 3:15 p.m.        Breakout Session 2 (see table)
- 4:00 p.m.        Break
- 4:15 p.m.        Breakout session 3 (see table)

Session (all 45 mins long)	2:15	3:15	4:15
A	A	A	
B	B	B	
C	C	C	
D	D		D
E	E		E
F	F		F
G		G	G
H		H	H

**SESSION DETAILS**

- A. **Depression: Diagnosis, Pharmacology, and Therapy Update**  
*Sandra Rackley, M.D., Alastair McKean, M.D.*
- B. **Sports Medicine – Diagnosis and Examination (session 1) / Rehab and Return to Play (session 2)**  
*David Soma, M.D. and David Krause, P.T., D.Sc.*
- C. **Type I Diabetes Mellitus**  
*Ana Creo, M.D.*

**D. GERD: Diagnosis and Treatment update**

*Sara Hassan, M.D.*

**E. Identification of Eating Disorders in Primary Care**

*Jocelyn Lebow Ph.D., L.P. and Paige Partain, M.D.*

**F. Allergy Testing: Who needs it and what does it mean**

*Anupama Ravi, M.D.*

**G. Celiac Disease**

*Imad Absah, M.D.*

**H. Abnormal Uterine Bleeding in Adolescents**

*Asma Chattha, M.B.B.S.*

5:00 p.m.

Adjourn

## **FRIDAY | SEPTEMBER 17, 2021 |**

7:30 a.m. Continental Breakfast

8:20 a.m. Announcements / Introduction  
*Jason Anderson, M.D.*

### **UPDATES IN PEDIATRICS**

8:30 a.m. Top 10 Articles of 2020  
*David Hall, M.D.*

9:00 a.m. Applying the Updated Asthma NAEPP Guidelines to Your Practice  
*Manuel Arteta, M.D.*

9:30 a.m. Headache Management – Beyond the Basics  
*Paul Youssef, D.O.*

10:00 a.m. Refreshment Break

### **INNOVATION HIGHLIGHT: WEARABLE TECHNOLOGY IN HEALTHCARE**

10:15 a.m. Diabetes  
*Ana Creo, M.D.*

10:30 a.m. Cardiology  
*Philip Wackel, M.D.*

10:45 a.m. Seizure Detection Devices  
*Paul Youssef, D.O.*

11:00 a.m. Sleep Devices  
*Robin M. Lloyd, M.D.*

### **RAPID FIRE CASES**

11:15 a.m. Dermatology Highlights  
*Katelyn Anderson, M.D.*

11:45 a.m. Lunch on Your Own with Colleagues in Downtown Chicago

### **CONCURRENT SESSIONS**

Three sets of concurrent breakout sessions - Each with 6 separate options for attendees to choose from

1:00 p.m. Breakout Session 1 (see table)

1:45 p.m. Break

2:00 p.m. Breakout Session 2 (see table)

2:45 p.m. Break

3:00 p.m. Breakout session 3 (see table)

Session (all 45 mins long)	1:00	2:00	3:00
A	A	A	
B	B	B	
C	C	C	
D	D		D
E	E		E
F	F		F
G		G	G
H		H	H
I		I	I

## SESSION DETAILS

- A. **Acne Update (session 1) & Wart Treatment (session 2)**  
*Molly Youssef, M.D.*
- B. **Evaluation of the Limping Child**  
*Todd Milbrandt, M.D.*
- C. **Managing Overuse Injuries in Young Athletes**  
*Luke Radel, M.D.*
- D. **ADHD for the Primary Care Provider (Case-based session)**  
*Rachel Lynch, M.D. and Paige Partain, M.D.*
- E. **Chest Wall Deformities: Identification and Surgical Options for Treatment**  
*Stephanie Polites, M.D., M.P.H.*
- F. **Managing Complications of Pediatric Obesity**  
*Sara Hassan, M.D. and Seema Kumar, M.D.*
- G. **Birth Control Evidence Based Update for Primary Care**  
*Marcie Billings, M.D.*
- H. **Hypertension Management in Children and Teens**  
*Christian Hanna, M.D.*
- I. **Pediatric Emergency Cases**  
*Meghan Cain, M.D.*

4:00 p.m.      Adjourn