

## Diabetes Intensive Training 2021

### Activity Description

Diabetes Intensive Training is an online 12 week course through BlackBoard Learn. It includes 12 modules each taking an average of 2.5 to 3 hours each to complete. The program content includes pathophysiology, interventions, insulin, comprehensive diabetes evaluation (history and exam), hypoglycemia and hyperglycemia, hypertension/nephropathy, metabolic syndrome/nutrition/obesity, hyperlipidemia, neuropathy, gestational diabetes/diabetes in pregnancy, intensive insulin therapy/technology and behavioral modification/diabetes education.

### Target Audience

This activity is appropriate for dietitians, physicians, physician assistants, pharmacists, nurses and advanced practice nurses who want to intensify their diabetes management and knowledge.

### Learning Objectives

- Integrate knowledge using principles of theory and research of nursing and medicine integrated into a comprehensive health care plan for patients with diabetes including prevention, promotion and treatment
- Demonstrate knowledge of evidence based guidelines and clinical guidelines in treatment of diabetes management through online case study scenarios.
- Identify medical education resources pertaining to current topics in diabetes management (prevention, promotion and treatment)

### Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Credit Statement(s)

#### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum 32.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ACPE



Mayo Clinic College of Medicine and Science designate this enduring material for a maximum of 32 knowledge-based contact hours. Participants should only claim credit commensurate with the extent of their participation in the activity.

#### ANCC

Mayo Clinic College of Medicine and Science designate this enduring material for a maximum of 32 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

## **Disclosure Summary**

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

### *Financial relationship(s):*

None

### *No Financial relationship(s):*

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### *Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:*

none

## **Mayo Disclaimer**

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

## **Prerequisites for Participation**

There are no prerequisites for dietitians, physicians, physician assistants, nurse practitioners, nurses, and pharmacists needed prior to participating in this education activity.

## **How to Obtain Credit**

To obtain CME Credit, complete the post-tests with an 80% pass rate. Complete the evaluation survey on-line and submit. A certificate will be mailed within a week of course completion date to the E-mail address provided at the time of registration.

## **Method of Participation**

Participation in this activity consists of reviewing the online modules and completing the post-test and evaluation.

## **Release and Expiration Dates**

Release Date: 1/4/2021

Expiration Date: 12/31/2021

## **Acknowledgement of Commercial Support (required when applicable)**

No commercial support was received in the production of this activity.

## **Faculty and Course Director Listing and Credentials**

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## **Bibliographic Resources**

Centers for Disease Control and Prevention. National Diabetes Statistics Report, 2020. Atlanta, GA: Centers for Disease Control and Prevention, U.S. Dept of Health and Human Services; 2020.

Robert A. Rizza, Robert A. Vigersky, Helena W. Rodbard, Paul W. Ladenson, William F. Young, Jr., Martin I. Surks, Richard Kahm, and Paul F. Hogan. A Model to Determine Workforce Needs for Endocrinologists in the United States Until 2020. *Diabetes Care* May 2003 26:1545-1552;doi:10.2337/diacare.26.5.1545.

Vigersky et al. The Clinical Endocrinology Workforce: Current Status and Future Projections of Supply and Demand *J Clin Endocrinol Metab*, September 2014, 99(9):3112–3121

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