

## **COURSE HIGHLIGHTS**

- This tri-site Mayo Clinic course provides pearls for the busy clinician distilling two symposia in one unique course
- ENT Update symposium provides a state-of the-art review for head and neck, sleep medicine, otology, laryngology, facial plastic surgery and pediatric otolaryngology disease
- Tackling Problematic Sinusitis symposium provides practical approaches in endoscopic sinus surgery, basic skull base procedures, frontal sinus surgery, and medical management of recalcitrant sinusitis and nasal pathology, as well as a live surgical prosection
- Honored international faculty: Prof. Valerie Lund and Prof. David Howard, United Kingdom

\$75 DISCOUNT IF YOU REGISTER ON OR BEFORE FEB. 20, 2019 HILTON SEDONA RESORT AT BELL ROCK
SEDONA, ARIZONA
MARCH 20-23, 2010

MARCH 20-23, 2019

CE.MAYO.EDU/ENTSINUSITIS2019

### **COURSE DESCRIPTION**

Mayo Clinic presents two parallel symposia with one registration!

- The third annual "ENT Update 2019" symposium will provide a state-of-the art review of clinical updates pertinent to the practice of general otolaryngology.
   Mayo Clinic and guest faculty will cover all subspecialties, including head and neck, sleep medicine, otology, laryngology, facial plastic surgery and pediatric otolaryngology.
- The eighth annual "Tackling Problematic Sinusitis 2019" symposium will run
  concurrent sessions that share optimal strategies in endoscopic sinus surgery,
  frontal sinus surgery, basic skull base procedures, medical management of
  recalcitrant sinusitis and nasal pathology, as well as a live surgical prosection.
  Honored international guest faculty includes Prof. Valerie Lund and Prof.
  David Howard of the United Kingdom.

This combined course with parallel sessions optimizes value for the busy clinician – choose to attend any session that best meets your needs! We invite you to join us for an absolutely unique learning experience in the spectacular and serene town of Sedona, Arizona.

### **LEARNING OBJECTIVES**

Upon completion of this activity, participants should be able to:

- Describe practical tests to subtype chronic rhinosinusitis
- · Select optimal medical treatments based on chronic rhinosinusitis subtyping
- Identify factors associated with primary sinus surgery failure
- Perform optimal revision surgeries for chronic rhinosinusitis
- Identify and treat pediatric sinusitis and tonsillitis
- Describe the latest updates in transoral laser and transoral robotic surgeries
- Recommend treatments for vocal cord paralysis and vocal cord carcinoma
- Assess challenges in facial plastics and base of skull surgeries

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## **INTENDED AUDIENCE**

Practicing otolaryngologists, physician assistants and nurse practitioners in ENT, audiologists and speech language pathologists, and nurses with a strong interest in ENT care.

## REGISTRATION

### **CE.MAYO.EDU/ENTSINUSITIS2019**

Registration Fee (USD)	On or Before Feb 20	After Feb 20
Physicians/Scientists	\$899	\$974
Residents, PAs, NPs, Allied Health, Other	\$799	\$874

Visit the course website for more information on registering and our cancellation policy.

## WELCOME RECEPTION – THURSDAY, MARCH 21, 2019, 5:30 – 7:00 p.m.

Course registrants and a guest (included in the registration fee) are invited to a casual "Olfactory and Sensory Perception" themed Welcome Reception on Thursday evening from 5:30 – 7:00 p.m.

This reception offers you the perfect opportunity to meet existing and new colleagues. Pre-registration is required.

Each additional guest - Adults: \$60; Children 5 - 12: \$30; Children 1 - 4: No charge

#### LODGING AND ACCOMMODATIONS

#### Hilton Sedona Resort at Bell Rock

90 Ridge Trail Drive | Sedona, AZ 86351 | United States | 877-273-3762

A special room block rate of \$309 (USD), plus applicable city/state taxes, and a \$15 resort fee per room per night, is available for course participants and guests. Group rates will apply three days prior to and three days after the course dates of March 20-23, 2019, based on availability. To ensure accommodations, please make your reservation before the room block quickly fills, or by February 19, 2019.

Reservations: http://group.hilton.com/MCENT

## **MAYO CLINIC COURSE DIRECTORS**

#### **ENT Update**

John D. Casler, M.D. Colin L. Driscoll, M.D. Michael L. Hinni, M.D.

## **Tackling Problematic Sinusitis**

Devyani Lal, M.D. Erin K. O'Brien, M.D.

#### HONORED INTERNATIONAL GUEST FACULTY

David J. Howard, FRCS, FRCSEd

Valerie J. Lund, MB BS, MS, FRCS, FRCSEd Institute of Laryngology and Otology, London University College, London Medical School, Institute of Laryngology and Otology, London

### **GUEST FACULTY**

Sharon H. Gnagi, M.D. Phoenix Children's Hospital

## PLANNING COMMITTEE - NURSING REPRESENTATION

Katie E. Zoske, M.S.N., R.N., C.M.S.R.N.

#### **MAYO CLINIC FACULTY**

Karthik Balakrishnan, M.D., M.P.H. Matthew L. Carlson, M.D.

Garret W. Choby, M.D.

Shelagh A. Cofer. MD Angela M. Donaldson, M.D.

Rashmi B. Halker Singh, M.D.

Brittany E. Howard, M.D.

Joseph M. Hoxworth, M.D.

David G. Lott, M.D.

Thomas H. Nagel, M.D.

Michael J. Marino, M.D.

Eric J. Moore, MD

Laura J. Orvidas, M.D.

Phillip Pirgousis, M.D.

Amy L. Rutt, D.O.

Janalee K. Stokken, M.D.

Peter A. Weisskopf, M.D.

#### **CREDIT**



In support of improving patient care, Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

AMA: Mayo Clinic College of Medicine and Sciences designates this live activity for a maximum of 18.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC: Participants can earn up to 18.75 ANCC nursing contact hours commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

AOA: This program has been accredited by the American Osteopathic Association for 18.25 credits of AOA Category 2-A.

Nurses and Other Healthcare Professionals: A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

#### **PROGRAM**

### WEDNESDAY, MARCH 20, 2019 - TACKLING PROBLEMATIC SINUSITIS

WEDINES	WEDNESDAI, MANOIT 20, 2019 - TAOREING FRODELMATIO SINOSITIS		
11:30 a.m.	Registration & Lunch		
12:15 p.m.	Welcome Announcements & Pre-Test - Devyani Lal, M.D. and Erin K. O'Brien, M.D.		
12:30	An Overview of Management Options in CRS - Valerie Lund, CBE, MB, BS, FRCS, FRCSEd		
1:00	Subtyping CRS and Optimizing Clinical Outcomes - Devyani Lal, M.D.		
1:30	AERD Diagnosis and Management - Erin K. O'Brien, M.D.		
2:00	Management of Allergic Fungal Sinusitis - Michael J. Marino, M.D.		
2:30	Break		
3:00	Unilateral Polyps and "Malignant" Sinusitis - David J. Howard, FRCS, FRCSEd		
3:30	Granulomatous Diseases and CRS - Angela M. Donaldson, M.D.		
4:00	Mini-Seminar with Audience Questions		

#### Practical Pearls: How Do I Subtype and Manage Subtypes?

Moderators: Devyani Lal, M.D. and Erin K. O'Brien, M.D.

Featuring: David J. Howard, FRCS, FRCSEd; Valerie J. Lund, CBE, MB, BS, FRCS, FRCSEd;

Garret W. Choby, M.D.; Angela M. Donaldson, M.D. and Michael J. Marino, M.D.

5:00 Adjourn

# THURSDAY, MARCH 21, 2019 TACKLING PROBLEMATIC SINUSITIS

7:15 a.m.	Registration & Continental Breakfast
8:00	Poorly Controlled CRS: Causes and Remedies – Devyani Lal, M.D.
8:30	Allergy, Immunodeficiency and Lower Airway Management in CRS – Erin K. O'Brien, M.D.
9:00	Managing the "Sinus Headache" - Rashmi B. Halker Singh, M.D.
9:30	Smell: The Cinderella of Sinuses - Valerie Lund, CBE, MB, BS, FRCS, FRCSEd
10:00	Break
10:30	Postoperative Debridement and Maintenance Therapy Regimens – Janalee K. Stokken, M.D.
11:00	Long-Term Medical Management of the Recalcitrant CRS Patient – Garret W. Choby, M.D.
11:30	Mini-Seminar with Audience Questions
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#### **Practical Pearls: Postoperative**

Debridement, Maintenance Therapy and

Exacerbation Management

Moderator: Erin K. O'Brien, M.D.

Featuring: David J. Howard, FRCS, FRCSEd;

Valerie J. Lund, CBE, MB, BS, FRCS, FRCSEd; Garret W. Choby, M.D.; Angela M. Donaldson, M.D.; Devyani Lal, M.D.; Michael J. Marino, M.D. and

Erin K. O'Brien M.D.

12:30 p.m. Lunch

1:00 Live Surgical Prosection

Prosection: Practical Pearls in Optimal Sinus Surgery and Basic Skull Base Surgery

Moderators: David J. Howard, FRCS, FRCSEd; Valerie J. Lund, CBE, MB, BS,

FRCS, FRCSEd and Erin K. O'Brien, M.D.

Prosection

Demo: Devyani Lal, M.D.

2:30 Adjourn

5:30 ATTENDEE RECEPTION:

Olfaction & Sensory Perception

## THURSDAY, MARCH 21, 2019 ENT UPDATE

7:15 a.m.	Registration & Continental Breakfast
8:00	Welcome Announcements
8:10	Challenges in Outpatient Otology – Panel Discussion – Matthew L. Carlson, M.D.; Colin L. Driscoll, M.D.; Larry B. Lundy, M.D. and Peter A. Weisskopf, M.D
8:55	Hot Topics and New Ideas: Lightning Rounds – Peter Weisskopf, M.D.
9:25	Otologic Surgery: How to Win – Matthew L. Carlson, M.D. and Colin L. Driscoll, M.D.
10:10	Break
10:30	Evidence Update: Button Battery Ingestion – Karthik Balakrishnan, M.D., M.P.H.
10:50	Essentials and Pearls in Evaluation of Newborn Stridor – Sharon H. Gnagi, M.D.
11:10	Evidence Update: Pediatric Sinusitis – Shelagh A. Cofer, M.D. and Laura J. Orvidas, M.D.
11:30	Complete vs. Partial Tonsillectomy: Pros and Cons – Panel Discussion – All Speakers
12:30 p.m.	Lunch
1:00	Case Presentations and Panel Discussion – Pediatrics and Otology – All Speakers
2:30	Adjourn
5:30	ATTENDEE RECEPTION:

Olfaction & Sensory Perception

# FRIDAY, MARCH 22, 2019 TACKLING PROBLEMATIC SINUSITIS

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7:15 a.m.	Continental Breakfast
8:00	Surgery in CRS: When and Why – Valerie Lund, CBE, MB, BS, FRCS, FRCSEd
8:30	Maxillary Antrostomy & Spheno-Ethmoidectomy – Janalee K. Stokken, M.D.
9:00	Frontal Sinus Anatomy & Primary Surgery – <i>Devyani Lal, M.D.</i>
9:30	Management of Complications – Erin K. O'Brien, M.D.
10:00	Break
10:30	Secondary and Open Approaches for Recalcitrant Frontal Disease – <i>Devyani Lal, M.D.</i>
11:00	Radiographic Clues for Sorting Poorly Controlled CRS – Joseph M. Hoxworth, M.D.
11:30	Mini-Seminar with Audience Questions
How I Do ESS & Address Failures: Tips, Tricks, and Instruments	

## Tips, Tricks, and Instruments

Moderator: Erin K. O'Brien, M.D.

Featuring: David J. Howard, FRCS, FRCSEd;

Valerie Lund, CBE, MB, BS,

FRCS, FRCSEd; Garret W. Choby, M.D.; Angela M. Donaldson, M.D.; Devyani Lal, M.D. and Michael J. Marino, M.D.

Post-Test – Devyani Lal, M.D. and Erin K. O'Brien, M.D. 12:15 p.m.

7:15 a.m. Continental Breakfast

12:45 Adjourn

# FRIDAY, MARCH 22, 2019 ENT UPDATE

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7:15 a.m.	Continental Breakfast
8:00	Welcome Announcements
8:10	HPV in Head and Neck Cancers – Eric J. Moore, M.D.
8:40	Transoral Laser and Transoral Robotic Surgery – <i>Michael L. Hinni, M.D. and</i> <i>Eric J.</i> Moore, M.D.
9:10	Salivary Gland Malignancies – An Update – <i>Thomas H. Nagel, M.D.</i>
9:40	Advances in Head and Neck Reconstruction – Phillip Pirgousis, M.D.
10:10	Break
10:30	Thyroid Carcinoma – Understanding Molecular Testing – John D. Casler, M.D.
11:00	Management of Vocal Cord Paralysis – Amy L. Rutt, D.O.
11:30	Early Vocal Cord Carcinoma – David G. Lott, M.D.
12:00 p.m.	Evaluation and Management of Chronic Hoarseness – <i>TBD</i>
12:30	Panel Discussion
12:55	Adjourn

## SATURDAY, MARCH 23, 2019 **ENT UPDATE AND TACKLING PROBLEMATIC SINUSITIS**

8:00	When All Else Fails: Biologics and Long-Term Antimicrobials in CRS – Valerie Lund, CBE, MB, BS, FRCS, FRCSEd
8:30	The Evolving Management of Sinonasal Malignancies – David J. Howard, FRCS, FRCSEd
9:00	Essential Endoscopic Skull Base Surgery for the Otolaryngologist: CSF Leak, SPA Ligation, Pituitary Surgery – <i>Devyani Lal, M.D.</i>
9:45	Panel and Q&A – David J. Howard, FRCS, FRCSEd; Valerie Lund, CBE, MB, BS, FRCS, FRCSEd and Devyani Lal, M.D.
10:00	Break
10:30	Surgery for the Nasal Valve: What's New? - Brittany E. Howard, M.D.
11:00	Management of Eustachian Tube Dysfunction – Michael J. Marino, M.D.
11:30	The Inspire 12th Nerve Stimulator for OSA - Michael L. Hinni, M.D.
12:00 p.m.	Approach to Droopy Eyelids – Brittany E. Howard, M.D.
12:30	Lunch
1:30	Panel Discussion: Challenges in Facial Plastics and the Base of Skull David J. Howard, FRCS, FRCSEd; Valerie J. Lund, CBE, MB, BS, FRCS, FRCSEd; Michael L. Hinni, M.D.; Brittany E. Howard, M.D. and Michael J. Marino, M.D.
2:30	Adjourn

**Phone:** (480) 301-4580

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13400 East Shea Boulevard Scottsdale, Arizona 85259

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Email: mca.cme@mayo.edu

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SEDONA, ARIZONA
MARCH 20–23, 2019

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