Enhanced Recovery after Surgery (ERAS)

Friday, February 22, 2019

7:00 a.m.  Registration and Breakfast with Exhibitors

7:50 a.m.  Welcome Announcements  
Tonia Young-Fadok, MD, MS

INTRODUCTION - WELCOME AND THEMES  
8:00 a.m.  The Founding of the ERAS Society  
Olle Ljungqvist, MD, PhD

8:15 a.m.  The Pillars of ERAS  
Tonia Young-Fadok, MD, MS

GETTING STARTED  
8:30 a.m.  Why Do ERAS: A Surgeon’s Perspective  
Olle Ljungqvist, M.D., Ph.D.

8:46 a.m.  Why Do ERAS: An Administrator’s Perspective  
Dionisios Vrochides, M.D., Ph.D.

9:02 a.m.  Putting Your Team Together  
Kevin Elias, M.D.

9:18 a.m.  Translating Guidelines Into Protocols  
Michael J. Scott, M.D.

9:34 a.m.  Restricted vs. Balanced Fluids  
Michael J. Scott, M.D.

9:54 a.m.  Audit - Measuring and Reporting Outcomes  
Olle Ljungqvist, M.D.

10:10 a.m.  Panel: I’m Convinced, What Do I Do Next?  
Session Faculty

10:35 a.m.  Break with Exhibitors

ANESTHESIA  
11:05 a.m.  Post-operative Nausea and Vomiting: Can we ERASe PONV in ERAS?  
Monica W. Harbell M.D.

11:25 a.m.  Advanced Fluid Monitoring  
Ryan C. Craner, M.D.

11:45 a.m.  Reversal of Neuromuscular Blockage  
Adam K. Jacob, M.D.

12:05 p.m.  Panel: What Do I Do When I Get Home? - Session Faculty
Friday, February 22, 2019 (continued)

12:30 p.m. Lunch with Exhibitors

NURSING AND ALLIED HEALTH
1:15 p.m. Pre-Operative Optimization
John H. Demenkoff, M.D.

1:31 p.m. Post-Op: Improving Communication and Education
Esosa J. Nwambuonwo, R.N.

1:47 p.m. The Black Box of PACU
Joann L. Anderson, M.S.N., R.N., C.P.A.N.

2:03 p.m. Does ERAS Decrease or Increase the Work of the Floor Nurse?
Esosa J. Nwambuonwo, R.N.

2:19 p.m. Pain, Pain, Go-Away: Low-Dose IV Ketamine on Medical-Surgical Units
for Post-Op Pain Management for Individuals with Chronic Pain &
Opioid Use
Nicole A. LaTulippe, R.N.

2:35 p.m. Panel: What Do I Do When I Get Home To Improve Communication?
Session Faculty

3:00 p.m. Break with Exhibitors

SURGERY
3:30 p.m. Nothing Will Improve Until You Do: The Role of Surgeons as Champions
in ERAS Protocols
Dionisios Vrochides, M.D., Ph.D.

3:46 p.m. Bowel Preps: Interpreting “Prep Du Jour” Data
David A. Etzioni, M.D.

4:02 p.m. Minimizing Post-Operative Ileus Needs Pre, Intra- and Post Op
Management
Nitin Mishra, M.B.B.S, M.D.

4:18 p.m. Pre-Op Education and Post-Op Order Sets: Minimizing Practice Variance
Megan N. Wasson, D.O.

4:34 p.m. Surgical Quality Outcomes: What Are We Aiming At?
David A. Etzioni, M.D.

4:50 p.m. Panel: How Do I Start ERAS and Improve My Practice?
Session Faculty

5:15 p.m. Adjourn
Saturday, February 23, 2019

7:00 a.m.  Breakfast with Exhibitors

7:50 a.m.  Welcome Announcements

ALL THE WAYS YOU CAN AVOID OPIOIDS
8:00 a.m.  The Opioid Epidemic
            Nicholas J. Elkins, D.O.

8:18 a.m.  Arizona Laws
            Eric Nelson, R.Ph.

8:36 a.m.  Infusions: Ketamine, Lidocaine, Magnesium, Etc.
            Lopa Misra, D.O.

8:54 a.m.  Epidurals and ERAS
            Ryan C. Craner, M.D.

9:12 a.m.  Spinals and ERAS
            Adam K. Jacob, M.D.

9:30 a.m.  Panel - Session Faculty

10:00 a.m.  Break with Exhibitors

10:30 a.m.  Lap TAP and Rectus Blocks
            John T. Kidwell, M.D.

10:45 a.m.  US Guided TAP and Rectus Blocks
            Tonia M. Young-Fadok, M.D., M.S.

11:00 a.m.  Quadratus Lumborum Block
            Veerandra Koyyalamudi, M.B.B.S.

11:15 a.m.  A New Block: Transversalis Fascia Block
            Tonia M. Young-Fadok, M.D., M.S.

11:30 a.m.  Non-Pharmacologic Pain-Relieving Therapies
            Joann L. Anderson, M.S.N., R.N., C.P.A.N.

11:45 a.m.  Evidence-Based Opioid Prescribing Guidelines
            Elizabeth B. Habermann, Ph.D.

Noon  Panel - Session Faculty

12:30 p.m.  Adjourn