

# NMOSD ENCOMPASSES A SPECTRUM OF PATIENTS<sup>1,2</sup>



## AQP4-IgG SEROPOSITIVE (~75%)

- Generally follows relapsing disease course<sup>3,4</sup>
- Often demonstrates co-existing autoimmunity<sup>5</sup>
- Motor symptoms, long spinal cord lesions, and a higher total spinal cord lesion load were more frequently observed relative to seronegative patients<sup>5</sup>
- Brain involvement may occur in AQP4-rich regions, eg, periependymal regions in the diencephalon and brainstem<sup>6,7</sup>



## AQP4-IgG SERONEGATIVE (~25%)

- More frequently monophasic<sup>5</sup>
- Fewer signs of co-existing autoimmunity<sup>5</sup>
- Bilateral ON and ON co-existing with myelitis were found to be more common at onset vs seropositive<sup>5</sup>
- Lower disability levels vs seropositive and fewer instances of severe disability<sup>8</sup>
- Brain involvement is uncommon, except in MOG-positive patients, in whom lesions can be more frequent and nonspecific<sup>9</sup>

A cell-based assay is strongly recommended for the detection of AQP4-IgG. The likelihood of a false-negative result, relative to the cell-based methodology, is greater with ELISA.<sup>4</sup>

ELISA=enzyme-linked immunosorbent assay; MOG=myelin oligodendrocyte glycoprotein; ON=optic neuritis.

**References:** 1. Wingerchuk DM, et al. *Lancet Neurol.* 2007;6:805-815. 2. Lennon V, et al. *Lancet.* 2004;364:2106-2112. 3. Kawachi I, et al. *J Neurol Neurosurg Psychiatry.* 2017;88:137-145. 4. Wingerchuk DM, et al. *Neurology.* 2015;85:177-189. 5. Jarius S, et al. *J Neuroinflammation.* 2012;9:14. 6. Takahashi T, et al. *Brain.* 2007;130:1235-1243. 7. Kim H, et al. *Neurology.* 2015;84(11):1165-1173. 8. Akman-Demir G, et al. *J Neurol.* 2011;258:464-470. 9. de Seze J. *Brain.* 2017;140:3069-3080.

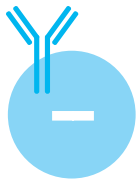
# WITH A POSITIVE TEST FOR AQP4-IgG, ONLY ONE CORE CLINICAL CHARACTERISTIC IS NEEDED TO ESTABLISH A DIAGNOSIS OF NMOSD

## NMOSD DIAGNOSTIC CRITERIA FOR ADULT PATIENTS



### AQP4-IgG+

1. At least 1 core clinical characteristic
2. Exclusion of alternative diagnoses



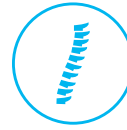
### AQP4-IgG(-) or Unknown/Unavailable

1. At least 2 core clinical characteristics meeting all of the following requirements:
  - a. At least 1 core clinical characteristic must be optic neuritis, acute myelitis with LETM, or area postrema syndrome
  - b. Dissemination in space (2 or more different core clinical characteristics)
  - c. Fulfillment of additional MRI requirements, as applicable
2. Exclusion of alternative diagnoses

## CORE CLINICAL CHARACTERISTICS



**Optic neuritis**



**Acute myelitis**



**Area postrema syndrome**



**Symptomatic cerebral syndrome with NMOSD-typical brain lesions**



**Symptomatic narcolepsy or acute diencephalic clinical syndrome**



**Acute brainstem syndrome**

LETM=longitudinally extensive transverse myelitis.

Reference: Wingerchuk DM, et al. *Neurology*. 2015;85:177-189.

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