



# NEW VIEW: TRANSFORMING PERCEPTIONS IN HEALTHCARE THROUGH THE HUMANITIES

MAYO CLINIC HUMANITIES IN MEDICINE SYMPOSIUM 2015

November 15, 2015

Mayo Clinic  
Jacksonville, Florida

November 16, 2015

The Cummer Museum  
of Art & Gardens

## Keynote Speakers



**Richard Blanco**  
*United States  
Inaugural Poet*



**Sue Austin**  
*Artistic Director  
& Co-Founder  
of Freewheeling*



**Hope McMath**  
*Director of the  
Cummer Museum  
of Art & Gardens*



REGISTER NOW

Registration and additional course information can be found on our NEW course website: [ce.mayo.edu/node/4346](http://ce.mayo.edu/node/4346)



## Course Description

The symposium focus is Transforming Perceptions in Healthcare through the Humanities in order to:

- Showcase innovative and unique arts in healthcare programs
- Explore vital themes, emerging research and innovation in the field

Presented in three tracks - the PRACTICE, RESEARCH, and EDUCATION of arts and humanities in healthcare - each examined through the lenses of DIVERSITY and INCLUSION that support our culturally diverse communities of patients, providers and caregivers.

The symposium is designed to engage artists and healthcare providers who have an interest in building or expanding arts in health care.

## Course Learning Objectives

Upon conclusion of this program, participants should be able to:

- Integrate aspects of artistic creativity into the healing sciences.
- Identify therapeutic benefits of the creative arts.
- Demonstrate tools to facilitate teaching of humanities in the health care curriculum.
- Interpret studies on the benefits of humanities.
- Connect the physical and metaphysical aspects of healing; vis-à-vis, yoga, mindfulness, guided imagery etc.
- Nurture and develop awareness of how assumptions and biases about people with disabilities influence the doctor-patient relationship

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Intended Audience

This course is intended for attendees from across the spectrum of arts in healthcare -- including arts and health practitioners, expressive art therapists, physicians, nurses, social workers, healthcare providers, artists, arts directors, arts institutions, veterans services, health and human service agencies, researchers, administrators, educators, students, family and professional caregivers -- will experience and contribute to dialogue, best practice and innovation that serve the field.

## Credit

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 10.5 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## AOA

This program has been accredited by the American Osteopathic Association for 10.5 credits of AOA Category 2-A.

## Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## Professorships and Galleries

Funding has been provided in part by the:

Irving S. Cooper Visiting Professorship

Robert D. and Isabelle T. Davis Gallery

John and Roma Rouse Program for  
Human Values in Medicine

Mayo Clinic Lyndra P. Daniel Center  
for Humanities in Medicine

## Registration

To register online, visit  
[ce.mayo.edu/node/4346](http://ce.mayo.edu/node/4346).

The registration fee includes tuition, syllabus (electronic), continental breakfasts, break refreshments, and lunches. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form.

## Registration Fee \$250

## Cancellation Policy

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD on or before November 1, 2015 to [cme-jax@mayo.edu](mailto:cme-jax@mayo.edu) or fax#: 904-956-3096). No refunds will be made after November 1, 2015. Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

**For additional information, contact:**  
Mayo School of Continuous  
Professional Development  
Website: [ce.mayo.edu](http://ce.mayo.edu)

E-mail: [cme-jax@mayo.edu](mailto:cme-jax@mayo.edu)

Phone: 800-462-9633

Fax: 904-956-3096

## Travel and Lodging Accommodations

Jacksonville International Airport (JAX) is located 45 minutes from Mayo Clinic. Taxis and rental cars are readily available at the airport. Travel and lodging arrangements are the sole responsibility of the individual registrant.

Transportation is highly recommended, as the campus is not within walking distance to dining locations.

Attendees are responsible for their own reservations.

DoubleTree by Hilton  
1201 Riverplace Blvd.  
Jacksonville, FL 32207  
904-398-8800

Located in Downtown Jacksonville

Hampton Inn Jacksonville Beach  
1515 1st Street N.  
Jacksonville Beach, FL 32250  
904-241-2311

Located 5.1 miles from the Mayo  
Clinic Campus

You may also wish to view  
[www.visitjacksonville.com](http://www.visitjacksonville.com) for  
additional accommodations as well as  
recreation and leisure activities.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

## Parking

### Mayo Clinic

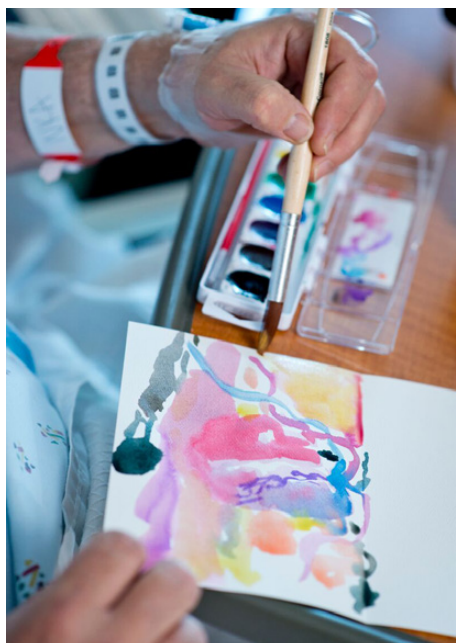
Parking is available in multiple lots near the Stabile North Building on W.M. Davis Parkway at no charge, as

well as in the Mayo patient/visitor ramp adjacent to the Davis Building. The cost for parking is not included in the registration fee.

### **The Cummer Museum of Art & Gardens**

The main entrance parking is located on Riverside Avenue, across the street from the Museum's main entrance. An additional parking lot is located at the corner of Riverside Avenue and Post Street, adjacent to the Museum's main entrance. Handicap parking is located in the north area of the main entrance parking lot. Visitor parking in both lots is free.

Please note: Transportation will be available, at no charge to attendees, from the Mayo Clinic campus to the Cummer Museum of Art & Gardens on Monday, November 16, 2015. Further details to follow in the Attendee Welcome Letter.



### **Mayo Clinic Faculty & Planning Committee Members**

*Tara J. Brigham, M.L.S.*  
*Ronald R. Butendieck, Jr., M.D.*  
*Renee E. Caswell, M.D.*  
*Katherine C. Kough*  
*Delaney W. La Rosa, R.N.*  
*Nell E. Robinson*  
*Paul D. Scanlon, M.D., THDCC*  
*Robert P. Shannon, M.D.*  
*Stephen D. Trigg, M.D.*  
*Kelly M. Wise, M.S.N., R.N.*  
*Chrysanthe (Chrys) M. Yates*

### **Faculty Disclosure**

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

### **National Physician Payment Transparency Program**

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).



## Program

### SUNDAY, NOVEMBER 15, 2015

- 7:30 a.m. Chair Yoga
- 8:00-8:30 a.m. Check in, Continental Breakfast
- 8:30-9:00 a.m. Welcome and Introduction
- 9:00-9:45 a.m. Humanities in Medicine at Mayo Clinic – Then and Now  
*Stephen Trigg, M.D.; Paul Scanlon, M.D.; Chrys Yates*
- State of the State of Arts in Medicine - A Field Report  
*Jill Sonke*
- 9:45-10:00 a.m. Break
- 10:00-11:00 a.m. Pecha Kucha Presentations:
- I Carry Your Heart In My Heart: Transforming Art Students and Patients through Visual Art in Medicine  
*Krista Lee*
- The Importance of Oral Histories in the Hospital  
*Barbara Esrig*
- Creating the Tempest  
*Trang Vu*
- Medical Improv  
*Johanna Rian, PhD*
- 11:00-11:15 a.m. Break
- 11:15-12:15 p.m. Keynote:
- The Poetics of Identity and Exile  
*Richard Blanco,*  
*United States Inaugural Poet*
- 12:15-12:30 p.m. Break
- 12:30-1:15 p.m. Lunch/Performance
- 1:15-1:30 p.m. Break
- 1:30-2:45 p.m. Walking Tour:  
Art Collection, Sculpture Garden, Simulation Center  
-OR-  
Workshop:  
Artists and Arts Therapists in Medical Settings: Transforming Care through Unique Roles and Innovative Collaborations  
*Amy Bucciarelli, Cathy DeWitt, Danielle Levine Porter*
- 2:45-3:00 p.m. Break
- 3:00-4:00 p.m. Presentations:
- Transforming Veteran’s Care Through Telehealth-Based Arts Therapy  
*Heather Spooner*
- Perceptions of Art Therapy from Mental Health Professionals: Creating a Critically Reflexive Practice for Art Therapists  
*Theresa Van Lith*
- The Five I’s of Entering the Room: A Concise, Step-by-Step Guide for Successful Musical Interventions at the Bedside with Diverse Patient Populations  
*Cathy DeWitt*
- OR-

Workshop:

Simulation Center Learning  
*Delaney La Rosa, Amy Lannen*

4:00-4:15 p.m. Break

4:15-5:15 p.m. Presentations:

Helping Children Cope with a Parent's Cancer Diagnosis  
Through Art  
*Jennifer Maggiore*

Music, Theatre & Dance in the Healthcare Environment:  
Education of Performing Artists in a Large University Health  
System  
*Carrie McClintock*

-OR-

Workshop:

Mindfulness  
*Bethany Crawley*

-OR-

Expanding Understanding of Healing and the Arts Through  
Innovative Courses: Medical Humanities and Clinical Practice &  
Culture, Health and the Arts in Sub-Saharan African  
*Nina Stoyan-Rosenzweig*

5:15-6:30 p.m. Reception, Music, Performance

*\*Poster presentations will be available during every break for attendees to view.*

**MONDAY, NOVEMBER 16, 2015**

*Cummer Museum*

7:30 a.m. Chair Yoga

7:45-8:15 a.m. Check in, Continental Breakfast

8:15-8:45 a.m. Welcome and Introduction

8:45-9:30 a.m. Keynote:  
Arts for All – Museum Programs for Individuals with  
Disabilities  
*Hope McMath, Director, Cummer Museum of Art & Gardens*

9:30-9:45 a.m. Break

9:45-10:45 a.m. Pecha Kucha Presentations:

The Arts and Health Messaging: Learning from the Ebola  
Outbreak in West Africa  
*Jill Sonke*

Out the Damn Window: The View from Inside a Cancer Hospital  
*Dylan Klemperner*

7 Dresses 4 Health  
*Marian Brown*

Contradictory Compassion: Pain and Punishment in Early First  
Aid Demonstrations  
*Calder Yates*

Surviving Tsunami Waves: An Exhibition of Resilience through  
Arts and Narrative  
*Yuko Taniguchi*

10:45-11:00 a.m. Break

11:00-12:00 a.m. Keynote:

A New Angle on Access  
*Sue Austin, Artistic Director, Freewheeling*

12:15-1:00 p.m. Break

12:15-1:15 p.m. Lunch/Performance

1:00-1:15 p.m. Break

1:15-2:45 p.m. Art Stops - 5 Experiential art stops throughout museum and gardens

-OR-

Workshop:

Integrating Clinical and Experiential Treatment for Movement-Restricted Individuals

*Judith Sachs*

2:45-3:00 p.m. Break

3:00-4:00 p.m. Presentations:

DRAWN TOGETHER: Art Studio for Aphasia Clients, Caregivers & Clinicians

The USF ARTS @ The Clinic Studio Model

*Dolores Coe*

Aphasia Poetry Project

*Kerry Tribe*

-OR-

Workshop:

The Art of Attending: Using Visual Thinking Strategies with Healthcare Students

*Megan Voeller*

4:00-4:15 p.m. Break

4:15-5:15 p.m. Presentations:

The Brush Stroke of Aesthetic Knowing in Palliative Care

*Lynn Borkenhagen*

Transforming Learning Among People with Dementia and Their Caregivers at The Studio Museum in Harlem and Other NYC Museums

*Carolyn Halpin-Healy*

-OR-

Workshop:

Integrating Clinical and Experiential Treatment for Movement-Restricted Individuals

*Judith Sachs*

-OR-

Workshop:

The Power of Poetry

*Steffani Hendricks Fletcher*

5:15-6:30 p.m. Closing Reception, Music, Performance

*Program schedule is subject to change without notice.*

*\*Poster presentations will be available during every break for attendees to view.*

**MAYO CLINIC**

4500 San Pablo Road  
Jacksonville, FL 32224  
mayoclinic.org



NON-PROFIT ORG.  
U.S. POSTAGE  
**PAID**  
MAYO CLINIC

# NEW VIEW: TRANSFORMING PERCEPTIONS IN HEALTHCARE THROUGH THE HUMANITIES

November 15    Mayo Clinic, Jacksonville, Florida

November 16    The Cummer Museum of Art & Gardens

## REGISTER NOW

Registration and additional course information can be  
found on our NEW course website: **[ce.mayo.edu/node/4346](http://ce.mayo.edu/node/4346)**