



Mayo School of Continuous Professional Development

Controversies in **Women's Health**

June 18-20, 2015

**Westin Chicago River North
Chicago, IL**

Course Directors

Darryl S. Chutka, M.D.

Douglas J. Creedon, M.D., Ph.D.

Stephanie S. Faubion, M.D.

Jani R. Jansen, M.D.

REGISTER ONLINE TODAY!

CE.MAYO.EDU (search: Women's Health 2015)

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo School of CPD before **June 4, 2015** (cme@mayo.edu or fax#: 507-284-0532). **No refunds will be made on or after June 4, 2015.** Canceled registrations are non-transferable.

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

LODGING ACCOMMODATIONS

Rooms have been reserved for course participants and their guests at the Westin Chicago River North, 320 North Dearborn, Chicago, Illinois. In order to receive the special rate, reservations must be made before the room block is filled or before the expiration date of May 18, 2015, whichever comes first. Reservations will be taken following this date based on space and rate availability. When making reservations, identify yourself as a participant of "Mayo Clinic's Controversies in Women's Health" course.

Westin Chicago River North

Telephone: 1-877-866-9216 or 312-744-1900

Standard single or double: \$269.00

Hotel room rates are subject to applicable state and local taxes in effect at the time of check-in. Check-in time is 3:00 p.m.; check-out is 12:00 noon.

Lodging arrangements and parking are the sole responsibility of the individual registrant.

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

FACULTY

Course Directors

Darryl S. Chutka, M.D.

Douglas J. Creedon, M.D., Ph.D.

Stephanie S. Faubion, M.D.

Jani R. Jansen, M.D.

Mayo Faculty

J. Michael Bostwick, M.D.

Alice J. Bruce, M.B., Ch.B.

Petra M. Casey, M.D.

Alice Y. Chang, M.D.

Nicole M. Cookson, P.T., D.P.T.

Stephanie L. Hansel, M.D., M.S.

Daniel L. Hurley, M.D.

Karthik Ghosh, M.D.

Kevin C. Fleming, M.D.

Aminah Jatoi, M.D.

Ekta Kapoor, M.B.B.S.

Andreas G. Kattah, M.D.

Juliana (Jewel) M. Kling, M.D., M.P.H.

Valerie Lamaine, M.D., M.P.H.

Margaret E. Long, M.D.

Robin M. Lloyd, M.D.

Kathy L. MacLaughlin, M.D.

Rekha Mankad, M.D.

Virginia M. Miller, Ph.D.

Denise M. Millstine, M.D.

Jordan E. Rullo, Ph.D., L.P.

Leslie A. Sim, Ph.D., L.P.

Richa Sood, M.D.

Jacqueline M. Thielen, M.D.

Kristen S. Vickers-Douglas, Ph.D., L.P.

Guest Faculty

Lisa Larkin, M.D.

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Clinic College of Medicine must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

COURSE DESCRIPTION

This course is designed to assist health care providers improve care of female patients based on emerging scientific and clinical evidence related to medical conditions that are unique to women, occur more frequently in women or present differently in women. The course will include presentations from key women's health specialty and subspecialty disciplines including obstetrics and gynecology, reproductive medicine, menopausal medicine, cardiology, endocrinology, internal medicine and preventive medicine. Learners will participate in didactic presentations, and panel discussions.

COURSE LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Define the sex-related factors that play a role when assessing cardiovascular disease risk in women.
- Describe the risks and benefits of using hormonal therapy for the management of menopausal symptoms.
- List several of the changes in sexual function that commonly occur at menopause.
- Discuss the current recommendations for cervical cancer screening.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

INTENDED AUDIENCE

The program is designed for physicians, nurse practitioners, physician assistants, and other health care professionals who are committed to advancing the quality of care for their female patients.

CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 15.75 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

DATE AND LOCATION

The Controversies in Women's Health will be held June 18-20, 2015. Course headquarters will be located in the Grand Ballroom, Lower Level of the Westin Chicago River North, 320 North Dearborn, Chicago, Illinois.

REGISTRATION

To register online, visit: ce.mayo.edu/cme, or complete the attached registration form and return by mail or fax. The registration fee includes tuition, comprehensive course syllabus (electronic), continental breakfasts, break refreshments, and lunch. Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

For additional information, contact:

Mayo School of Continuous Professional Development
Plummer 2-60
200 First Street SW
Rochester, MN 55905

Website: ce.mayo.edu

E-mail: cme@mayo.edu

Phone: 800-323-2688 or 507-284-2509

Fax: 507-284-0532

PROGRAM SCHEDULE

Thursday, June 18, 2015

6:45 a.m. **Continental Breakfast & Registration**

7:30 a.m. **Welcome & Introductions**

*Stephanie S. Faubion, M.D., Douglas J. Creedon, M.D., Ph.D.,
Darryl S. Chutka, M.D.*

Session 1: Gynecology

7:45 a.m. **Contraception in Perimenopause: Why, What and for How Long?**

Petra M. Casey, M.D.

8:15 a.m. **How to Get Pregnant**

Jani R. Jensen, M.D.

8:45 a.m. **Care of the Pregnant Woman: What the Primary Care Provider Needs to Know**

Jacqueline M. Thielen, M.D.

9:15 a.m. **Question & Answer Session**

9:30 a.m. **Cervical Cancer Screening in 2015: What, When and How Often?**

Kathy L. MacLaughlin, M.D.

10:00 a.m. **Follow up of the Gynecological Cancer Survivor**

Margaret E. Long, M.D.

10:30 a.m. **Question & Answer Session**

10:45 a.m. **Break**

Session 2: Hormone Therapy

11:00 a.m. **Menopausal Hormone Therapy 101**

Juliana (Jewel) M. Kling, M.D., M.P.H.

11:30 a.m. **Menopausal Symptom Management: Beyond The Basics**

Lisa Larkin, M.D.

12:00 p.m. **Hormone Therapy Panel**

Juliana (Jewel) M. Kling, M.D., M.P.H., Lisa Larkin, M.D.,

Jacqueline M. Thielen, M.D., Richa Sood, M.D.

12:30 p.m. **Lunch**

Session 3: Breast

1:30 p.m. **Breast Reconstruction – Indications, Options and Innovations**

Valerie Lemaine, M.D., M.P.H.

2:00 p.m. **Medications to Reduce Breast Cancer Risk: How to Advise Your Patients**

Karthik Ghosh, M.D.

2:30 p.m. **Question & Answer Session**

2:45 p.m. **Adjourn**

Friday, June 19, 2015

7:00 a.m. **Continental Breakfast**

7:40 a.m. **Welcome**

*Stephanie S. Faubion, M.D., Douglas J. Creedon, M.D., Ph.D.,
Darryl S. Chutka, M.D.*

Session 4: Psychology

7:45 a.m. **Eating Disorders in Women: When Life and the Scale Are Out of Balance**

Leslie A. Sim, Ph.D., L.P.

8:15 a.m. **"I'm Worried About My Worrying!": Effective Anxiety Treatments For Women**

Kristen S. Vickers-Douglas, Ph.D., L.P.

8:45 a.m. **The Top Ten Tips For Managing Behavior Problems in Dementia Patients– What Are We Going to Do About Grandma?**

Darryl S. Chutka, M.D.

9:15 a.m. **Question & Answer Session**

9:30 a.m. **Break**

PROGRAM SCHEDULE

Session 5: Cardiovascular Health

- 9:45 a.m. **Men May Be Created Equal, But We Are Not Men:
CV Risk Factors Unique To Women**
Rekha Mankad, M.D.
- 10:15 a.m. **Preeclampsia and Future CV Risk: What the Primary
Provider Needs to Know**
Andrea G. Kattah, M.D.
- 10:45 a.m. **Individualizing Menopausal Hormone Therapy: Lessons From KEEPS**
Virginia M. Miller, Ph.D.
- 11:15 a.m. **Menopause and Weight Gain: Can the Middle-Age Spread Be Stopped?**
Ekta Kapoor, M.B.B.S
- 11:45 a.m. **Question & Answer Session**
- 12:00 p.m. **Lunch**

Session 6: Endocrine

- 1:00 p.m. **Diagnosis and Management of Hirsutism: Pearls and Pitfalls**
Alice Y. Chang, M.D.
- 1:30 p.m. **Osteoporosis Treatment: Who, When and How to Monitor
A Drug Holiday**
Daniel L. Hurley, M.D.
- 2:00 p.m. **Question & Answer Session**

Session 7: Pain and Sleep

- 2:15 p.m. **Vulvodynia: A Multidisciplinary Approach to Management**
Richa Sood, M.D., Nicole Cookson, P.T., D.P.T, Jordan Rullo, Ph.D., L.P.
- 3:15 p.m. **Patients With Multiple Unexplained Symptoms:
Avoiding Patient and Provider Frustration**
Kevin C. Fleming, M.D.
- 3:45 p.m. **Exploring Gender Differences in Sleep Disorders**
Robin M. Lloyd, M.D.
- 4:15 p.m. **Question & Answer Session**
- 4:30 p.m. **Adjourn**

Saturday, June 20, 2015

- 7:00 a.m. **Continental Breakfast**
- 7:40 a.m. **Welcome**
*Stephanie S. Faubion, M.D.; Douglas J. Creedon, M.D., Ph.D.,
Darryl S. Chutka, M.D.*

Session 8: Sexuality and Gender

- 7:45 a.m. **Maintaining Sexuality in Menopause**
Stephanie S. Faubion, M.D.
- 8:15 a.m. **Good Vibrations**
Jordan Rullo, Ph.D., L.P.
- 8:45 a.m. **Sex, Gender, and Intersexuality in Sports and the Real World**
J. Michael Bostwick, M.D.
- 9:30 a.m. **Question & Answer Session**
- 9:45 a.m. **Break**

Session 9: Potpourri

- 10:00 a.m. **Integrative Medicine and Menopause: More Strategies for Health and
Well-Being**
Denise M. Millstine, M.D.
- 10:30 a.m. **Cosmetic Dermatology: Myth Busters!**
Alison J. Bruce, M.B., Ch.B.
- 11:00 a.m. **Probiotic Logic: Does it Really Make Sense to Ingest Bacteria?**
Stephanie L. Hansel, M.D., M.S.
- 11:30 a.m. **Question & Answer Session**
- 11:45 a.m. **Adjourn**

MAYO CLINIC
200 First Street SW
Rochester, MN 55905

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**If you already received a copy of this brochure,
please give this brochure to an interested colleague.**

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