



5th Annual Mayo Clinic

ENHANCED RECOVERY AFTER SURGERY (ERAS) 2020

MAYO CLINIC
FRANKE EDUCATION CENTER
PHOENIX, ARIZONA
FEBRUARY 28–29, 2020

CE-MAYO.EDU/ERAS2020

For more information:
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MAYO CLINIC

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Mayo Clinic School of Continuous Professional Development

5th Annual Mayo Clinic **ENHANCED RECOVERY AFTER SURGERY (ERAS) 2020**

ERAS® Society Center of Excellence



**11.50
AMA PRA
CATEGORY 1
CREDITS™**

**11.50
ANCC NURSING
CONTACT HOURS**

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COURSE HIGHLIGHTS

- Enhanced recovery starts with clearly defined preoperative preparation that involves the spectrum of health care team members, including the patient.
- Intraoperative approaches have the entire scope of the patient's care in mind including post-op recovery – multimodality pain control, pre-emption of nausea, and fluid management to minimize post-op ileus.
- Post-op order sets and team care optimize patient recovery, convey the experience of accumulated knowledge and minimize complications and hospital stay.
- The opioid epidemic is a major national health care crisis. The course has added a session that directly addresses how the team caring for the surgical patient can minimize post-operative pain and the need for opiate prescriptions.
- 3-hours of Opioid-related education are offered as part of the Pain Management CME.
- Mayo Clinic is now an "ERAS® Society Center of Excellence", completing an ERAS® implementation program and has qualified as a teaching center for the implementation program, and/or has made considerable contributions to the development of ERAS® for the ERAS® Society.

TARGET AUDIENCE

This course is designed for Physicians (surgeons of all specialties), Anesthesiologists, Nurses (pre-op, peri-op, PACU, post-op), Nurse Practitioners, Physician Assistants, Dietitians and Allied Health Professionals. Surgical specialties now include: Colorectal, Gynecology, HPB, Urology, ENT, Hernia, Thoracic and Surgical Oncology (Breast and HIPEC).

LEARNING OBJECTIVES

Upon completion of this activity, participants should be able to:

- **Surgeons:** Recognize the science and evidence supporting best practices in Enhanced Recovery to optimize their patient outcomes.* Reduce reliance on post-operative narcotics by using multi-modality pain management strategies
- **Anesthesiologists and CRNAs:** Describe how intraoperative interventions regarding fluids, PONV prophylaxis, pain management, etc., can continue to affect patient outcomes in the post-operative period.
- **Nurses:** Interpret the science and evidence behind ERAS protocol recommendations and improve ERAS protocol compliance.
- **Hospital Administrators:** Recognize their role in facilitating the logistics of bringing together multidisciplinary teams that will improve patient outcomes and reduce costs

COURSE DIRECTOR

Tonia M. Young-Fadok, MD, MS, FACS, FASCRS
Past-President ERAS® USA



COURSE CO-DIRECTORS

Ryan C. Craner, MD

Jacques A. Crosson, M.S.N., R.N., C.P.A.N.

REGISTRATION [CE.MAYO.EDU/ERAS2020](https://ce.mayo.edu/eras2020)

REGISTRATION FEES

	On or Before 12/1/2019	After 12/1/2019
Physicians/Scientists	\$400	\$475
Nurse Practitioner, Physician Assistant, Nurse, Fellow, Resident, Allied Health Professional, Retiree	\$350	\$425

MEETING LOCATION

Mayo Clinic Franke Education Center
5777 E. Mayo Blvd, Phoenix, AZ 85054

ACCOMMODATIONS

Residence Inn Phoenix Desert View at Mayo Clinic
5665 E. Mayo Blvd.
Phoenix AZ 85054
(480) 563-1500

Special room rates are available until the block is sold out or until January 27, 2020, whichever comes first. The discounted rate is \$249 plus tax. Please make your reservations early to ensure accommodations at the discounted rate. When calling the hotel, please be sure to indicate that you are a participant of the Mayo Clinic ERAS room block. Attendees are responsible for their own reservations.

PROGRAM AT-A-GLANCE

Please visit the course website for program details: [CE.MAYO.EDU/ERAS2020](https://ce.mayo.edu/eras2020)

In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science and [Insert name of other provider]. Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 11.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 11.50 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.