

**Depression and Bipolar Disorder on Stage:
Science of Healing and Stories of Hope
Mayo Clinic at the Guthrie
Thursday & Friday May 5/6, 2016**

Course Directors:

Mark A. Frye, M.D.
Professor and Chair
Department of Psychiatry & Psychology
Director, Mayo Clinic Depression Center

Guest Faculty:

Mary Pat Gleason
Actress/Playwright

Kay Redfield Jamison Ph.D.
Dalio Family Professor in Mood Disorders
Professor of Psychiatry at the Johns Hopkins University School of Medicine

Terrence A. Ketter M.D.
Professor of Psychiatry and Behavioral Sciences
Stanford University

Lisa J. Klein
Director/Writer/Producer

Mark A. Meier L.I.C.S.W., M.S.W.
Executive Director and Founder of Face It Foundation
Faculty Member University of Minnesota

Mayo Faculty:

Brian A. Palmer M.D., Assistant Professor of Psychiatry
Joanna M. Biernacka, Ph.D., Associate Professor of Biostatistics & Psychiatry
William V. Bobo, M.D., Associate Professor of Psychiatry
J. Michael Bostwick, Professor of Psychiatry
Paul Croarkin D.O. Assistant Professor of Psychiatry
Kristin Vickers Douglas Ph.D., Professor of Psychology

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Thursday, May 5, 2016

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| 11:00 AM- 12:00 PM | Registration |
| 12:00-12:10 | Mark Frye: Welcome |
| 12:10-12:40 | Suicide – The Data <i>Michael Bostwick, M.D.</i> |
| 12:40-1:40 | The S Word <i>Lisa J. Klein</i> |
| 1:40-2:10 | The S Word Discussion <i>Klein, Bostwick, & Palmer</i> |
| 2:10-2:25 | Break |
| 2:25-3:05 | Suicide from a Psychiatrist Standpoint <i>Michael Bostwick, M.D.</i> |
| 3:05-3:45 | Interventions for Acute Suicidality <i>Brian Palmer, M.D.</i> |
| 3:45-4:25 | Panel Discussion <i>Klein, Bostwick, & Palmer</i> |

Evening Break

*Tickets to Harvey available

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Friday, May 6, 2016

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| 7:00-8:00 AM | Continental Breakfast and Registration |
| 8:00-8:45 | Creativity and Mood Disorders <i>Kay Redfield Jamison</i> |
| 8:45-8:55 | Q & A |
| 8:55-9:20 | Mania Matters <i>Mark Frye, M.D.</i> |
| 9:20-9:45 | Downside of Bipolar Depression <i>Terrence Ketter, M.D.</i> |
| 9:45 -10:00 | Panel Discussion <i>Redfield Jamison, Frye, & Ketter</i> |
| 10:00-10:15 | Break |
| 10:15-10:45 | Women & Depression <i>Kristin Vickers Douglas, Ph.D. & William Bobo, M.D.</i> |
| 10:45- 11:15 | Men & Depression <i>Mark Meier, L.I.C.S.W., M.S.W. & Mark Frye, M.D.</i> |
| 11:15-11:45: | Panel Discussion <i>Vickers Douglas, Bobo, Meier, & Frye</i> |
| 11:45 AM-12:30 PM: | Lunch Break |
| 12:30-1:15 | Biomarkers in Mood Disorders <i>Joanna M. Biernakca, Ph.D.</i> |
| 1:15-1:45 | Adolescent Depression – What is it? <i>Paul Croarkin, M.D.</i> |
| 1:45 -2:15 | Individual Psychotherapy – When & Where <i>Kristin Vickers Douglas, Ph.D.</i> |
| 2:15- 2:35 | Panel Discussion <i>Croarkin, Vickers Douglas, & Biernakca</i> |
| 2:35-2:50 | Break |
| 2:50-4:05 | Dramatic Presentation – “Stopping Traffic” <i>Mary Pat Gleason</i> |
| 4:05-4:35 | Panel Discussion <i>Gleason, Frye, Palmer, & Vickers Douglas</i> |