

27th Annual Mayo Clinic Symposium on Sports Medicine

November 10-11, 2017

Program Schedule

Friday, November 10, 2017	
7:00 AM	Registration and Continental Breakfast
8:00 AM	Welcome and Introduction <i>Jacob L. Sellon, MD</i>
8:05 AM	Ankle and Foot Injuries in the Athlete <i>Edward R. Laskowski, MD</i>
8:25 AM	Pearls for High Ankle Sprain Rehab <i>Joe J. Eischen, PT, SCS, ATC</i>
8:45 AM	Questions & Discussion
8:55 AM	Common Pediatric Fractures in Sports Medicine <i>Todd A. Milbrandt, MD</i>
9:15 AM	Sports Medicine Controversies: Can This Athlete Participate? <i>David B. Soma, MD</i>
9:35 AM	Questions & Discussion
9:45 AM	Refreshment Break
10:00 AM	When Knee Pain is Not “Knee Pain” <i>Nancy M. Cummings, MD</i>
10:20 AM	When Hip Pain is Not “Hip (Joint) Pain” <i>Jacob L. Sellon, MD</i>
10:40 AM	Questions & Discussion
10:50 AM	What It Takes to Be a Champion <i>Michael J. Joyner, MD</i>
11:20 AM	Questions & Discussion
11:25 AM	Keynote Lecture The Female Athlete Triad: Recommendations for Screening, Evaluation, Management and Return to Play <i>Elizabeth M. Joy, MD</i>
12:10 PM	Questions & Discussion
12:25 PM	Announcements
12:30 PM	Lunch

Knee Mini-Symposium	
1:30 PM	Announcements & Introduction <i>Michael J. Stuart, MD</i>
Moderator: Michael J. Stuart, MD	
1:35 PM	Live Demo from Lab: Clinical Anatomy of the Knee <i>Wojciech Pawlina, MD and Christopher L. Camp, MD</i>
1:55 PM	Physical Examination of Knee Ligaments: What's Clinically Important? <i>Bruce A. Levy, MD</i>
2:10 PM	Patellofemoral Instability in the Athlete <i>Diane L. Dahm, MD</i>
2:25 PM	Imaging of the Knee <i>Mark S. Collins, MD</i>
2:45 PM	Questions & Discussion
Moderator: Aaron J. Krych, MD	
2:55 PM	Meniscus Root Tears: A Silent Epidemic <i>Michael J. Stuart, MD</i>
3:10 PM	Rationale for Second ACL Injury Prevention Program <i>Tim E. Hewett, PhD</i>
3:25 PM	Return to Sport after ACL Injury: An Evidenced-Based Approach <i>Jeffrey D. Strauss, PT, DPT, SCS, CSCS</i>
3:45 PM	Questions & Discussion
3:55 PM	Refreshment Break
Moderator: Jacob L. Sellon, MD	
4:25 PM	Live Demo from Lab: Ultrasound-Guided Knee Procedures <i>Jay Smith, MD</i>
4:55 PM	Live Demo from Lab: Knee Arthroscopy <i>Michael J. Stuart, MD, Christopher L. Camp, MD, and Aaron J. Krych, MD</i>
5:25 PM	Announcements
5:30 PM	Adjourn
6:00 PM	Sports Medicine Center Tour (DAHLC 3rd Floor)
6:30 PM	Attendee Reception (DAHLC 7 th Floor)

Saturday, November 11, 2017	
7:30 AM	Breakfast
8:00 AM	Announcements & Introduction
8:05 AM	Ski and Snowboard Injuries in our Winter Olympians <i>Jonathan T. Finnoff, DO</i>
8:25 AM	Updated Guidelines on Sideline Management of Cervical Spine Injuries <i>Chad A. Eickhoff, ATR., ATC and James C. Williams, Jr, ATR, ATC</i>
8:45 AM	Sideline Management of Ocular Trauma <i>Kristina M. Colbenson, MD</i>
9:05 AM	Questions & Discussion
9:20 AM	Blood Flow Restriction Training: Rehab Applications <i>Corey M. Kunzer, PT, DPT, SCS and Paul W. Yerhot, PT, DPT</i>
9:40 AM	Sports Analytics: What Teams Are Using to Prevent Injuries, Assess Risk and Improve Performance <i>Robby S. Sikka, MD</i>
10:00 AM	Questions & Discussion
10:10 AM	Refreshment Break
10:40 AM	Invited Guest Lecture Thoracic Outlet Syndrome: Exam and Rehab Pearls in the Overhead Athlete <i>Robert C. Manske, PT, DPT, MPT, MEd, SCS, ATC, CSCS</i>
11:10 AM	Questions & Discussion
11:20 AM	Keynote Lecture Movement Assessment and Transfer of Care to the Performance Team <i>Gray Cook, MSPT, OCS, CSCS, RKC</i>
12:05 PM	Questions & Discussion
12:15 PM	Closing Remarks and Adjourn

Sports Performance Clinic (Additional Fee Applies)

Saturday, November 11, 2017	
1:00 PM	Registration & Check-In
1:25 PM	Introduction & Announcements <i>Karl C. Erickson, BS, CSCS, PES, FMS-2</i>
1:30 PM	Functional Testing vs Capacity Testing: Bridging the Gap Between Clinical and Performance Environments <i>Gray Cook, MSPT, OCS, CSCS, RKC</i>
3:30 PM	Break
3:40 PM	Returning the Throwing Athlete <i>Daniel J. Christoffer, ATR, ATC</i>
4:25 PM	Questions & Discussion
4:35 PM	The Modified Athlete <i>Jennifer Noiles, BSc, BPHE, CSCS and Eric M. Crowley, ATC</i>
5:20 PM	Questions & Discussion
5:30 PM	Closing Remarks & Adjourn