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## Joint Exam Mastery for Primary Care – Online

### Activity Description

This is an online course recommended for primary care providers. The course combines Mayo Clinic Talks podcast interviews about common musculoskeletal injuries and their clinical presentations with video demonstrations of joint exams as performed by Mayo Clinic orthopedic specialists.

### Target Audience

This activity is appropriate for physicians, nurse practitioners, and physician assistants in the primary care setting.

### Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Describe the proper technique for examining the major joints causing symptoms as commonly seen in a primary care practice
- Describe when a primary care provider should refer patients with joint symptoms to an orthopedist or sports medicine specialist for evaluation
- Review the management of traumatic brain injuries in children

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

### Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

### Credit Statement(s)

#### AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 10.25 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### ANCC:

Mayo Clinic College of Medicine and Science designates this activity for a maximum of 10.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

#### AAPA:

Mayo Clinic College of Medicine and Science has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

### Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to

control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

**Listed below are individuals with control of the content of this program who have disclosed...**

**Relevant financial relationship(s) with industry:**

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**No relevant financial relationship(s) with industry:**

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**References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:**

None

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

**Disclaimer**

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

**Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

**Method of Participation**

Participation in this activity consists of reviewing the video content, completing the post-test, and evaluation.

**How to Obtain Credit**

To obtain credit, complete the post-test, evaluation and submit.

**Release and Expiration Dates**

Release Date: September 16, 2021  
Expiration Date: September 15, 2024

**Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

**Faculty and Course Director Listing and Credentials**

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## **Bibliographic Resources**

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5. Lynch JR, Schmale GA, Schaad DC, Leopold SS. Important demographic variables impact the musculoskeletal knowledge and confidence of academic primary care physicians. *J Bone Joint Surg Am.* 2006;88(7):1589-95. DOI: 10.2106/JBJS.E.01365

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