Joint Exam Mastery for Primary Care – Online

Activity Description
This is an online course recommended for primary care providers. The course combines Mayo Clinic Talks podcast interviews about common musculoskeletal injuries and their clinical presentations with video demonstrations of joint exams as performed by Mayo Clinic orthopedic specialists.

Target Audience
This activity is appropriate for physicians, nurse practitioners, and physician assistants in the primary care setting.

Learning Objectives
Upon conclusion of this activity, participants should be able to:

- Describe the proper technique for examining the major joints causing symptoms as commonly seen in a primary care practice
- Describe when a primary care provider should refer patients with joint symptoms to an orthopedist or sports medicine specialist for evaluation
- Review the management of traumatic brain injuries in children

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA
The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 10.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC:
Mayo Clinic College of Medicine and Science designates this activity for a maximum of 10.25 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

AAPA:
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Disclosure Summary
As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to
control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

**Listed below are individuals with control of the content of this program who have disclosed...**

**Relevant financial relationship(s) with industry:**

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<th>Company/Institution</th>
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**References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:**

None

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**Disclaimer**

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**Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

**Method of Participation**

Participation in this activity consists of reviewing the video content, completing the post-test, and evaluation.

**How to Obtain Credit**

To obtain credit, complete the post-test, evaluation and submit.

**Release and Expiration Dates**

- **Release Date:** September 16, 2021
- **Expiration Date:** September 15, 2024

**Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

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Bibliographic Resources

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