

Primary Care SEMN Rochester/Kasson Skills Days 2020 - Online

Activity Description

Primary Care Skills Days has been an ongoing CME activity targeting NP/PA education in Primary Care to train staff in special skills and topics specific to primary care. This course will expand knowledge and abilities for primary care providers to manage complex diseases and conditions common to primary care. Collaborations between primary care providers and specialty care providers will be taught. The recordings from the live course have been combined for an online activity.

Target Audience:

Mayo Clinic allied health professionals, Nurses, nurse practitioners, and physician assistants

Learning Objectives

Upon conclusion of this activity, participants should be able to:

1. Describe at least one general spine principle.
2. Identify potentially negative outcomes of picky eaters.
3. Specify how to assess for eating disorders during wellness examination.
4. Determine how to assist patients in managing stress during a pandemic.
5. Distinguish ways to assess cognition in the geriatric population.
6. Summarize the evaluation and management of common GI conditions seen in primary care.

Accreditation

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements(s)

AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 7 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

ANCC

Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 7 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Listed below are individuals with control of the content of this program who have disclosed...

Relevant financial relationship(s) with industry:

None

No relevant financial relationship(s) with industry:

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Dr. Angela Mattke
Dr. Keith Bengtson
Dr. Jocelyn Lebow
Dr. Christina Chen

References to off-label usage(s) of pharmaceuticals or instruments in their presentation:

None

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Mayo Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Biographic References

- Will, J.S., Bury, D.C., Miller, J.A. (2018). Mechanical low pain. American Family Physician, 98(7), 421-428.
- Wilkinson, J.M. Cozine, E.W., Loftus, C.G. (2019). Gas, bloating and belching: Approach to evaluation and management. American Family Physician, 99(5), 301-309.
- Stang, J. (2006). Improving the eating pattern of infants and toddlers. American Dietetic Association, 106(1), 57-59.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

How to Obtain Credit

To obtain credit, complete the post-test, evaluation and submit.

Method of Participation

Participation in this activity consists of reviewing the online content and completing the post-test (two attempts with a passing rate of 80%) and evaluation.

Release and Expiration Dates*

Release Date: January 28, 2021
Expiration Date: January 27, 2024

Acknowledgement of Commercial Support (required when applicable)

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

Jennifer A. Bold, APRN, C.N.P., D.N.P., Course Director
 Angela C. Mattke, M.D.
 Stephanie M. Braith, P.A.
 Jocelyn R. Lebow, Ph.D., L.P.
 Keith A. Bengtson, M.D.
 Craig N. Sawchuk, Ph.D., L.P.
 Ying Ying (Christina) Chen, M.D.
 Conor G. Loftus, M.D.
 Paul M. McKie, M.D.

Presentation	Speaker	Duration
Pediatric Pearls for the Primary Care Provider	<i>Angela Mattke, M.D.</i>	55:00
Pediatric Nutrition and Picky Eaters	<i>Stephanie Braith, P.A.</i>	44:17
Eating Disorders Updates	<i>Jocelyn Lebow, Ph.D.</i>	50:04
Tales from the Spine Clinic	<i>Keith Bengtson, M.D.</i>	49:13
When the New Normal is Not Normal: Managing Anxiety and Depression During a Pandemic	<i>Craig Sawchuk, Ph.D.</i>	50:38
Geriatric Cognitive and Functional Assessment for the Primary Care Provider	<i>Ying Ying (Christina) Chen, M.D.</i>	54:23
Interview the Expert: GI Cases and Conundrums	<i>Conor Loftus, M.D.</i>	49:25
Cardiology Pearls	<i>Paul McKie, M.D.</i>	56.02

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