

Updates for Internal Medicine and Family Medicine – Online

Activity Description

This online course is designed for Primary Care and Internal Medicine health care providers and will feature updates and management strategies on various diseases. A multidisciplinary faculty provide state-of-the-art updates in topics like cardiology, endocrinology, gastroenterology, neurology, pharmacology, and psychology.

Target Audience

This activity is appropriate for physicians, nurse practitioners, and physician assistants.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Recall the evidence and recommendations regarding PSA testing.
- Identify new diabetes treatments and technologies.
- Recall evidence regarding testosterone replacement for men and women.
- Identify thyroid nodule guidelines and follow-up.
- Evaluate current breast cancer treatments.
- Recall common dermatologic treatments and conditions.
- Identify correct antidepressants in different clinical scenarios.
- Recall current Women's Health evidence-based medicine.

Participation in this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement(s)

AMA

The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 15.00 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Summary

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Financial relationship(s):

Lucinda A. Harris, M.D.	Consultant	Shire, Synergy, Allergan, Ironwood, Salix
Komandoor Srivathsan, M.D.	Consultant Stake Holder	Abbott Vascular Cardioreal
Amaal J. Starling, M.D.	Consultant	Alder, Amgen, Eli Lilly & Company, eNeura
Richard Weinshilboum, M.D.	Stock Shareholder	Co-Founder and Shareholder in OneOme LLC, a pharmacogenomics decision support company.

No Financial relationship(s):

Larry R. Bergstrom, M.D.	Steven J. Lester, M.D.
Jesus (Jesse) D. Bracamonte, D.O.	Talha A. Malik, M.D., M.P.H.
Robert P. Bright, M.D.	James M. Parish, M.D.
Richard J. Caselli, M.D.	Barbara A. Pockaj, M.D.
Paru S. David, M.D.	David L. Swanson, M.D.
Krupa B. Doshi, M.D.	Bithika M. Thompson, M.D.
Denise M. Dupras, M.D., Ph.D.	Suneela Vegunta, M.D.
Amy E. Foxx-Orenstein, D.O.	Lewis J. Wesselius, M.D.
Brent P. Goodman, M.D.	Michael D. Whitaker, M.D.
Mitchell R. Humphreys, M.D.	Theresa Malin
Neeta Jain, M.D.	Emily Gammell
Mira T. Keddis, M.D.	Kelly Iverson
Juliana (Jewel) M. Kling, M.D., M.P.H.	Samantha Keefe
Doina Kulick, M.D.	Shauna Larson

Reference to off-label usage(s) of pharmaceuticals or instruments in their presentation:

Richard J. Caselli, M.D.	Antipsychotic drugs in the setting of dementia in general, no one specific agent.
Brent P. Goodman, M.D.	Midodrine, Fludrocortisone, Pyridostigmine, Droxidopa, Fexofenadine, Cromolyn
Lucinda A. Harris, M.D.	Use of Lovastatin to treat methangenic bacterial overgrowth.

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) and staff, please go here to [review disclosures](#).

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

How to Obtain Credit

To obtain credit, complete the post-test, evaluation and submit.

Method of Participation

Participation in this activity consists of reviewing the online videos and completing the post-test and evaluation.

Release and Expiration Dates*

Release Date: March 12, 2020

Expiration Date: March 11, 2022

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

Course Directors:

Carolyn C. Moats, M.D.

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David L. Swanson, M.D.

Bithika M. Thompson, M.D.

Suneela Vegunta, M.D.

Richard Weinshilboum, M.D.

Lewis J. Wesselius, M.D.

Michael D. Whitaker, M.D.

Program Schedule

Testosterone Replacement in Men & Women Who Should Use It?	Michael D. Whitaker, M.D.	0:24:59
Thyroid and Nodule Cases	Krupa B. Doshi, M.D.	0:25:32
Addressing Obesity in Primary Care Office	Doina Kulick, M.D.	1:07:41
Women's Health Update: Menopausal Hormone Therapy	Juliana (Jewel) M. Kling, M.D., M.P.H.	0:26:44
Women's Health Update: Female Sexual Health	Paru S. David, M.D.	0:39:32
Women's Health Update: Clinical Pearls	Suneela Vegunta, M.D.	0:32:32
Mild Cognitive Impairment	Richard J. Caselli, M.D.	0:37:44
Postural Orthostatic Tachycardia Syndrome (POTS)	Brent P. Goodman, M.D.	0:32:12
Five Headaches	Amaal J. Starling, M.D.	0:36:14
Integrative Medicine in Oncology	Larry R. Bergstrom, M.D.	0:26:51
PSA and Beyond: Making Sense of Prostate Cancer Bio markers	Mitchell R. Humphreys, M.D.	0:30:18
Breast Cancer Update	Barbara A. Pockaj, M.D.	0:32:43
Irritable Bowel Syndrome (IBS) and Evaluation of Diarrhea	Amy E. Foxx-Orenstein, D.O.	0:52:10
Boating and Small Intestinal Bacterial Overgrowth (SIBO)	Lucinda A. Harris, M.D.	0:34:44
Inflammatory Bowel Disease	Talha A. Malik, M.D., M.P.H.	0:31:44
The Right Anti-Depressant for the Right Person	Robert P. Bright, M.D.	0:24:26
Anxiety and Reducing the Use of Benzodiazepines	Neeta Jain, M.D.	0:31:58
Pharmacogenomics	Richard Weinshilboum, M.D.	0:30:32
Pharmacology	Denise M. Dupras, M.D., Ph.D.	0:29:24
Acute Renal Failure	Mira T. Keddis, M.D.	0:28:25
In-Home Testing for Apnea	James M. Parish, M.D.	0:30:22
Chronic Obstructive Pulmonary Disease (COPD) Update	Lewis J. Wesselius, M.D.	0:31:25
Evaluation and Management of Back Pain: An Osteopathic Approach	Jesus (Jesse) D. Bracamonte, D.O.	0:41:15
Dermatology Potpourri	David L. Swanson, M.D.	1:34:00
30 Multiple Choice Questions	30 seconds per Question	0:15:00
	Final Time:	15:03:59
	Final Credit:	15

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