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# Epilepsy and EEG in Clinical Practice Online

## Activity Description

This course is intended for neurologists, physicians in internal medicine, family practice and general practice physicians, pediatricians, physician assistants, nurses and allied health professionals involved in the care of patients with seizures and epilepsy.

## Target Audience

This course is intended for neurologists, physicians in internal medicine, family practice and general practice physicians, pediatricians, physician assistants, nurses and allied health professionals involved in the care of patients with seizures and epilepsy.

## Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Discuss common errors when treating children and young adults with recurrent spells
- Describe the challenges associated with the diagnosis and management of seizures in patients with and without epilepsy
- Recognize the gaps in treatment that exist for adults with recurrent attacks when medication fails to provide control
- Discuss the impact of misdiagnoses in the treatment of epilepsy
- Recognize common normal variations in EEG including the benign variants that may be misleading
- Identify when to use different techniques in recording and monitoring patients with seizures
- Recognize the impact of video-EEG monitoring in the diagnosis and treatment of patients with recurrent seizures and attacks that are resistant to medication
- Compare treatment strategies for refractory seizure disorders

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

## Credit Statement(s)

### AMA

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 14.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### ANCC

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 14.75 ANCC nursing contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity.

### Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

## Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

***Listed below are individuals with control of the content of this program who have disclosed...***

### ***Relevant financial relationship(s) with industry:***

Brian N. Lundstrom, M.D., Ph.D.	Consultant Grant/Research Support	Medtronic, Inc. and Philips, Inc. Principal investigator for the Medtronic Deep Brain Stimulation Therapy for Epilepsy Post-Approval Study (EPAS). Other: Inventor Intellectual property licensed to Cadence Neuroscience Inc., which is co-owned by Mayo Clinic. Waived contractual rights to royalties.
Anthony L. Ritaccio, M.D.	Consultant Other	Guger Technologies (unpaid member of advisory board) Licensing agreement Guger technologies Patent: Provisional Pat. Ser. No. 62/156,237, filed 2015
Joseph I. Sirven, M.D.	Grant/Research Support Other: Data Monitoring Safety Board	UCB Gore, Medtronic
William Tatum, D.O.	Consultant Grant/Research Support Honorarium Other: Stipend	Bioserentity Medtronics International League Against Epilepsy (Task Force) Grants: Esai, Mayo Clinic Industry support: Syneos, Xenon, LivaNova, Engage American Academy of Neurology American Clinical Neurophysiology Society Stipend, Elsevier, Editor-in-Chief Epilepsy Behavior Reports Royalties: Demos, Springer, Cambridge
Gregory A. Worrell, M.D., Ph.D.	Stock Shareholder (self-managed)	NeuroOnc, Inc.

### ***No relevant financial relationship(s) with industry:***

Karen E. Blackmon, Ph.D.	William D. Freeman, M.D.
Benjamin H. Brinkmann, Ph.D.	Alfonso S. Lopez Chiriboga, M.D.
Jeffrey W. Britton, M.D.	Erik H. Middlebrooks, M.D.
David B. Burkholder, M.D.	Kai J. Miller, M.D., Ph.D.
Gregory D. Cascino, M.D.	Katherine H. Noe, M.D., Ph.D.
Amy Z. Crepeau, M.D.	Raj D. Sheth, M.D.
Anteneh M. Feyissa, M.D.	Elson So, M.D.

Lily C. Wong-Kisiel, M.D.

**References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:**

Benjamin H. Brinkmann, Ph.D.	Medtronic UNEEG	Summit RC+S SubQ Subscalp Electrode
Jeffrey W. Britton, M.D.	Multiple	methylprednisolone (for autoimmune encephalitis) intravenous IgG (for autoimmune encephalitis) rituximab (for autoimmune encephalitis)
	Genentech	tocilizumab (for new onset refractory status epilepticus)
	Multiple	buccal lorazepam, diazepam, midazolam (treatment for acute repetitive seizures) intranasal midazolam via nasal nebulizer (treatment for acute repetitive seizures)
	Epilog	Epitel
	Biovotion	Everion
Kai J. Miller, M.D., Ph.D.	Dixi	SEEG Electrodes
Gregory A. Worrell, M.D., Ph.D.	Medtronic	Deep brain stimulation for epilepsy

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

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**Prerequisites for Participation**

There are no prerequisites needed prior to participating in this education activity.

**Method of Participation**

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

**How to Obtain Credit**

To obtain credit, complete the assessment, evaluation and submit.

**Release and Expiration Dates\***

Release Date: 2/5/2021  
Expiration Date: 2/5/2024

**Acknowledgement of Commercial Support**

No commercial support was received in the production of this activity.

**Faculty and Course Director Listing and Credentials**

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## Bibliographic Resources

Bibliographic resources are provided within the activity.

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