Activity Description
This program provides family practitioners, internists, general practitioners, advanced nurse practitioners, and physician assistants with current information on the care of the elderly, including clinical evaluation, management strategies and innovative practice models. This online CME activity is a recording from the 2018 and 2019 Geriatric Update for the Primary Care Provider CME courses.

Target Audience
This course is designed for primary care providers, internists, family physicians, advanced nurse practitioners, and physician assistants who provide care for elderly patients, including those living in the community, assisted living and nursing home settings.

Learning Objectives
Upon conclusion of this activity, participants should be able to:

• Develop a pragmatic approach towards clinical assessment of the older driver
• Review latest updates and management of chronic obstructive pulmonary disease (COPD) in the elderly
• Discuss cases and conundrums involving antibiotic stewardship in long-term care
• Recognize the importance of HIV screening in older adults

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement
In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statement

AMA
The Mayo Clinic College of Medicine and Science designates this enduring material for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AOA
This program has been accredited by the American Osteopathic Association for 6.25 credits of AOA Category 2-A.

AAFP
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Other Healthcare Professionals
A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.
Disclosure Summary*
As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Listed below are individuals with control of the content of this program who have disclosed...

Relevant financial relationship(s) with industry:
None

No relevant financial relationship(s) with industry:
Christina Chen, M.D.
Darryl S. Chutka, M.D.
Megan M. Dulohery Scrodin, M.D.
Stephanie L. Hansel, M.D., M.S.
Larisa J. Hill, M.D.
Aroonsiri (June) Howell, M.D., M.P.H.
Kurt A. Kennel, M.D.
Kyle McKenzie, M.D.
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Michael H. Silber, M.B., Ch.B.
Ayalew Tefferi, M.D.
Ericka E. Tung, M.D., M.P.H.
Brandon P. Verdoorn, M.D.
John M. Wilkinson, M.D.

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

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<th>Name</th>
<th>Manufacturer/Provider</th>
<th>Product/Device</th>
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<tr>
<td>Michael H. Silber, M.B., Ch.B.</td>
<td>Alpha-2-delta ligands and antidepressants for the treatment of insomnia</td>
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For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: https://ce.mayo.edu/content/disclosures.

Mayo Disclaimer
Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation
There are no prerequisites needed prior to participating in this education activity.

How to Obtain Credit
To obtain credit, complete the post-course assessment with 80% passing rate in 2 attempts.

Method of Participation
Participation in this activity consists of reviewing the recorded lectures and completing the post-assessment.
Acknowledgement of Commercial Support
No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials
Course Directors
Christina Chen, M.D.
Brandon P. Verdoorn, M.D.

Faculty
Darryl S. Chutka, M.D.
Megan M. Dulohery Scrodin, M.D.
Stephanie L. Hansel, M.D., M.S.
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Kyle M. McKenzie, M.D.
Michael H. Silber, M.B., Ch.B.
Ayalew Tefferi, M.D.
Ericka E. Tung, M.D., M.P.H.

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<th>Run Time (min:sec)</th>
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<td>36:10</td>
<td>Assessing the Older Driver</td>
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<td>Larisa J. Hill, M.D.</td>
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<td>Cases in Long Term Care: Antibiotic Stewardship</td>
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<td>Constipation Management in the Older Adult</td>
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<td>Stephanie L. Hansel, M.D., M.S.</td>
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<td>38:39</td>
<td>Evaluation and Management of Insomnia in the Older Adult</td>
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<td>Michael H. Silber, M.B., Ch.B.</td>
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<td>26:48</td>
<td>HIV in the Elderly</td>
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<td>39:36</td>
<td>Management of Common Geriatric Hematologic Conditions for the PCP</td>
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<td>Management of Osteoporosis in Frail Older Adults</td>
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<td>Managing Neuropsychiatric Symptoms in Dementia</td>
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<td>Managing Urinary Incontinence in the Older Adult</td>
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<td>Darryl S. Chutka, M.D.</td>
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<td>45:03</td>
<td>Updates in COPD Management in the Older Adult</td>
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