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Rochester, MN 55905



# UPDATES IN FAMILY MEDICINE

**DISNEY'S GRAND CALIFORNIAN HOTEL® & SPA**  
**ANAHEIM, CALIFORNIA**

**MARCH 12–14, 2020**

ABFM KNOWLEDGE SELF-ASSESSMENT: MARCH 11

[CE.MAYO.EDU/FAMILYMEDUPDATE2020](http://CE.MAYO.EDU/FAMILYMEDUPDATE2020)

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Mayo Clinic School of Continuous Professional Development



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Relevant education for the  
practicing primary care provider

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In collaboration with  **KAI SER PERMANENTE®**

## COURSE HIGHLIGHTS

- Up-to-date content focused on the needs of the primary care provider
- Exciting, quick-hitting format
- Access to content experts during dedicated Q&A panels, luncheon roundtable sessions and break times
- High-yield, clinical pearls presented with each talk
- Practical, cutting-edge information that can be applied immediately to your daily practice

## TARGET AUDIENCE

This course is designed for family physicians, general internists, physician assistants, nurse practitioners, and nurses in primary care and family medicine.

## LEARNING OBJECTIVES

- Apply an evidence-based treatment plan to patients with chronic insomnia
- Identify patients that may benefit from weight loss medications
- Describe interventions to improve quality of life for patients with fibromyalgia
- Review appropriate lifestyle interventions for patients with renal disease
- Describe the risks and benefits of common diets

## REGISTRATION [CE.MAYO.EDU/FAMILYMEDUPDATE2020](http://CE.MAYO.EDU/FAMILYMEDUPDATE2020)

**\$859 USD** Physicians/Scientists

**\$759 USD** Residents, Physician Assistants and Nurse Practitioners

**\$200 USD** Pre-Course ABFM Knowledge Self-Assessment (March 11)

## CANCELLATION POLICY

Please visit [ce.mayo.edu/cancellation](http://ce.mayo.edu/cancellation) for more information.

## LODGING ACCOMMODATIONS

**Disney's Grand Californian Hotel® & Spa**

**Single/Double:** \$299/night

1600 S. Disneyland Drive  
Anaheim, California 92802

**Online Reservations:** <https://mydisneygroup.com/gcmc20c>

**Phone Reservations:** (714) 520-5005, M-F from 8 am to 5 pm PST.

**Reserve your room before February 10, 2020**, in order to receive a discounted rate (limited number available). Please identify yourself as a participant of the Mayo Clinic Updates in Family Medicine course when making your reservation.

**Discounted Theme Park Tickets** are available for purchase beginning December 6. Details can be found on the conference website, Location tab.

## COURSE DIRECTORS

### Mayo Clinic

Nathan A. Jacobson, D.O.  
Mary Jo Kasten, M.D.

### Kaiser Permanente

Timothy A. Munzing, M.D.  
Sean T. Powell, M.D.

## CONFERENCE SCHEDULE

Wednesday, March 11	3 p.m. - 6 p.m. - ABFM KSA module (Additional fee to attend)
Thursday, March 12	8 a.m. - 3 p.m.
Friday, March 13	8 a.m. - 3 p.m.
Saturday, March 14	8 a.m. - 12:10 p.m.

## A FEW OF THE MANY CONFERENCE TOPICS

Concussion Management	Pharmacogenetics
Rashes You Get on Vacation	Stroke
Common Cutaneous Infections	Celiac Updates
Diabetes Mellitus 2 Medications	Substance Use Disorder
MSK Injections	Common Ankle and Foot Complaints
Bedside Procedures	Prescribing Medications for Obesity
Pulmonary Hypertension	Common Diets
Liver/Hepatitis	Nutrition and Chronic Renal Disease
Gait Disorders	Fibromyalgia
Allergy Shots	Insomnia

*Subject to change.*

## CREDIT



In support of improving patient care, this activity is planned and implemented by Mayo Clinic College of Medicine and Science and Southern California Permanente Medical Group. Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 17.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

General Session = 17.0 credits; ABFM KSA Module = 3.0 credits

### AAFP

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

### AOA

This program has been accredited by the American Osteopathic Association for 17.0 credits of AOA Category 2-A.

### Other Healthcare Professionals

A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.