



MAYO CLINIC SCHOOL OF CONTINUOUS PROFESSIONAL DEVELOPMENT

# PSYCHIATRY BOARD REVIEWS 2017

Prepare for your psychiatry board exams using the best learning techniques and interactive tools from Mayo Clinic experts



Featuring  
\*ABPN MOC  
credit

*\*please see inside  
brochure for details*

**MINNEAPOLIS, MINNESOTA**

**LOEWS MINNEAPOLIS HOTEL**

**JUNE 29-JULY 1, 2017**

**Course Directors:**

William V. Bobo, M.D., M.P.H. & Brian A. Palmer, M.D., M.P.H.

**REGISTER NOW! [ce.mayo.edu/pbr2017](http://ce.mayo.edu/pbr2017)**

## CONFERENCE DESCRIPTION

New in 2017, the Psychiatry Board Review course is unlike any other psychiatry board review course. It is aimed at graduating residents and psychiatrists who are re-certifying for their American Board of Psychiatry and Neurology (ABPN) boards – as well as psychiatrists looking to increase their overall fund of knowledge or participate in required self-assessment. Unlike question banks and online topic reviews, this course intentionally integrates self-assessments, focused lectures, and repeated quizzes – the most powerful tool for increasing knowledge. It applies the best in education science to the processes of mastering board content and draws on the considerable depth of Mayo Clinic faculty in both psychiatry and neurology.

## LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Articulate evidence-based treatment strategies for common and rare psychiatric illnesses.
- Identify areas of relative knowledge deficit relative to a peer group of psychiatrists.
- Use clinical reasoning and judgment to safely and effectively make clinical decisions based on best medical evidence.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## INTENDED AUDIENCE

Psychiatrists (including those who are graduating & recertifying) and psychiatry specific advanced practice providers.

## CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education

(ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity or a maximum of 27 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## ABPN Maintenance of Certification

The activity, Psychiatry Board Reviews, awards up to 27 Category 1 CME and 72 Self-Assessment credits (consisting of three exams; each exam awarding 24 SA credits). The approval period is for January 31, 2017 - December 31, 2019 (2017-2019).

## Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## GRANTS

Should this activity receive support in part by educational grants or in-kind materials, in accordance with ACCME standards appropriate acknowledgment will be given at the activity.

At the time of this printing, a complete listing of commercial supporters (financial or in-kind) was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

## DATE AND LOCATION

The Psychiatry Board Reviews 2017 will be held June 29-July 1, 2017. The course will be held at the Loews Minneapolis Hotel, 601 1st Avenue North, Minneapolis, Minnesota.

## REGISTRATION

Visit [ce.mayo.edu/pbr2017](http://ce.mayo.edu/pbr2017) to register online. The registration fee includes tuition, comprehensive electronic

course syllabus, continental breakfasts, break refreshments, and lunch. Although it is not Mayo Clinic School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A confirmation is provided upon receipt of payment.

Registration Fees:
Physicians/Scientists <b>\$825.00 USD</b>
Residents, Advanced Practice Providers <b>\$525.00 USD</b>
Printed Syllabus <b>\$90.00 USD</b>

For additional information, contact:  
Mayo Clinic School of Continuous Professional Development  
Plummer 2-60  
200 First Street SW  
Rochester, MN 55905  
Website: [ce.mayo.edu](http://ce.mayo.edu)  
E-mail: [cme@mayo.edu](mailto:cme@mayo.edu)  
Phone number: 800-323-2688 (U.S.) or 507-284-2509 (outside the U.S.)

CANCELLATION POLICY

If you cancel your participation in this course, your registration fee, less a \$75 administrative fee, will be refunded when written notification is received by Mayo Clinic School of CPD before June 15, 2017 ([cme@mayo.edu](mailto:cme@mayo.edu)). No refunds will be made on or after June 15, 2017). Canceled registrations are non-transferable.

Mayo Clinic School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo Clinic School of CPD must cancel or postpone this course, Mayo Clinic School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

TRAVEL

*Travel arrangements are the sole responsibility of the individual registrant.*

LODGING  
ACCOMMODATIONS

Loews Minneapolis Hotel  
601 1st Avenue North  
Minneapolis, Minnesota, 55403  
877-878-5670  
\$199 Standard Room

Guest rooms have been reserved for attendees and their guests with special course rates of \$199/night at the Loews Minneapolis Hotel. In order to receive this special rate, reservations must be made before the room block is filled or before the expiration date of June 5, 2017, whichever comes first. Reservations will be taken following this date based on space and rate availability. To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by calling 877-878-5670 (toll-free), or online: <https://www.loewshotels.com/minneapolis-hotel/mayo-clinic-2017-psychiatric-board-reviews>. Identify yourself as a participant of the Mayo Clinic Psychiatry Board Review course when making your reservation.

*Lodging arrangements are the sole responsibility of the individual registrant.*

Mayo Clinic School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.

FACULTY

**Course Directors:**  
*William V. Bobo, M.D., M.P.H.*  
*Brian A. Palmer, M.D., M.P.H.*

FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo Clinic School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific

rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in the course materials so those participants in the activity may formulate their own judgments regarding the presentation.

**NATIONAL PHYSICIAN  
PAYMENT TRANSPARENCY  
PROGRAM**

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

**PROGRAM SCHEDULE**

**THURSDAY, JUNE 29**

- 6:30 a.m. Registration and Breakfast
- 7:00 a.m. Welcome and Course Overview  
*William V. Bobo, M.D., M.P.H. and Brian A. Palmer, M.D., M.P.H.*
- 7:10 a.m. Orientation to Certification, Re-certification, MOC, and the Science of High-Yield Studying  
*Brian A. Palmer, M.D., M.P.H.*
- 7:30 a.m. Depression  
*William V. Bobo, M.D., M.P.H.*
- 8:00 a.m. Antidepressants I  
*William V. Bobo, M.D., M.P.H.*
- 8:30 a.m. Antidepressants II  
*William V. Bobo, M.D., M.P.H.*
- 9:00 a.m. High Yield Topics in Depression: Geriatric, Child, Medical, Types  
*William V. Bobo, M.D., M.P.H.*

- 9:30 a.m. Quick Quiz Followed by Questions and Answers
- 9:55 a.m. Refreshment Break**
- 10:15 a.m. Anxiety Disorders  
*Katherine M. Moore, M.D.*
- 10:45 a.m. Obsessive Compulsive Disorder  
*Katherine M. Moore, M.D.*
- 11:15 a.m. Benzodiazepines and Non-Benzodiazepine Anxiety Treatment  
*Katherine M. Moore, M.D.*
- 11:45 a.m. Quick Quiz Followed by Questions and Answers
- 12:00 p.m. Lunch**
- 1:15 p.m. Personality Disorders I  
*Brian A. Palmer, M.D., M.P.H.*
- 1:45 p.m. Personality Disorders II  
*Brian A. Palmer, M.D., M.P.H.*
- 2:15 p.m. Somatic Symptom Disorders  
*Jeffrey P. Staab, M.D.*
- 2:45 p.m. Trauma and Dissociative Disorders  
*Jeffrey P. Staab, M.D.*
- 3:15 p.m. Quick Quiz Followed by Questions and Answers
- 3:40 p.m. Refreshment Break**
- 4:00 p.m. Topics in Child Psychiatry I: Normal Development, Disruptive/Impulse/Conduct Disorders  
*Cosima C. Swintak, M.D.*
- 4:30 p.m. Topics in Child Psychiatry II: Neurodevelopmental and Genetic Disorders  
*Cosima C. Swintak, M.D.*
- 5:00 p.m. Topics in Child Psychiatry III: ADHD and Eating Disorders  
*Cosima C. Swintak, M.D.*
- 5:45 p.m. Quick Quiz Followed by Questions and Answers
- 6:00 p.m. Adjourn**

**FRIDAY, JUNE 30**

- 6:30 a.m. Registration and Breakfast
- 7:00 a.m. Announcements  
*William V. Bobo, M.D., M.P.H. and Brian A. Palmer, M.D., M.P.H.*
- 7:10 a.m. Neurology Part I  
*Jeremy K. Cutsforth-Gregory, M.D., Kelly D. Flemming, M.D., Ernest (Matt) M. Hoffman, D.O., Ph.D.*

SATURDAY, JULY 1

<b>9:30 a.m.</b>	<b>Refreshment Break</b>
9:45 a.m.	Neurology Part II <i>Jeremy K. Cutsforth-Gregory, M.D., Kelly D. Flemming, M.D., Ernest (Matt) M. Hoffman, D.O., Ph.D.</i>
10:50 a.m.	Quick Quiz Followed by Questions and Answers
11:05 a.m.	High Yield Psychotherapy: Dynamic Principles, PD Treatments, CBT, and Third-Wave Treatments <i>Brian A. Palmer, M.D., M.P.H.</i>
11:45 a.m.	Quick Quiz Followed by Questions and Answers
<b>12:00 p.m.</b>	<b>Lunch</b>
1:15 p.m.	High Yield Pharmacology Cases <i>Jonathan G. Leung, Pharm.D.</i>
1:45 p.m.	Bipolar <i>William V. Bobo, M.D., M.P.H.</i>
2:15 p.m.	Mood Stabilizers I <i>William V. Bobo, M.D., M.P.H.</i>
2:45 p.m.	Mood Stabilizers II <i>William V. Bobo, M.D., M.P.H.</i>
3:05 p.m.	Quick Quiz Followed by Questions and Answers
<b>3:20 p.m.</b>	<b>Refreshment Break</b>
3:40 p.m.	Psychosis I: Diagnosis, Etiology, Course, and Outcomes <i>Robert (Rob) J. Morgan, III, M.D., Ph.D.</i>
4:10 p.m.	Psychosis II: High Yield Neuro and Medical Aspects <i>Robert (Rob) J. Morgan, III, M.D., Ph.D.</i>
4:30 p.m.	Antipsychotics <i>Robert (Rob) J. Morgan, III, M.D., Ph.D.</i>
5:15 p.m.	Substance Use Disorders I <i>Bhanuprakash (Bhanu) Kolla, M.D.</i>
5:45 p.m.	Quick Quiz Followed by Questions and Answers
<b>6:00 p.m.</b>	<b>Adjourn</b>

6:30 a.m.	Registration and Breakfast
7:00 a.m.	Announcements <i>William V. Bobo, M.D., M.P.H. and Brian A. Palmer, M.D., M.P.H.</i>
7:10 a.m.	Neurology III <i>Jeremy K. Cutsforth-Gregory, M.D., Kelly D. Flemming, M.D., Ernest (Matt) M. Hoffman, D.O., Ph.D.</i>
9:10 a.m.	Quick Quiz Followed by Questions and Answers
<b>9:30 a.m.</b>	<b>Refreshment Break</b>
9:45 a.m.	Substance Use Disorders II <i>Bhanuprakash (Bhanu) Kolla, M.D.</i>
10:15 a.m.	Neurocognitive Disorders <i>Robert (Rob) J. Morgan, III M.D., Ph.D.</i>
10:35 a.m.	Delirium <i>Robert (Rob) J. Morgan, III M.D., Ph.D.</i>
11:05 a.m.	High Yield Geriatric Psychiatry <i>Janette Leal, M.D.</i>
11:40 a.m.	Quick Quiz Followed by Questions and Answers
<b>12:00 p.m.</b>	<b>Lunch</b>
1:15 p.m.	Psychiatric Epidemiology Review <i>William V. Bobo, M.D., M.P.H.</i>
1:45 p.m.	Paraphilic, Gender, and Sexual Disorders <i>Brian A. Palmer, M.D., M.P.H.</i>
2:45 p.m.	Sleep for the Boards I <i>Bhanuprakash (Bhanu) Kolla, M.D.</i>
3:10 p.m.	Sleep for the Boards II <i>Bhanuprakash (Bhanu) Kolla, M.D.</i>
3:40 p.m.	Quick Quiz Followed by Questions and Answers
<b>4:00 p.m.</b>	<b>Refreshment Break</b>
4:15 p.m.	Ethics, Public Policy <i>Brian A. Palmer, M.D., M.P.H.</i>
4:45 p.m.	Course Review <i>William V. Bobo, M.D., M.P.H. and Brian A. Palmer, M.D., M.P.H.</i>
<b>6:00 p.m.</b>	<b>Adjourn</b>

Program schedule is subject to change without notice.



**MAYO CLINIC**

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Rochester, MN 55905

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**Website:** [ce.mayo.edu](http://ce.mayo.edu)

**Email:** [cme@mayo.edu](mailto:cme@mayo.edu)

**Phone:** 800-323-2688

Additional information will be posted to the course website  
as soon as it is available. **[ce.mayo.edu/pbr2017](http://ce.mayo.edu/pbr2017)**

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