



Mayo Clinic School of Continuous Professional Development

MAYO CLINIC COMPREHENSIVE SHOULDER & ELBOW COURSE

Current Concepts and Controversies

13.5
AMA PRA
CATEGORY 1
CREDITS™

**WESTIN KIERLAND RESORT
SCOTTSDALE, ARIZONA
JANUARY 19–20, 2019**

COURSE HIGHLIGHTS

Join experts in Scottsdale, AZ to discuss the latest treatment options for shoulder and elbow arthroplasty, arthroscopy, fracture and reconstruction.

This course provides relevant information that can be applied to your daily practice, including:

- Best current practices in diagnosis, treatment, and new technology
- Optimizing surgical techniques
- Avoiding surgical complications for better outcomes

TARGET AUDIENCE

Orthopedic surgeons, nurses, physician assistants, and nurse practitioners.

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Describe the different surgical approaches for the treatment of rotator cuff pathology from partial thickness to massive rotator cuff tears
- Recognize treatment options for the treatment of shoulder arthritis from arthroscopy to arthroplasty
- Recognize treatment options for elbow fractures of the coronoid, radial head, olecranon, and distal humerus

COURSE DIRECTORS

Diane L. Dahm, M.D.
John W. Sperling, M.D.
Scott P. Steinmann, M.D.



ONLINE REGISTRATION

[CE.MAYO.EDU/SHOULDERELBOW2019](https://ce.mayo.edu/shoulderelbow2019)

\$725 USD Physicians/Scientists

\$625 USD Residents, Physician Assistants and Nurse Practitioners

CANCELLATION POLICY

Visit ce.mayo.edu/cancellation for more information.

LODGING ACCOMMODATIONS

Westin Kierland Resort – (800) 354-5892

Reserve your room before December 18, 2018 in order to receive a discounted rate (limited number available). Please identify yourself as a participant of the Mayo Clinic Shoulder Course when making your reservation.

\$325 USD +tax single/double

INVITED GUEST FACULTY

Mark S. Cohen, M.D.
Midwest Orthopedics at Rush
Chicago, Illinois

David Ring, M.D., Ph.D.
University of Texas Health
Austin, Texas

Leesa M. Galatz, M.D.
Mount Sinai Health System
New York, New York

Richard K. Ryu, M.D.
Ryu Hurvitz Orthopedic Clinic
Santa Barbara, California

MAYO CLINIC FACULTY

Jonathan D. Barlow, M.D.
Christopher L. Camp, M.D.
Robert H. Cofield, M.D.
Matthew M. Crowe, M.D.

Steven J. Hattrup, M.D.
Bernie F. Morrey, M.D.
Mark E. Morrey, M.D.
John T. Tokish, M.D.

CREDIT

Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 13.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM SCHEDULE

SATURDAY, JANUARY 19, 2019	
6:15 a.m.	Registration and Continental Breakfast
7:25 a.m.	Welcome <i>Scott P. Steinmann, M.D.</i>
Shoulder Instability - Moderator: <i>Diane L. Dahm, M.D.</i>	
7:30 a.m.	Keys to Master Arthroscopic Bankart Repair <i>Christopher L. Camp, M.D.</i>
7:40 a.m.	Discussion
7:50 a.m.	Management of Bone Loss in Instability Surgery <i>John M. Tokish, M.D.</i>
8:00 a.m.	Discussion
8:10 a.m.	Remplissage: Fact or Fiction? <i>Richard K. Ryu, M.D.</i>
8:20 a.m.	Discussion
8:30 a.m.	Posterior Shoulder Instability: Indications and Technique <i>Diane L. Dahm, M.D.</i>
8:40 a.m.	Discussion
8:50 a.m.	Shoulder Instability Case Presentations Moderator: <i>Diane L. Dahm, M.D.</i> Panel: <i>Richard K. Ryu, M.D., John M. Tokish, M.D., Christopher L. Camp, M.D.</i>
9:20 a.m.	Refreshment Break
Elbow - Moderator: <i>Mark S. Cohen, M.D.</i>	
9:30 a.m.	Examination of the Painful Elbow <i>Bernard F. Morrey, M.D.</i>
9:40 a.m.	Discussion
9:50 a.m.	Elbow Fracture Dislocations <i>David Ring, M.D., Ph.D.</i>
10:00 a.m.	Discussion

10:10 a.m.	Elbow Contracture Release <i>Mark S. Cohen, M.D.</i>
10:20 a.m.	Discussion
10:30 a.m.	Management of Tennis Elbow <i>David Ring, M.D., Ph.D.</i>
10:40 a.m.	Discussion
10:50 a.m.	MCL Reconstruction <i>Mark S. Cohen, M.D.</i>
11:00 a.m.	Discussion
11:10 a.m.	Distal Biceps Tears – Single vs. Two-Incision <i>Mark E. Morrey, M.D.</i>
11:20 a.m.	Discussion
11:30 a.m.	Case Presentations Moderator: <i>Scott P. Steinmann, M.D.</i> Panel: <i>Mark S. Cohen, M.D., Bernard F. Morrey, M.D., Mark E. Morrey, M.D., David Ring, M.D., Ph.D.</i>
12:35 p.m.	Lunch

Shoulder Rotator Cuff - Moderator: <i>Leesa M. Galatz, M.D.</i>	
1:30 p.m.	Technical Tips to Master Rotator Cuff Repair <i>Leesa M. Galatz, M.D.</i>
1:40 p.m.	Discussion
1:50 p.m.	State of the Art: Grafts and Patches in Rotator Cuff Surgery: Augmentation, Interposition and Superior Capsule Reconstruction <i>Richard K. Ryu, M.D.</i>
2:00 p.m.	Discussion
2:10 p.m.	Arthroscopic Management of Subscapularis Tears <i>John M. Tokish, M.D.</i>
2:20 p.m.	Discussion
2:30 p.m.	Biceps Death: Above, At or Below the Groove <i>Matthew M. Crowe, M.D.</i>
2:40 p.m.	Discussion
2:50 p.m.	Refreshment Break
Shoulder Arthroplasty - Moderator: <i>Robert H. Cofield, M.D.</i>	
3:05 p.m.	Safeguarding Against Rotator Cuff Failure in TSA <i>Robert H. Cofield, M.D.</i>
3:15 p.m.	Discussion
3:25 p.m.	Critical Steps for Glenoid Exposure <i>Steven J. Hattrup, M.D.</i>
3:35 p.m.	Discussion
3:45 p.m.	Managing B2/B3 Glenoids and Subluxation <i>Robert H. Cofield, M.D.</i>
3:55 p.m.	Discussion
4:05 p.m.	Reverse for Four Part Fracture: Key Technical Points <i>Jonathan D. Barlow, M.D.</i>
4:15 p.m.	Discussion
4:25 p.m.	Management of the Failed TSA <i>John W. Sperling, M.D.</i>
4:35 p.m.	Discussion
4:45 p.m.	Superior Approach for Reverse – What's so Superior? <i>Scott P. Steinmann, M.D.</i>
4:55 p.m.	Discussion
5:05 p.m.	How I Make the Decision Between Attempted Repair vs. Reverse Arthroplasty <i>Leesa M. Galatz, M.D.</i>

5:15 p.m.	Discussion
5:25 p.m.	Case Presentations <i>John W. Sperling, M.D.</i> Panel: <i>Robert H. Cofield, M.D., Steven J. Hattrup, M.D., Jonathan D. Barlow, M.D., Leesa M. Galatz, M.D.</i>
6:00 p.m.	Adjourn

SUNDAY, JANUARY 20, 2019	
6:15 a.m.	Registration and Continental Breakfast
Elbow Trauma and Reconstruction - Moderator: <i>David Ring, M.D., Ph.D.</i>	
7:00 a.m.	Radial Head Fracture <i>Mark E. Morrey, M.D.</i>
7:10 a.m.	Discussion
7:20 a.m.	Fixation of Coronoid Fracture <i>David Ring, M.D., Ph.D.</i>
7:30 a.m.	Discussion
7:40 a.m.	Distal Humerus Fracture <i>David Ring, M.D., Ph.D.</i>
7:50 a.m.	Discussion
8:00 a.m.	Lateral Elbow Instability <i>Christopher L. Camp, M.D.</i>
8:10 a.m.	Discussion
8:20 a.m.	Heterotopic Ossification About the Elbow <i>Mark S. Cohen, M.D.</i>
8:30 a.m.	Discussion
8:40 a.m.	Primary Elbow Arthroplasty in 2018: Problems and Solutions <i>Leesa M. Galatz, M.D.</i>
8:50 a.m.	Discussion
9:00 a.m.	Revision Total Elbow Arthroplasty <i>Bernard F. Morrey, M.D.</i>
9:10 a.m.	Discussion
9:20 a.m.	Break
Shoulder Controversies - Moderator: <i>John M. Tokish, M.D.</i>	
9:30 a.m.	Management of Proximal Humerus Fractures: State of the Art in 2019 <i>Jonathan D. Barlow, M.D.</i>
9:40 a.m.	Discussion
9:50 a.m.	Management of AC Joint Separations <i>John M. Tokish, M.D.</i>
10:00 a.m.	Discussion
10:10 a.m.	Open Versus Arthroscopic Latarjet: Does It Matter? <i>Richard K. Ryu, M.D.</i>
10:20 a.m.	Discussion
10:30 a.m.	Shoulder Case Presentations Moderator: <i>Steven J. Hattrup, M.D.</i> Panel: <i>Scott P. Steinmann, M.D., Jonathan D. Barlow, M.D., John M. Tokish, M.D., Richard K. Ryu, M.D.</i>
11:30 a.m.	Course Wrap Up and Closing Comments
11:45 a.m.	Adjourn



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