



Mayo Clinic School of Continuous Professional Development

# MAYO CLINIC COMPREHENSIVE SHOULDER & ELBOW COURSE

Current Concepts and Controversies

20.25

AMA PRA CATEGORY  
1 CREDITS™

ATTEND LIVE OR  
LIVESTREAM

**WESTIN KIERLAND RESORT  
SCOTTSDALE, ARIZONA  
FEBRUARY 17–19, 2022**

## TARGET AUDIENCE

This course is designed for orthopedic surgeons, physician assistants, and nurse practitioners.

## LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Describe cutting edge techniques in sports medicine surgery from treating the weekend warrior to the professional athlete
- Recognize treatment options for shoulder arthritis from arthroscopy to arthroplasty
- Describe management of frequent shoulder and elbow fractures

## COURSE DIRECTORS

John W. Sperling, M.D.

Scott P. Steinmann, M.D.



## ONLINE REGISTRATION

[CE.MAYO.EDU/SHOULDERELBOW2022](https://ce.mayo.edu/shoulderelbow2022)

## REGISTRATION FEES

Physicians/Scientists

**\$950**

Residents, Physician Assistants and Nurse Practitioners

**\$700**

## MEETING LOCATION & ACCOMMODATIONS

**Westin Kierland** / 6902 E. Greenway Parkway / Scottsdale, AZ 85254

Reserve your room before January 16, 2022 in order to receive a discounted rate (limited number available). Discounted room rates are available three-days before and three-days after the conference for those wishing to enjoy Scottsdale. Identify yourself as a participant of the Mayo Clinic Shoulder Course when making your reservation.

\$325 USD + tax single/double

## FACULTY

### Course Directors

John W. Sperling, M.D.  
*Mayo Clinic*

Scott P. Steinmann, M.D.  
*University of Tennessee  
Chattanooga, Tennessee*

### Mayo Clinic Faculty

Matthew B. Anastasi, M.D.  
Jonathan D. Barlow, M.D.  
Robert H. Cofield, M.D.  
Matthew M. Crowe, M.D.  
Steven J. Hattrup, M.D.  
Bernard F. Morrey, M.D.  
Mark E. Morrey, M.D.  
Shawn W. O'Driscoll, M.D., Ph.D.  
Kelechi R. Okoroha, M.D.  
Joaquin Sanchez-Sotelo, M.D., Ph.D.  
Bradley S. Schoch, M.D.  
John M. Tokish, M.D.

## **FACULTY** *continued*

### **Guest Faculty**

Joseph A. Abboud, M.D.  
*Thomas Jefferson University  
Philadelphia, Pennsylvania*

Julie E. Adams, M.D.  
*University of Tennessee  
Chattanooga, Tennessee*

April D. Armstrong, M.D.  
*Penn State Health  
Hershey, Pennsylvania*

Niloofar Dehghan, M.D.  
*The CORE Institute  
Phoenix, Arizona*

Jeffrey R. Dugas, M.D.  
*Andrews Sports Medicine & Orthopaedic Center  
Birmingham, Alabama*

Xavier A. Duralde, M.D.  
*Peachtree Orthopedics  
Atlanta, Georgia*

Michael McKee, M.D.  
*Banner - University Medical Center  
Phoenix, Arizona*

## **PROGRAM AT-A-GLANCE**

### **Thursday Morning**

- Current strategies for treatment of shoulder instability, frozen shoulder, rotator cuff tears, and biceps tendon pathology

### **Thursday Afternoon**

- Shoulder and elbow injuries in the overhead throwing athlete

### **Friday Morning**

- Key steps in 3D planning your shoulder arthroplasty cases
- High-impact video teaching of essential steps in anatomic and reverse arthroplasty

### **Friday Afternoon**

- Treatment options for the arthritic shoulder and elbow in active adults
- Complex and revision shoulder arthroplasty

### **Saturday Morning**

- Plate, IM nail, and shoulder arthroplasty, how to choose the best option for specific proximal humerus fractures
- AC joint injuries, state of the art treatment in 2022
- The difficult elbow fracture, essential steps for success

## **CREDIT**

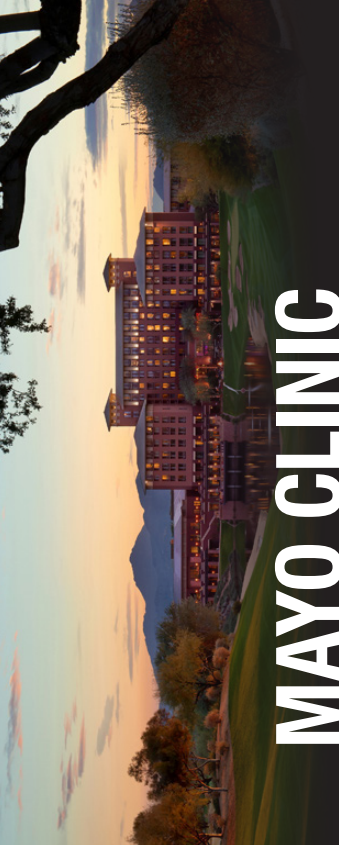


In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this other activity (live and livestream) for a maximum of 20.25 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### **AOA**

The American Osteopathic Association designates this program for a maximum of 20.25 AOA Category 2-A credits.



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Rochester, MN 55905

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