



Mayo Clinic School of Continuous Professional Development

MAYO CLINIC COMPREHENSIVE SHOULDER & ELBOW COURSE

Current Concepts and Controversies

12.5

AMA PRA CATEGORY
1 CREDITS™

12.5

AOA CATEGORY 2-A
CME CREDITS

**WESTIN KIERLAND RESORT
SCOTTSDALE, ARIZONA
JANUARY 25–26, 2020**

COURSE HIGHLIGHTS

Join experts in sunny Scottsdale, Arizona to discuss the latest treatment options for shoulder and elbow arthroplasty, arthroscopy, fracture and reconstruction.

This course provides relevant information that can be applied to your daily practice, including:

- Best current practices in diagnosis, treatment, and new technology
- Optimizing surgical techniques
- Avoiding surgical complications for better outcomes

TARGET AUDIENCE

Orthopedic surgeons, nurses, physician assistants, and nurse practitioners.

LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Describe the different surgical approaches for the treatment of rotator cuff pathology from partial thickness to massive rotator cuff tears
- Recognize treatment options for the treatment of shoulder arthritis from arthroscopy to arthroplasty
- Recognize treatment options for elbow fractures of the coronoid, radial head, olecranon, and distal humerus

COURSE DIRECTORS

Diane L. Dahm, M.D.

John W. Sperling, M.D.

Scott P. Steinmann, M.D.



ONLINE REGISTRATION

[CE.MAYO.EDU/SOULDERELBOW2020](https://ce.mayo.edu/shoulderelbow2020)

\$725 USD

Physicians/Scientists

\$625 USD

Residents, Physician Assistants and Nurse Practitioners

CANCELLATION POLICY

Visit ce.mayo.edu/cancellation for more information.

LODGING ACCOMMODATIONS

Westin Kierland Resort – (800) 354-5892

Reserve your room before December 18, 2019 in order to receive a discounted rate (limited number available). Discounted room rates are available three-days before the conference for those wishing to enjoy Scottsdale before the conference; discounted rooms are not available post-conference. Please identify yourself as a participant of the Mayo Clinic Shoulder Course when making your reservation.

\$325 USD +tax single/double

INVITED GUEST FACULTY

Mark E. Baratz, M.D.

UPMC - Bethel Park, Pennsylvania

Edward V. Craig, M.D., M.P.H.

Tria - Bloomington, Minnesota

John E. (Jed) Kuhn, M.D.

Vanderbilt Health - Nashville, Tennessee

Thomas W. Wright, M.D.

University of Florida Orthopaedics and

Sports Medicine Clinic - Gainesville, Florida

MAYO CLINIC FACULTY

Julie E. Adams, M.D.

Jonathan D. Barlow, M.D.

Christopher L. Camp, M.D.

Robert H. Cofield, M.D.

Matthew M. Crowe, M.D.

Steven J. Hattrup, M.D.

Bernard F. Morrey, M.D.

Mark E. Morrey, M.D.

Shawn W. O'Driscoll, M.D., Ph.D.

Kevin J. Renfree, M.D.

Bradley S. Schoch, M.D.

John M. Tokish, M.D.

CREDIT



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been accredited by the American Osteopathic Association for 12.5 AOA Category 2-A CME credits.

PROGRAM SCHEDULE

SATURDAY, JANUARY 25, 2020

6:15 a.m. Registration and Continental Breakfast

7:25 a.m. Welcome

Scott P. Steinmann, M.D.

Shoulder Instability

Moderator: John M. Tokish, M.D.

7:30 a.m. Keys to Master Arthroscopic Bankart Repair

Christopher L. Camp, M.D.

7:50 a.m. Management of Bone Loss in Instability Surgery

John M. Tokish, M.D.

8:10 a.m. Should We Operate After the First Dislocation?

John E. (Jed) Kuhn, M.D.

8:30 a.m. Management of AC Joint Separations

Bradley S. Schoch, M.D.

8:50 a.m. **Shoulder Instability Case Presentations**

Moderator: John M. Tokish, M.D.

Panel: John E. (Jed) Kuhn, M.D., Bradley S. Schoch, M.D.,

Christopher L. Camp, M.D.

9:20 a.m. Refreshment Break

Elbow

Moderator: Mark E. Baratz, M.D.

- 9:30 a.m. Examination of the Painful Elbow
Bernard F. Morrey, M.D.
- 9:50 a.m. Arthroscopic Management of Elbow Arthritis
Mark E. Baratz, M.D.
- 10:10 a.m. Navigating the TEA Mine Field
Thomas W. Wright, M.D.
- 10:30 a.m. Management of Tennis Elbow
Julie E. Adams, M.D.
- 10:50 a.m. MCL Reconstruction
Shawn W. O'Driscoll, M.D., Ph.D.
- 11:10 a.m. Distal Biceps Tears – Single vs. Two-Incision
Mark E. Morrey, M.D.
- 11:30 a.m. **Case Presentations**
Moderator: Scott P. Steinmann, M.D.
Panel: Mark E. Baratz, M.D., Bernard F. Morrey, M.D., Julie E. Adams, M.D., Mark E. Morrey, M.D., Shawn W. O'Driscoll, M.D., Ph.D., Thomas W. Wright, M.D.
- 12:35 p.m. Lunch

Shoulder Rotator Cuff

Moderator: John E. (Jed) Kuhn, M.D.

- 1:30 p.m. The Relationship Between Pain and Rotator Cuff Tears
John E. (Jed) Kuhn, M.D.
- 1:50 p.m. Evolution in Rotator Cuff Repair: Lessons Learned for Success
Edward V. Craig, M.D., M.P.H.
- 2:10 p.m. Arthroscopic Management of Subscapularis Tears
John M. Tokish, M.D.
- 2:30 p.m. Biceps Death: Above, At or Below the Groove
Matthew M. Crowe, M.D.
- 2:50 p.m. Refreshment Break

Elbow Trauma and Reconstruction

Moderator: Mark E. Morrey, M.D.

- 3:05 p.m. Radial Head Fracture
Mark E. Morrey, M.D.
- 3:25 p.m. Fixation of Coronoid Fracture
Kevin J. Renfree, M.D.
- 3:45 p.m. Distal Humerus Fracture
Shawn W. O'Driscoll, M.D., Ph.D.
- 4:05 p.m. Lateral Elbow Instability
Christopher L. Camp, M.D.
- 4:25 p.m. Soft Tissue Coverage of the Elbow That You Can Do
Mark E. Baratz, M.D.
- 4:45 p.m. UCL Injuries in Kids
Mark E. Baratz, M.D.

- 5:05 p.m. Revision Total Elbow Arthroplasty
Bernard F. Morrey, M.D.
- 5:30 p.m. Adjourn

SUNDAY, JANUARY 26, 2020

- 6:15 a.m. Registration and Continental Breakfast

Shoulder Arthroplasty

Moderator: Edward V. Craig, M.D., M.P.H.

- 7:00 a.m. New Innovations in Shoulder Arthroplasty
Thomas W. Wright, M.D.
- 7:20 a.m. Critical Steps for Glenoid Exposure
Steven J. Hatstrup, M.D.
- 7:40 a.m. Total Shoulder Arthroplasty: Keys for Success
Edward V. Craig, M.D., M.P.H.
- 8:00 a.m. Biomechanics of RTSA
Thomas W. Wright, M.D.
- 8:20 a.m. Safeguarding Against Rotator Cuff Failure in TSA
Robert H. Cofield, M.D.
- 8:40 a.m. Reverse for Four Part Fracture: Key Technical Points
Jonathan D. Barlow, M.D.
- 9:00 a.m. Augmented Glenoids in TSA
Thomas W. Wright, M.D.
- 9:20 a.m. Break

Shoulder Controversies

Moderator: Diane L. Dahm, M.D.

- 9:30 a.m. Management of Proximal Humerus Fractures: State of the Art in 2019
Jonathan D. Barlow, M.D.
- 9:50 a.m. Posterior Shoulder Instability: Indications and Technique
Diane L. Dahm, M.D.
- 10:10 a.m. Approach to the Sternoclavicular Joint
John E. (Jed) Kuhn, M.D.
- 10:30 a.m. **Shoulder Case Presentations**
Moderator: Steven J. Hatstrup, M.D.
Panel: Jonathan D. Barlow, M.D., Diane L. Dahm, M.D., John E. (Jed) Kuhn, M.D., Thomas W. Wright, M.D.
- 11:10 a.m. Course Wrap Up and Closing Comments
- 11:15 a.m. Adjourn

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