

A wide-angle photograph of the Chicago skyline at night, with numerous skyscrapers illuminated and their lights reflecting on the water in the foreground. The sky is dark with some clouds.

# PSYCHIATRY CLINICAL REVIEWS 2017

Mayo Clinic School of Continuous Professional Development

18.75  
AMA PRA  
CATEGORY 1  
CREDITS™

**INTERCONTINENTAL CHICAGO  
MAGNIFICENT MILE  
CHICAGO, ILLINOIS  
OCTOBER 5-7, 2017**

## COURSE HIGHLIGHTS

- Provides clinically relevant updates for management of psychiatric problems across all care settings.
- Topics include mood disorders, anxiety disorders, psychotic disorders, child and adolescent psychiatric treatment, psychotherapy techniques and strategies, sleep disorders, and a neurology update.
- Enjoyable and fast-paced.

## TARGET AUDIENCE

This multidisciplinary course is intended for health care providers who see patients with psychiatric indications. Specialties include neurologists, psychiatrists, primary care physicians including internists and family care practitioners, allied health personnel including nurse practitioners, physician assistants and nurses.

## LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Analyze and apply treatment strategies for major depression and anxiety disorders
- Describe evidence based options for the treatment of bipolar disorder
- Describe strategies for management and treatment of psychotic disorders

## COURSE DIRECTORS

Brian A. Palmer, M.D., M.P.H. & Kristin S. Vickers Douglas, Ph.D., L.P.

## ONLINE REGISTRATION

[CE.MAYO.EDU/PSYCHCR2017](https://ce.mayo.edu/psychcr2017)

<b>\$800 USD</b>	Physicians/Scientists
<b>\$700 USD</b>	Residents, Fellows, PA's, Nurses, Allied Health and Retirees
<b>\$75 USD</b>	Psychiatry Clinical Reviews 2017: ABPN MOC Module

## CANCELLATION POLICY

Visit [ce.mayo.edu/cancellation](https://ce.mayo.edu/cancellation) for more information.

## LODGING ACCOMMODATIONS

### InterContinental Chicago Magnificent Mile

505 North Michigan Avenue  
800-628-2112 / 312-944-4100

Special room rates are available until the block is sold out or September 11, 2017, whichever comes first. To ensure accommodations at the discounted rate, please make your reservations directly with the hotel by September 11, 2017. Please indicate that you are a participant of the Mayo Clinic Psychiatry Clinical Reviews course when making your reservation.

## SAVE THE DATE

Psychiatry Clinical Reviews 2019 will be held February 26-March 1, 2019 at the Fairmont Orchid located on the Big Island of Hawaii.



PROGRAM SCHEDULE

Thursday, October 5, 2017

- 7:00 a.m.

Continental Breakfast and Registration
- 8:00 – 8:15

Introduction, Announcements, Schedule Review, Pre-test  
*Brian A. Palmer, M.D., M.P.H. and Kristin S. Vickers Douglas, Ph.D., L.P., ABPP*
- 8:15 – 8:45

Principles for the Treatment of Unipolar Depression  
*William V. Bobo, M.D., M.P.H.*
- 8:45 – 9:15

Management of Treatment Resistant Major Depressive Disorder  
*Richard C. Shelton, M.D., Charles B. Ireland Professor & Vice Chair for Research, The University of Alabama*
- 9:15 – 9:40

Augmentation Approaches and Pharmacogenomics  
*William V. Bobo, M.D., M.P.H.*
- 9:40 – 10:00

Questions and Answers  
*William V. Bobo, M.D., M.P.H. and Richard C. Shelton, M.D. (Moderator: Brian A. Palmer, M.D., M.P.H.)*
- 10:00 – 10:15

Coffee Break
- 10:15 – 10:45

Management of Bipolar I and Bipolar II Depression  
*Richard C. Shelton, M.D., Charles B. Ireland Professor & Vice Chair for Research, The University of Alabama*
- 10:45 – 11:10

Mindfulness-Based CBT  
*Kristin S. Vickers Douglas, Ph.D., L.P., ABPP*
- 11:10 – 11:40

Borderline Personality Disorder and Mood Disorders  
*Brian A. Palmer, M.D., M.P.H.*
- 11:40 – 12:00

Questions and Answers  
*Richard C. Shelton, M.D., Kristin S. Vickers Douglas, Ph.D., L.P., ABPP, and Brian A. Palmer, M.D., M.P.H. (Moderator: William V. Bobo, M.D., M.P.H.)*
- 12:00 – 1:15

Lunch (on your own)
- 1:15 – 2:45

Breakout I

Cases from the Depression Center	Motivational Interviewing	Mistakes (Opportunities) in the Treatment of Borderline Personality Disorder	Neurology for Psychiatrists	Case-Based Child Psychiatry Pearls for Generalists and General Psychiatrists: Part I
<i>William V. Bobo, M.D., M.P.H. &amp; Richard C. Shelton, M.D.</i>	<i>Kristin S. Vickers Douglas, Ph.D., L.P., ABPP</i>	<i>Brian A. Palmer, M.D., M.P.H.</i>	<i>Scott D. Eggers, M.D.</i>	<i>Alastair J. McKean, M.D. and Cosima C. Swintak, M.D.</i>

- 2:45 – 3:00

Coffee Break
- 3:00 – 4:30

Breakout II

Cases from the Depression Center	Motivational Interviewing	Mistakes (Opportunities) in the Treatment of Borderline Personality Disorder	Neurology for Psychiatrists	Case-Based Child Psychiatry Pearls for Generalists and General Psychiatrists: Part I
<i>William V. Bobo, M.D., M.P.H. &amp; Richard C. Shelton, M.D.</i>	<i>Kristin S. Vickers Douglas, Ph.D., L.P., ABPP</i>	<i>Brian A. Palmer, M.D., M.P.H.</i>	<i>Scott D. Eggers, M.D.</i>	<i>Alastair J. McKean, M.D. and Cosima C. Swintak, M.D.</i>

- 4:30 – 5:30 p.m.

Wine and Hors d'oeuvres Reception for Attendees and Faculty

Friday, October 6, 2017

7:00 a.m.	Continental Breakfast and Registration
8:00 – 8:45	Principles and Updates in Schizophrenia Treatment <i>Rona J. Hu, M.D., Clinical Associate Professor, Stanford University</i>
8:45 – 9:10	Everything You Need to Know about Clozapine <i>Jonathan G. Leung, Pharm.D., R.Ph.</i>
9:10 – 9:40	Sleep Disorder Pearls <i>Bhanuprakash Kolla, M.D.</i>
9:40 – 10:00	Questions and Answers <i>Rona J. Hu, M.D., Jonathan G. Leung, Pharm.D., R.Ph., and Bhanuprakash Kolla, M.D. (Moderator: Brian A. Palmer, M.D., M.P.H.)</i>
10:00 – 10:15	Coffee Break
10:15 – 10:45	Behavioral Disturbances in Dementia <i>Bruce Sutor, M.D.</i>
10:45 - 11:15	Nuances of Delirium <i>Robert J. Morgan, III, M.D., Ph.D.</i>
11:15 – 11:40	Cases and Pearls in Psychosis <i>Rona J. Hu, M.D., Clinical Associate Professor, Stanford University</i>
11:40 – 12:00	Questions and Answers <i>Bruce Sutor, M.D., Robert J. Morgan, III, M.D., Ph.D., and Rona J. Hu, M.D. (Moderator: Brian A. Palmer, M.D., M.P.H.)</i>
12:00 – 1:15	Lunch (on your own)
1:15 – 2:45	Breakout I

Perinatal Psychiatry: Beyond the Basics	Internal Medicine Pearls for Psychiatrists	Psychosis: Cases	Biological Treatment of Substance Use Disorders	Case-Based Child Psychiatry Pearls for Generalists and General Psychiatrists: Part I
<i>William V. Bobo, M.D., M.P.H.</i>	<i>Christopher M. Wittich, M.D. and Bruce Sutor, M.D.</i>	<i>Rona J. Hu, M.D., and Jonathan G. Leung, Pharm.D., R.Ph.</i>	<i>Bhanuprakash Kolla, M.D.</i>	<i>Alastair J. McKean, M.D. and Cosima C. Swintak, M.D.</i>

2:45 – 3:00	Coffee Break
3:00 – 4:30	Breakout II

Perinatal Psychiatry: Beyond the Basics	Internal Medicine Pearls for Psychiatrists	Psychosis: Cases	Biological Treatment of Substance Use Disorders	Case-Based Child Psychiatry Pearls for Generalists and General Psychiatrists: Part I
<i>William V. Bobo, M.D., M.P.H.</i>	<i>Christopher M. Wittich, M.D. and Bruce Sutor, M.D.</i>	<i>Rona J. Hu, M.D., and Jonathan G. Leung, Pharm.D., R.Ph.</i>	<i>Bhanuprakash Kolla, M.D.</i>	<i>Alastair J. McKean, M.D. and Cosima C. Swintak, M.D.</i>

4:30 p.m.	Adjourn
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**Saturday, October 7, 2017**

7:00 a.m.	Continental Breakfast and Registration
8:00 – 8:35	The Most Important Psychiatry Papers in the Past Year <i>Robert J. Morgan, III, M.D., Ph.D.</i>
8:35 – 9:05	High Yield Drug Interactions and Pharmacogenomic Pearls <i>Jonathan G. Leung, Pharm.D., R.Ph.</i>
9:05 – 9:40	Pathways of Inpatient Psychiatric Care <i>Brian A. Palmer M.D., M.P.H.</i>
9:40 – 10:00	Questions and Answers <i>Robert J. Morgan, III, M.D., Ph.D., Jonathan G. Leung, Pharm.D., R.Ph., and Brian A. Palmer M.D., M.P.H. (Moderator: Kristin S. Vickers Douglas, Ph.D., L.P., ABPP)</i>
10:00 – 10:15	Coffee Break
10:15 – 10:50	Principles of Psychiatric Case Formulation <i>J. Michael Bostwick, M.D.</i>
10:50 – 11:25	Clinical Pearls in Women’s Mental Healthcare <i>Katherine M. Moore, M.D.</i>
11:25 – 11:40	Questions and Answers <i>J. Michael Bostwick, M.D. and Katherine M. Moore, M.D. (Moderator: Brian A. Palmer, M.D., M.P.H.)</i>
11:40 – 12:00	Course Post-Test and Evaluation <i>Brian A. Palmer, M.D., M.P.H.</i>
12:00 – 1:15	Lunch (on your own)
1:15 – 2:45	Breakout I

The Role of Narrative and Brief Intervention for Suicidal Patients	Cases in Anxiety Disorders	Sleep Disorders: Beyond the Basics
<i>J. Michael Bostwick, M.D. and Brian A. Palmer, M.D., M.P.H.</i>	<i>Katherine M. Moore, M.D. and Kristin S. Vickers Douglas, Ph.D., L.P., ABPP</i>	<i>Bhanuprakash Kolla, M.D.</i>

2:45 p.m.                  Adjourn

*Program schedule is subject to change.*

**CREDIT**

Mayo Clinic College of Medicine and Science is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 18.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**APA** The Department of Psychiatry and Psychology at Mayo Clinic, Rochester is approved by the American Psychological Association to sponsor continuing education credits for psychologists. The Department of Psychiatry and Psychology at Mayo Clinic, Rochester maintains responsibility for this program and its content.

**ABPN Maintenance of Certification** The American Board of Psychiatry and Neurology, Inc. has reviewed the Mayo Clinic Psychiatry Clinical Reviews 2016 self-assessment and has approved this program as part of a comprehensive Self-Assessment CME program, which is mandated by the ABMS as a necessary component of Maintenance of Certification.

2.0 Self-Assessment MOC credits

**AAFP** Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

**AOA** This program has been accredited by the American Osteopathic Association for **18.75** credits of AOA Category 2-A.

**Other Health Care Professionals** A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.







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