

A Systematic Approach to Medically Unexplained Symptoms 2021

Note: Times are listed in Pacific time

Wednesday, August 11, 2021

6:30 - 7:00 AM	Breakfast and Registration Livestream Begins: 6:45 am
7:00 - 7:15 AM	Introduction and Announcements Course Directors
7:15 - 8:00 AM	Central Sensitization: A Pathophysiological Review Chris Aakre, MD
8:00 - 8:45 AM	Fibromyalgia & Chronic Fatigue Syndrome Lasonya Natividad, ARNP, CNP, MSN
8:45 - 9:15 AM	Chronic Daily Headache Narayan Kissoon, MD
9:15 - 9:45 AM	Panel Q & A
9:45 - 10:15 AM	Break
10:15 - 10:45 AM	Chronic Dizziness Jeffrey Staab, MD
10:45 - 11:30 AM	Insomnia and Chronic Sleep Problems Mithri Junna, MD
11:30 AM - 12:15 PM	TMD, Orofacial Pain and Burning Mouth Syndrome Kevin I. Reid, DMD
12:15 - 12:45 PM	Chronic Paresthesia Sarah Berini, MD
12:45 - 1:15 PM	Panel Q & A
1:15 pm	Adjourn

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Thursday, August 12, 2021

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00 -7:05 AM	Introduction and Announcements Course Directors
7:05-7:50 AM	Evaluation of Thyroid Hormones: Myths, Truths, and In-Between Mabel Ryder, MD
7:50-8:35 AM	Approach to the Patient with "Adrenal Fatigue" Neena Natt, MD
8:35 – 8:40 AM	Stretch Break
8:40-9:25 AM	"My Hormones Are Off..." Richa Sood MD
9:25-9:55 AM	Panel Q & A
9:55-10:25 AM	Break
10:25-11:10 AM	Post-COVID Syndrome Ravindra Ganesh, MBBS, MD
11:10-11:40 AM	Chronic Pruritus Julio C. Sartori Valinotti, MD
11:40-11:45	Stretch Break
11:45 AM - 12:15 PM	When a Food Allergy is Not an Allergy Rohit D. Divekar, MBBS, PhD
12:15-12:45 PM	Mayo Clinic Approach to "Chronic Lyme" Hind Fadel, MD, PhD
12:45-1:15 PM	Panel Q & A
1:15 pm	Adjourn

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Friday, August 13, 2021

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00-7:05 AM	Introduction and announcements Course Directors
7:05-7:50 AM	Postural Tachycardia Syndrome Brent Goodman, MD
7:50-8:35 AM	Chronic Non-cardiac Chest Pain & Palpitations Michael Cullen, MD
8:35 – 8:40 AM	Stretch Break
8:40-9:10 AM	Evaluation and Management of Breast Pain Sandhya Pruthi, MD
9:10-9:40 AM	Panel Q & A
9:40-10:10 AM	Break
10:10-10:55 AM	Mental Health and Medically Unexplained Symptoms Mohit Chauhan, MBBS
10:55-11:40 AM	Cognitive Behavioral Therapy Kristin Vickers, PhD, LP
11:40 – 11:45 AM	Stretch Break
11:45 -12:45 PM	Stress Management & Resiliency Amit Sood, MD
12:45-1:15 PM	Panel Q & A
1:15 pm	Adjourn

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Saturday, August 14, 2021

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00-7:05 AM	Introduction and announcements Course Directors
7:05-7:50 AM	Unexplained Chronic Cough Vivek Iyer, MD
7:50-8:35 AM	Mayo Clinic Approach to Chronic Gastrointestinal Symptoms Amindra S. Arora, MBBChir
8:35 – 8:40 AM	Stretch Break
8:40-9:10 AM	A Pharmacists Approach to Medications in Medically Unexplained Symptoms Eric Matey, PharmD
9:10-9:40 AM	Panel Q & A
9:40-10:10 AM	Break
10:10-10:55 AM	Tips for Improving Communication with Your Patients Scott Litin, MD
10:55-11:25 AM	Effect of Culture Differences on Patient Communication Jane Njeru, MB ChB
11:25 – 11:30 AM	Stretch Break
11:30-12:00 PM	Importance of Patient Stories and Medically Unexplained Symptoms Larry Bergstrom, MD
12:00 -12:15 PM	Physician Well-Being: From Burnout to Thriving in Modern Medicine Colin West, MD, PhD
12:45 – 1:15 PM	Panel Q & A
1:15 pm	Adjourn