

A Systematic Approach to Medically Unexplained Symptoms 2021

Note: Times are listed in Pacific time

Wednesday, August 11, 2021

6:30 - 7:00 AM	Breakfast and Registration
7:00 - 7:10 AM	Introduction and Announcements
7:10 - 7:55 AM	Pathophysiological Review of Central Sensitization Chris Aakre, MD
7:55 – 8:05 AM	Q&A
8:05 - 8:50 AM	Uncovering the Mystery of Fibromyalgia & Chronic Fatigue Syndrome: A Work in Progress Lasonya Natividad, ARNP, CNP, MSN
8:50 – 9:00 AM	Q&A
9:00 - 9:30 AM	Chronic Daily Headache Narayan Kissoon, MD
9:30 – 9:40 AM	Q & A
9:40 - 10:10 AM	Break
10:10 - 10:40 AM	Dizziness Jeffrey Staab, MD
10:40-10:50 AM	Q & A
10:50 - 11:35 AM	Insomnia and Chronic Sleep Problems Mithri Junna, M.D.
11:35 – 11:45 AM	Q & A
11:45 AM - 12:30 PM	Orofacial Pain Kevin I. Reid, DMD

12:30 -12:40 PM	Q & A
12:40 PM - 1:10 PM	Chronic Paresthesia Sarah Berini, MD
1:10 – 1:15 PM	Q & A
1:15 pm	Adjourn

Note: Times are listed in Pacific time

Thursday, August 12, 2021

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00 -7:05 AM	Introduction and Announcements Course Directors
7:05-7:50 AM 7:50 – 8:00 AM	Unraveling the Myths in Thyroid Hormone Evaluation, Function and Treatment Mabel Ryder, MD Q & A
8:00-8:45 AM 8:45 – 8:55 AM	Approach to the Patient with "Adrenal Fatigue" Neena Natt, MD Q & A
8:55-9:40 AM 9:40 – 9:50 AM	"My Hormones Are Off..." Richa Sood MD Q & A
9:50-10:20 AM	Break
10:20-11:05 AM 11:05-11:15 AM	Post-COVID Syndrome Ravindra Ganesh, MBBS, MD Q & A
11:15-11:45 AM 11:45 – 11:55 AM	Chronic Pruritus Julio C. Sartori Valinotti, MD Q & A
11:55 AM -12:25 PM 12:25 – 12:35 PM	When a Food Allergy is Not an Allergy Rohit D. Divekar, MBBS, PhD Q & A
12:35 - 1:05 PM	Mayo Clinic Approach to "Chronic Lyme"

1:05 – 1:10 PM	Hind Fadel, MD, PhD Q & A
1:10 pm	Adjourn

Note: Times are listed in Pacific time

Friday, August 13, 2021

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00-7:05 AM	Introduction and announcements Course Directors
7:05-7:50 AM 7:50 – 8:00 AM	Postural Tachycardia Syndrome: Lessons From an Autonomic Clinic and Beyond Brent Goodman, MD Q & A
8:00-8:45 AM 8:45 – 8:55 AM	Chronic Non-cardiac Chest Pain & Palpitations Michael Cullen, MD Q & A
8:55 - 9:25 AM 9:25 – 9:35 AM	Evaluation and Management of Breast Pain Sandhya Pruthi, MD Q & A
9:35-10:05 AM	Break
10:05 - 10:50 AM 10:50 – 11:00 AM	Medically Unexplained Symptoms and Mental Health Mohit Chauhan, MBBS Q & A
11:00-11:45 AM 11:45 – 11:55 AM	Cognitive Behavioral Therapy Kristin Vickers, PhD, LP Q & A
11:55 AM -12:55 PM 12:55 – 1:05 PM	Stress Management & Resiliency Amit Sood, MD Q & A
1:05 pm	Adjourn

Note: Times are listed in Pacific time

Saturday, August 14, 2021

6:30 - 7:00 AM	Breakfast Livestream Begins: 6:45 am
7:00-7:05 AM	Introduction and announcements Course Directors
7:05-7:50 AM	Unexplained Chronic Cough Vivek Iyer, MD
7:50 – 8:00 AM	Q & A
8:00-8:45 AM	Mayo Clinic Approach to Chronic Gastrointestinal Symptoms Amindra S. Arora, MBBChir
8:45 – 8:55 AM	Q & A
8:55 - 9:25 AM	A Pharmacists Approach to Medications in Medically Unexplained Symptoms Eric Matey, PharmD
9:25 – 9:35 AM	Q & A
9:35-10:05 AM	Break
10:05-10:50 AM	Mastering Communication Skills with Our Patients Scott Litin, MD
10:50 – 11:00 AM	Q & A
11:00-11:30 AM	Effect of Culture Differences on Patient Communication Jane Njeru, MB ChB
11:30 – 11:35	Q & A
11:35 AM - 12:05 PM	Importance of Patient Stories and Medically Unexplained Symptoms Larry Bergstrom, MD
12:05 – 12:15 PM	Q & A

12:15 -1:00 PM	Physician Well-Being: From Burnout to Thriving in Modern Medicine Colin West, MD, PhD
1:00 – 1:10 PM	Q & A
1:10 pm	Adjourn