



## 4<sup>th</sup> Annual SKIN: Practical Dermatology for the Generalist Program Schedule




### PHARMACOLOGY CONTENT







Select presentations will contain pharmacology content as noted in the program. Identified presentations represent approximately 5.50 hours of pharmacology content.





Thursday, April 25, 2019	
7:00 a.m.	Breakfast
7:45 a.m.	Introductions and Pre-test
8:00 a.m.	Talk the Talk: Dermatology Lingo Dawn Marie R. Davis, M.D.
8:30 a.m.	Favorite dinner party questions: “What’s This Thing on My Skin?” Christopher J. Arpey, M.D.
8:45 a.m.	Clinical to Dermoscopic: Evaluation of Melanocytic Lesions Leila M. Tolaymat, M.D.
10:00 a.m.	Refreshment Break
10:15 a.m.	Clinical to Dermoscopic: Evaluation of Nonmelanocytic Lesions Leila M. Tolaymat, M.D.
11:00 a.m.	How to be BFFs with your Dermatopathologist Steven A. Nelson, M.D.
11:15 a.m.	Biopsies and Other Office Procedures Christopher J. Arpey, M.D.
11:40 a.m.	Panel Discussion Dawn Marie R. Davis, M.D., Christopher J. Arpey, M.D., Steven A. Nelson, M.D., Leila M. Tolaymat, M.D.
12:00 p.m.	Lunch
1:00 p.m.	Skin Cancer Treatment: Pitfalls Shari A. Ochoa, M.D.
1:20 p.m.	 A Warty Subject: A Practical Approach Catherine C. Newman, M.D. Objectives: <ul style="list-style-type: none"> <li>• How to diagnose?</li> <li>• When to treat?</li> <li>• How to treat?</li> <li>• Other Pearls Related to Management</li> </ul>
1:40 p.m.	Shedding Light on Sun Protection Steven A. Nelson, M.D.



2:00 p.m.	Is This a Drug Rash? Matthew R. Hall, M.D.
2:20 p.m. 	Actinic Keratoses - Pearls on Precancers Shari A. Ochoa, M.D. Objectives: <ul style="list-style-type: none"> <li>• Describe clinical features of actinic keratoses</li> <li>• Compare treatment options for actinic keratoses</li> <li>• Select appropriate treatment for patients with actinic keratoses</li> </ul>
2:45 p.m.	Panel Discussion Matthew R. Hall, M.D., Steven A. Nelson, M.D., Catherine C. Newman, M.D., Shari A. Ochoa, M.D.
3:05 p.m.	Day 1 Adjourn

Friday, April 26, 2019	
7:00 a.m.	Breakfast
8:00 a.m. 	What's Topical in Topicals Mark Denis P. Davis, M.D. Objectives: <ul style="list-style-type: none"> <li>• To remember names of 3 corticosteroid creams you can use in your practice: <ul style="list-style-type: none"> <li>○ Low potency - hydrocortisone</li> <li>○ Mid potency - triamcinolone</li> <li>○ High potency - Clobetasol/fluocinonide</li> </ul> </li> <li>• To know when to use other topical immunosuppressive medications <ul style="list-style-type: none"> <li>○ Tacrolimus</li> <li>○ Pimecrolimus</li> </ul> </li> <li>• To know what vehicles are suitable for different clinical situations</li> <li>• To know how much to prescribe</li> </ul>
8:20 a.m. 	What Do You Mean "Dermatitis"? Ashley B. Wentworth, M.D. Objectives: <ul style="list-style-type: none"> <li>• Definition/Classification</li> <li>• Focus on seborrheic dermatitis, stasis dermatitis, irritant contact dermatitis</li> <li>• Diagnostic pearls and pitfalls</li> <li>• Cases</li> </ul>
8:40 a.m.	Is Patch Testing Really Necessary? Empiric Allergen Avoidance Made Easy James A. Yiannias, M.D.
9:00 a.m. 	Papulosquamous Disorders: When It's Not Dermatitis Megha M. Tollefson, M.D. Objectives: <ul style="list-style-type: none"> <li>• To differentiate clinically between the different papuloquamous diseases</li> </ul>

	<ul style="list-style-type: none"> <li>• To understand the risk of non-skin comorbidities in psoriasis</li> <li>• To formulate an initial treatment plan for more common papulosquamous disorders</li> </ul>
9:20 a.m. 	Rashes You Get on Vacation Steven A. Nelson, M.D. Objectives: <ul style="list-style-type: none"> <li>• Describe typical diseases and common skin conditions in returned travelers</li> <li>• Refine key messages for diagnosis and treatment of travel and vacation associated skin conditions.</li> </ul>
9:40 a.m.	Panel Discussion Mark Denis P. Davis, M.D., Steven A. Nelson, M.D., Megha M. Tollefson, M.D., Ashley B. Wentworth, M.D., James A. Yiannias M.D.
10:00 a.m.	Refreshment Break
10:20 a.m. 	Acne Tips and Pearls Megha M. Tollefson, M.D. Objectives: <ul style="list-style-type: none"> <li>• To understand the pathogenesis behind acne</li> <li>• To describe the list of available treatments for acne</li> <li>• To develop treatment plans dependent on acne type and severity</li> </ul>
10:40 a.m.	Rashes That Kill Lisa A. Drage, M.D.
11:00 a.m.	Cases Gone Wrong and Other Scary Stuff Mark Denis P. Davis, M.D.
11:20 a.m.	Skin Clues to Internal Disease Lisa A. Drage, M.D.
11:40 a.m.	Panel Discussion Mark Denis P. Davis, M.D., Lisa A. Drage, M.D., Megha M. Tollefson, M.D.
12:00 p.m.	Lunch
1:00 p.m.	Unusual Symptoms with Nowhere to Go Mark Denis P. Davis, M.D.
1:20 p.m. 	Latest and Greatest in Atopic Dermatitis Dawn Marie R. Davis, M.D. Objectives: <ul style="list-style-type: none"> <li>• Review the newest suggested management of AD</li> <li>• Discuss practice gaps that still exist</li> <li>• Appreciate what is up-and-coming with eczema</li> </ul>
1:40 p.m. 	A Mouthful of Problems Mark Denis P. Davis, M.D. Objectives: <ul style="list-style-type: none"> <li>• Recognize normal variants</li> </ul>

	<ul style="list-style-type: none"> <li>• Recognize common benign lesions</li> <li>• Develop appropriate plans</li> </ul>
2:00 p.m.	Getting to Brass Tacks on Nails Ashley B. Wentworth, M.D.
2:20 p.m.	Common Rashes in Children Dawn Marie R. Davis, M.D.
2:40 p.m.	Panel Discussion Mark Denis P. Davis, M.D., Dawn Marie R. Davis, M.D., Ashley B. Wentworth, M.D.
3:05 p.m.	Day 2 Adjourn

Saturday, April 27, 2019	
7:00 a.m.	Breakfast
8:00 a.m. 	Help! My Hair is Falling Out Rochelle R. Torgerson, M.D., Ph.D. Objectives: <ul style="list-style-type: none"> <li>• Identify scarring vs non scarring hair loss</li> <li>• Diagnose and manage androgenetic alopecia</li> <li>• Diagnose and manage telogen effluvium</li> </ul>
8:25 a.m. 	Urticaria and Hives: What's the Buzz? Aaron R. Mangold, M.D. Objectives: <ul style="list-style-type: none"> <li>• Understand the drivers of urticaria</li> <li>• Properly use common drugs for urticaria</li> <li>• Discuss new therapeutics based upon the pathogenesis of urticaria</li> </ul>
8:50 a.m. 	What's Happening Down Below? Rochelle R. Torgerson, M.D., Ph.D. Objectives: Become familiar with the... <ul style="list-style-type: none"> <li>• History</li> <li>• Clinical features</li> <li>• First-line treatments               <ul style="list-style-type: none"> <li>○ ...of several common genital diseases</li> </ul> </li> </ul>
9:15 a.m. 	The Dreaded Facial Rash Julio C. Sartori Valinotti, M.D. Objectives: <ul style="list-style-type: none"> <li>• Summarize the most common facial rashes</li> <li>• Recognize key diagnostic features of facial rashes</li> <li>• Select best initial approach/treatment</li> </ul>
9:40 a.m.	Panel Discussion Aaron R. Mangold, M.D., Julio C. Sartori Valinotti, M.D., Rochelle R. Torgerson, M.D., Ph.D.

10:00 a.m.	Refreshment Break
10:20 a.m.	If it's wet – dry it; if it's dry, wet it: Moisturizers and Other OTC Treatments Julio C. Sartori Valinotti, M.D.
10:45 a.m. 	Fungus Among Us Catherine C. Newman, M.D. Objectives: <ul style="list-style-type: none"> <li>• Identify fungal infections of skin, hair, nails</li> <li>• Treat fungal infections of skin, hair, nails</li> <li>• Understand difference between Candida (yeast) and dermatophyte “ringworm”.</li> <li>• PLAN: quick review of organisms that cause superficial fungal infections of skin and then attempt to answer case scenarios</li> </ul>
11:10 a.m. 	The Itchy Patient Aaron R. Mangold, M.D. Objectives: <ul style="list-style-type: none"> <li>• Understand the underlying drivers of pruritus</li> <li>• Properly use common drugs for pruritus</li> <li>• Discuss new therapeutics based upon the pathogenesis of pruritus</li> </ul>
11:35 a.m.	Panel Discussion Aaron R. Mangold, M.D., Catherine C. Newman, M.D., Julio C. Sartori Valinotti, M.D.
12:05 p.m.	Course Wrap Up and Post-Test
12:20 p.m.	Course Adjourns