**5th Annual Comprehensive   
Sports Medicine Update and   
Board Review Course**

June 22-25, 2016

Program Schedule

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| **Wednesday, June 22, 2016** | |
| 7:00 AM | Registration and Continental Breakfast |
| 8:00 AM | Introduction  *Jonathan Finnoff, D.O.* |
| 8:10 AM | Role of the Team Physician  *Diane Dahm, M.D.* |
| 8:30 AM | Lumbar Spine Injuries and Conditions  Edward Laskowski, M.D. |
| 9:00 AM | Biomechanics  *Aaron Hellem, D.P.T.* |
| 9:20 AM | Pharmacology  *Jeff Tanji, M.D.* |
| 9:40 AM | Doping in Sports  *Jeff Tanji, M.D.* |
| 10:00 AM | Questions and Answers  *Edward Laskowski, M.D., Diane Dahm, M.D., Aaron Hellem, D.P.T.,*  *Jeff Tanji, M.D.* |
| 10:15 AM | Break |
| 10:30 AM | Principles of Musculoskeletal Rehabilitation  *Jacob Sellon, M.D.* |
| 10:50 AM | Cervical Spine Injuries and Conditions  Edward Laskowski, M.D. |
| 11:30 AM | Event Administration  *Jacob Sellon, M.D.* |
| 11:50 AM | Questions and Answers  *Jacob Sellon, M.D. & Edward Laskowski, M.D.* |
| 12:00 PM | Lunch |
| **Wednesday, June 22, 2016 – Continued** | |
| 1:00 PM | Pre-Participation Examination  *Jeff Tanji, M.D.* |
| 2:00 PM | Conditioning and Training Techniques  *Jonathan Finnoff, D.O.* |
| 2:20 PM | Exercise Screening, Testing and Prescription  *Jeff Tanji, M.D.* |
| 2:40 PM | Bone Injuries and Conditions  *Ellie Jelsing, M.D.* |
| 3:00 PM | Question and Answer  *Jonathan Finnoff, D.O., Jeff Tanji, M.D. & Ellie Jelsing, M.D.* |
| 3:15 PM | Break |
| 3:30 PM | Muscle and Tendon Injuries and Conditions  *Jacob Sellon, M.D.* |
| 3:50 PM | Cartilage and Joint Injuries and Conditions  *Ellie Jelsing, M.D.* |
| 4:10 PM | Nutrition  *Jill Merkel, M.S., R.D.* |
| 4:30 PM | Fractures and Dislocation Management  *Ellie Jelsing, M.D.* |
| 4:50 PM | Question and Answer  *Jacob Sellon, M.D., Ellie Jelsing, M.D., & Jill Merkel, M.S., R.D.* |
| 5:00 PM | Adjourn |
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| **Thursday, June 23, 2016** | |
| 7:00 AM | Registration and Continental Breakfast |
| 8:00 AM | Exercise Associated Collapse  *David Soma, M.D.* |
| 8:30 AM | Shoulder Injuries and Conditions  *Mederic Hall, M.D.* |
| 9:20 AM | Elbow and Forearm Injuries and Conditions  *David Soma, M.D.* |
| 10:00 AM | Question and Answer  *David Soma, M.D. & Mederic Hall, M.D.* |
| 10:10 AM | Break |
| 10:20 AM | Wrist and Hand Injuries and Conditions  *Mederic Hall, M.D.* |
| 11:05 AM | Pediatric Musculoskeletal Injuries and Conditions  *David Soma, M.D.* |
| 11:50 AM | Question and Answer  *Mederic Hall, M.D. & David Soma, M.D.* |
| 12:00 PM | Lunch |
| 1:00 PM | Pelvis, Hip and Thigh Injuries and Conditions  *Mederic Hall, M.D.* |
| 1:45 PM | Knee Injuries and Conditions  *Michael Stuart, M.D.* |
| 2:45 PM | Question and Answer  *Mederic Hall, M.D. & Michael Stuart, M.D.* |
| 3:00 PM | Break |
| 3:15 PM | Eye Injuries and Conditions  *Kristi Colbenson, M. D.* |
| 3:45 PM | Leg, Ankle, and Foot Injuries and Conditions  *Mederic Hall, M.D.* |
| 4:35 PM | Head, Ears, Nose and Throat Injuries and conditions  *Kristi Colbenson, M. D.* |
| 5:05 PM | Question and Answer  *Mederic Hall, M.D., & Kristi Colbenson, M. D.* |
| 5:15 PM | Adjourn |
| **Friday, June 24, 2016** | |
| 7:00 AM | Registration and Continental Breakfast |
| 7:30 AM | The Disabled Athlete  *Cara Prideaux, M.D.* |
| 8:00 AM | Sports Pulmonology  *Chad Asplund, M.D.* |
| 8:30 AM | Neurovascular Injuries of the Upper and Lower Extremities  *Cara Prideaux, M.D.* |
| 9:30 AM | Exercise Physiology  *Jonathan Finnoff, D.O.* |
| 10:00 AM | Question and Answer  *Cara Prideaux, M.D., Jonathan Finnoff, D.O., & Chad Asplund, M.D.* |
| 10:15 AM | Break |
| 10:30 AM | Sports Neurology  *Chad Asplund, M.D.* |
| 11:10 AM | Braces and Protective Equipment  *Jonathan Finnoff, D.O.* |
| 11:30 AM | Sports Medicine Procedures  *Jonathan Finnoff, D.O.* |
| 11:50 AM | Question and Answer  *Chad Asplund, M.D & Jonathan Finnoff, D.O.* |
| 12:00 PM | Lunch |
| 1:00 PM | Sports Cardiology  *Irfan Asif, M.D.* |
| 2:00 PM | Sports Dermatology  *Chad Asplund, M.D.* |
| 2:30 PM | Sports Gastroenterology  *Irfan Asif, M.D.* |
| 3:00 PM | Question and Answer  *Chad Asplund, M.D. & Irfan Asif, M.D.* |
| 3:15 PM | Break |
| 3:30 PM | Abdominal Injuries and Conditions  *Irfan Asif, M.D.* |
| 4:00 PM | Sports Nephrology and Urology  *Chad Asplund, M.D.* |
| **Friday, June 24, 2016 – Continued** | |
| 4:30 PM | Thoracic Injuries and Conditions  *Irfan Asif, M.D.* |
| 5:00 PM | Sports Endocrinology  *Chad Asplund, M.D.* |
| 5:30 PM | Question and Answer  *Chad Asplund, M.D. & Irfan Asif, M.D.* |
| 5:40 PM | Adjourn |
| **Saturday, June 25, 2016** | |
| 7:00 AM | Registration and Continental Breakfast |
| 7:30 AM | Sports Infectious Disease  *Francis O’Connor, M.D.* |
| 8:00 AM | Sports Hematology  *Amy Powell, M.D.* |
| 8:30 AM | The Pediatric Athlete  *Francis O’Connor, M.D.* |
| 9:00 AM | Sports Obstetrics and Gynecology  *Amy Powell, M.D.* |
| 9:30 AM | Sports Psychology  *Aynsley Smith, Ph.D.* |
| 10:00 AM | Question and Answer  *Amy Powell, M.D., Francis O’Connor, M.D., & Aynsley Smith, Ph.D.* |
| 10:15 AM | Break |
| 10:30 AM | Sports Allergy and Immunology  *Amy Powell, M.D.* |
| 11:00 AM | Sports Rheumatology  *Francis O’Connor, M.D.* |
| 11:30 AM | The Geriatric Athlete  *Amy Powell, M.D.* |
| 12:00 PM | Question and Answer  *Amy Powell, M.D. & Francis O’Connor, M.D.* |
| 12:10 PM | Lunch |
| 1:00 PM | Environmental Illness  *Francis O’Connor, M.D.* |
| **Saturday, June 25, 2016 – Continued** | |
| 2:00 PM | The Female Athlete  *Amy Powell, M.D.* |
| 2:45 PM | Question and Answer  *Amy Powell, M.D. & Francis O’Connor, M.D.* |
| 3:00 PM | Closing Comments  *Jonathan Finnoff, D.O.* |
| 3:05 PM | Adjourn |