



Mayo School of Continuous Professional Development

# UPDATES IN INTERNAL MEDICINE



October 20-22, 2016

Waldorf Astoria® Orlando  
ORLANDO, FLORIDA

ABIM MOC Sessions:

- Updates in Internal Medicine
- Updates in Hospital Medicine

Optional  
Pre-Course ABIM MOC  
Sessions: October 19, 2016

**REGISTER ONLINE NOW!** [ce.mayo.edu/imupdate2016](http://ce.mayo.edu/imupdate2016)

## COURSE DESCRIPTION

*Updates in Internal Medicine* is designed to present up-to-date information as well as contemporary approaches/strategies to the ever-changing and expanding discipline of internal medicine. The program will attempt to cover the scope of internal medicine, selecting from a variety of pertinent general and sub-specialty-derived topics. Expert faculty will present evidence-based and emerging practical clinical approaches, regarding various general and sub-specialty topics.

## COURSE LEARNING OBJECTIVES

- Summarize recent updates, clinical studies, and new guidelines that impact practice in general medicine.
- Describe updates in novel oral anticoagulant management.
- Summarize common clinical pearls in the areas of general internal medicine, cardiology, gastroenterology, and infectious diseases.
- Review cases in chronic headache management.
- Review cases in dermatology.
- Summarize new insulin treatment strategies for diabetic patients.
- Describe updates in men's, women's and sexual health.

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## INTENDED AUDIENCE

Practicing general internists, family practice physicians, sub-specialists, and advanced practitioners in need of practice updates. An option to purchase a printed copy of the syllabus will be offered on the registration website.

## CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 18 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

## EXHIBITS

At the time of this printing, a complete listing of exhibitors was not available. Appropriate acknowledgment will be given to all supporters at the time of the meeting.

Exhibits will be available for viewing at all scheduled breaks.

## DATE AND LOCATION

The *Updates in Internal Medicine* will be held **October 20-22, 2016**. Course headquarters will be located in the Waldorf Astoria® Orlando, Florida in Grand Ballroom.

## SAVE THE DATE

The Updates in Internal Medicine will be held **October 19-21, 2017**. Course headquarters will be located in the Disney's Contemporary Resort in Orlando, Florida.

## REGISTRATION

To register online, visit [ce.mayo.edu/imupdate2016](http://ce.mayo.edu/imupdate2016)

**Updates in Internal Medicine .....**\$795

**ABIM MOC Session**

**2016 Updates in Internal (Outpatient) Medicine..**\$200

**2016 Updates in Hospital Medicine .....**\$200

The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments.

Although it is not Mayo School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised. A letter of confirmation will be sent upon receipt of payment and completed registration form. Please present the confirmation letter when checking in at the meeting registration desk.

**For additional information:**

Matrix Meetings, Inc.

1202 ½ 7th Street NW, Suite 209

Rochester, MN 55901

**Website:** [ce.mayo.edu/imupdate2016](http://ce.mayo.edu/imupdate2016)

**E-mail:** [tracy@matrixmeetings.com](mailto:tracy@matrixmeetings.com)

**Phone:** 507-288-5620

**Fax:** 507-288-0014

## CANCELLATION POLICY

Written notification is required to cancel a course registration. A full refund less a \$75.00 administrative fee will be granted when notification is received more than 14 days prior to the course start date (October 5). **No refunds will be granted within 14 days of the course start date.**

To cancel registration for the course(s) detailed above, please complete the Contact Us Form found at: <https://ce.mayo.edu/content/contact-us>

Mayo School of CPD reserves the right to cancel or postpone any course due to unforeseen circumstances. In the unlikely event Mayo School of CPD must cancel or postpone this course, Mayo School of CPD will refund the registration fee, but is not responsible for any related costs, charges, or expenses to participants, including fees assessed by airline/travel/lodging agencies.

## TRAVEL

Access to and from the airport is provided by taxi, shuttle, and rental car. The Orlando International Airport is located just 15 minutes from the hotel. The average cost of a taxi is approximately \$65.00 one way. Mears Transportation offers a shuttle service and can be contacted at (407) 597-3636.

*Travel arrangements are the sole responsibility of the individual registrant.*

## LODGING ACCOMMODATIONS

Waldorf Astoria® Orlando is an elegant oasis of contemporary luxury, surrounded by Walt Disney World® Resort. This refined Orlando luxury hotel offers an ambiance of stylish sophistication replete with celebrated amenities, impeccable personalized service and world-class meeting facilities.

For dining of the finest order, your attendees will experience culinary excellence in each of the resort's 12 unique restaurants and lounges, including the famed Bull & Bear®. And for recreation and relaxation between meetings, the hotel boasts a renowned Rees Jones-designed championship golf course and world class Waldorf Astoria® Spa. **WaldorfAstoriaOrlando.com**

Hilton Orlando Bonnet Creek is situated on 482 acres of nature preserve surrounded by Walt Disney World® Resort. Our experienced and professional Team will focus on helping you achieve your meeting goals with every detail attended to.

## LODGING ACCOMMODATIONS - cont.

Both hotels offer complimentary luxury motor coach transportation available to Disney Theme Parks and Downtown Disney®.

Guest rooms have been reserved for attendees and their guests at a special course rates listed below. To receive the course rate, reservations must be made before the room block is filled or by **September 18, 2016**, whichever comes first. Reservations will be taken following this date on space and rate availability. To make reservations, please call the phone numbers below and ask for the Mayo Clinic Updates in Internal Medicine group discount or via Passkey: [https://resweb.passkey.com/Resweb.do?mode=welcome\\_ei\\_new&eventID=14500576](https://resweb.passkey.com/Resweb.do?mode=welcome_ei_new&eventID=14500576)

### **Waldorf Astoria® Orlando**

14200 Bonnet Creek Resort Lane  
Orlando, Florida 32821  
\$259.00 Single/Double  
(888 )353-2009

### **Hilton Orlando Bonnet Creek**

14100 Bonnet Creek Resort Lane  
Orlando, Florida 32821  
\$219.00 Single/Double  
(888) 353-2013

Check in: 4:00 pm  
Check out: 11:00 am

*Lodging arrangements are the sole responsibility of the individual registrant.*

Mayo School of CPD is not responsible for expenses incurred by an individual who is not confirmed and for whom space is not available at the meeting. Costs incurred by the registrant such as airline or hotel fees or penalties are the responsibility of the registrant.



## COURSE DIRECTORS

Sanjeev Nanda, M.D.  
Division of General Internal Medicine  
Section of Medical Education  
Mayo Clinic College of Medicine

Arya B. Mohabbat, M.D.  
Division of General Internal Medicine  
Section of Medical Education  
Mayo Clinic College of Medicine

## FACULTY DISCLOSURE

As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of Continuous Professional Development) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course director(s), planning committee, faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

## NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).



# PROGRAM SCHEDULE

WEDNESDAY, OCTOBER 19, 2016

OPTIONAL PRE-COURSE ABIM MOC SESSIONS

8:00-10:00 am	ABIM 2016 Update in Internal Medicine (Outpatient) Module
10:00-10:15 am	Break
10:15 am-12:15 pm	ABIM 2016 Update in Hospital Medicine Module

THURSDAY, OCTOBER 20, 2016

7:15-7:30 am	Introduction and Announcements
7:30-8:30 am	Updates in General Internal Medicine
8:30-9:00 am	FDA Drug Update
9:00-9:15 am	Break/Q&A
9:15-9:45 am	Updates in Cardiology I
9:45-10:15 am	Updates in Cardiology II
10:15-10:45 am	Updates in Cardiology III
10:45-11:00 am	Break/Q&A
11:00-11:30 am	Updates in Nephrology
11:30 am-12:30 pm	Updates in Diabetes and Insulin Management

FRIDAY, OCTOBER 21, 2016

7:15-7:30 am	Introduction and announcement
7:30-8:00 am	Updates in Pulmonology I
8:00-8:30 am	Updates in Pulmonology II
8:30-9:00 am	Updates in Hospital Medicine
9:00-9:15 am	Break/Q&A
9:15-9:45 am	Updates in Gastroenterology I
9:45-10:15 am	Updates in Gastroenterology II
10:15-10:45 am	Updates in Gastroenterology III
10:45-11:00 am	Break/Q&A
11:00-11:30 am	Updates in Obesity Management
11:30 am-12:30 pm	Updates in Anticoagulant Management

SATURDAY, OCTOBER 22, 2016

7:15-7:30 am	Introduction and announcements
7:30-8:00 am	Updates in Infectious Disease I
8:00-8:30 am	Updates in Infectious Disease II
8:30-9:00 am	Updates in Rheumatology
9:00-9:15 am	Break/Q&A
9:15-9:45 am	Updates in Women's Health
9:45-10:15 am	Updates in Men's Health
10:15-10:45 am	Updates in Sexual Health
10:45-11:00 am	Break/Q&A
11:00-11:30 am	Updates in Dermatology
11:30 am-12:00 pm	Updates in Headache Management
12:00-1:00 pm	Updates in Medical Ethics

MAYO CLINIC  
200 First Street SW  
Rochester, MN 55905

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Optional Pre-Course ABIM MOC Sessions: October 19, 2016

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ORLANDO, FLORIDA

If you already received a copy of this brochure,  
please give this brochure to an interested colleague.