



**PHOTO CONTEST RETURNS!**

Mayo Clinic School of Continuous Professional Development

# 21ST ANNUAL INTERNAL MEDICINE UPDATE SEDONA 2018

Updates and practical information  
for use in everyday practice

*Make your course registration first due to limited attendance!*

**\$75 DISCOUNT  
IF YOU REGISTER  
ON OR BEFORE  
SEPT 11, 2018**

**HILTON SEDONA RESORT AT BELL ROCK  
VILLAGE OF OAK CREEK, SEDONA, ARIZONA**  
OCTOBER 11–14, 2018 *or* OCTOBER 25–28, 2018

## COURSE HIGHLIGHTS

With two dates to choose from, this four-day course provides a practical update on a variety of subspecialty topics, including:

- Allergy
- Cardiovascular Diseases
- Consultative Medicine
- Diagnostic Radiology
- Endocrinology
- Family Medicine
- Gastroenterology/Hepatology
- General Internal Medicine
- Hematology/Oncology
- Hospital Medicine
- Infectious Diseases
- Nephrology
- Neurology
- Orthopedics
- Pain Management
- Physical Medicine/Rehabilitation
- Psychiatry
- Pulmonary
- Urology
- Women’s Health

Features two daily question-and-answer sessions using interactive keypads for enhanced audience participation and learning.

## TARGET AUDIENCE

This course is designed for primary care providers (physicians, nurse practitioners and physician assistants).

## LEARNING OBJECTIVES

Upon conclusion of this program, participants should be able to:

- Detail the updated recommendations on heart failure management
- Describe recent guidelines on menopausal hormone therapy prescribing
- Detail an approach to office based opioid prescribing and management
- Describe an approach to prostate and breast cancer screening

## REGISTRATION

To register online, visit [ce.mayo.edu/imupdate11oct2018](https://ce.mayo.edu/imupdate11oct2018) for the 1st Session and visit [ce.mayo.edu/imupdate25oct2018](https://ce.mayo.edu/imupdate25oct2018) for the 2nd Session. The registration fee includes tuition, comprehensive electronic course syllabus, continental breakfasts, and break refreshments for registrants. Although it is not Mayo Clinic School of Continuous Professional Development (CPD) policy to limit the number of registrants for a course, conference room facilities may necessitate closing of enrollment; therefore, early registration is advised.

Registration Fee	On or Before Sept 10	After Sept 10
General Session (no discounts available)	\$600 USD	\$675 USD
Paper Syllabus	\$60 USD	N/A

**Cancellation Policy:** visit [ce.mayo.edu](https://ce.mayo.edu) for more information.

## CREDIT



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

**AMA:** Mayo Clinic College of Medicine and Science designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AAFP:** Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

**AOA:** This program has been accredited by the American Osteopathic Association for 20 credits of AOA Category 2-A.

**AANP:** This education activity will be submitted to the American Association of Nurse Practitioners for approval of up to 20.0 contact hours of accredited education.

**Other Healthcare Professionals:** A certificate of attendance will be provided to other healthcare professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## LOCATION AND ACCOMMODATIONS

### Hilton Sedona Resort at Bell Rock

90 Ridge Trail Drive | Sedona, Arizona 86351

877-273-3762 (toll-free) or 928-284-4040

Important to note that the resort room block has sold out each year.

You are encouraged to make your room registration after your course registration has been confirmed.

To ensure accommodations, reserve your room from the course website before the room block is filled or 30 days prior to the course date in order to receive a discounted rate:

Suites: \$279/night     Deluxe: \$259/night     (Plus applicable taxes)

Discounted rates will apply three days prior to and after the course dates, based on availability. Hotel cancellation policy applies.

Daily Resort Charge is waived: Includes: Parking, WI-FI Internet Access in Guestrooms and Lobby Living Room, Access to Sedona Athletic Club and 15% discount on selected eforea Spa at Hilton services, 10% discount at the Pro Shop of the Sedona Golf Resort; unlimited local calls and 800 telephone access; and use of guest laundry facilities.

## WELCOME RECEPTION

The course directors invite you to a casual welcome reception on Thursday evening for the course registrant and a guest (included in registration fee).

This reception offers you the perfect opportunity to meet existing and new colleagues. Pre-registration is required.

Each additional guest: Adults \$60 / Children (ages 5-12) \$40

**Thursday, October 11, 2018 or Thursday, October 25, 2018 at 5:30–6:30 p.m.**

## PROGRAM AT-A-GLANCE

For a comprehensive program schedule, please visit our website.

**1ST SESSION [CE.MAYO.EDU/IMUPDATE11OCT2018](https://ce.mayo.edu/imupdate11oct2018) and  
2ND SESSION [CE.MAYO.EDU/IMUPDATE25OCT2018](https://ce.mayo.edu/imupdate25oct2018)**

- Antibiotic Allergies
- Appropriate Use of Procalcitonin and C Diff Testing
- Breast Cancer Screening:
  - Primary Care Approach
  - A Surgeon's Perspective
  - A Medical Oncologist's Perspective
- Coming Tsunami of NASH
- Individualizing Pharmacotherapy in Type 2 Diabetes
- Epilepsy: Transitions from Peds to Adolescents to Adults
- Exercise is Medicine: Adding Years to Life and Life to Years
- Immunization Update: Here and Abroad
- Inpatient and Outpatient Management of Inflammatory Bowel Disease
- Is All that We Label as Anxiety Truly Anxiety (ADHD and Beyond)?
- Menopause Update
- Movement Disorders: Parkinson's and Parkinson's Plus
- Office Based Approach to Heart Failure
- Prostate Cancer Screening
  - Primary Care Approach
  - Oncology Perspective
  - Urology Perspective
- Ovarian Cancer Pearls for Primary Care
- Pain Management, Opioids, and Current State of Government Regulation
- Pharmacogenomics
- Pulmonary Update
- Radiology Pearls for Internists
- Regenerative Medicine  
(RPR, What the PCP Needs to Know, Case Presentation)
- Weekend Warriors – Sports Medicine Update
- Work Up for Proteinuria

## COURSE FACULTY

### Course Directors

Juliana (Jewel) M. Kling, M.D., M.P.H., NCMP, FACP

Charles J. Manak, M.D., FACP

Paul D. Snyder, Jr., M.D., FACP

### Mayo Clinic Faculty

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**REGISTER NOW!**

1ST SESSION [CE.MAYO.EDU/IMUPDATE110CT2018](http://CE.MAYO.EDU/IMUPDATE110CT2018) AND  
2ND SESSION [CE.MAYO.EDU/IMUPDATE25OCT2018](http://CE.MAYO.EDU/IMUPDATE25OCT2018)

*The Internal Medicine Update is one of our most popular conferences and registration will fill very quickly. Space is limited to 250 participants, so we encourage you to register as soon as possible and before you make your travel arrangements.*



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