



Mayo School of Continuous Professional Development

18th Annual

MAYO CLINIC INTERNAL MEDICINE UPDATE: SEDONA 2015

*Photo courtesy of
Karen Hypnarowski, P.A.
San Diego, CA*



*Photo courtesy of
June Von Valkenburg, C.N.P.
Edina, MN*



Photo courtesy of Sedona Silks



October 15-18, 2015 and October 29 – November 1, 2015

Hilton Sedona Resort
Village of Oak Creek, Sedona, Arizona

REGISTER TODAY!
ce.mayo.edu

General Information

COURSE DESCRIPTION

Mayo Clinic's 18th Annual Internal Medicine Update: Sedona 2015 is a unique four-day course offering primary care physicians, nurse practitioners and physician assistants a practical update on a variety of subspecialty topics, including anesthesiology, allergy, cardiovascular diseases, consultative medicine, dermatology, endocrinology, gastroenterology, hematology, infectious diseases, nephrology, neurology, otolaryngology, palliative, preventative medicine, psychiatry, pulmonary, urology, and women's health and others applicable to today's practice and patients.

There are two sessions: October 15-18 and October 29 – November 1. While the same 30-minute presentation topics are included for both sessions, the faculty and order of presentations will vary. In addition to the didactic format for lectures, the program will include two daily question-and-answer sessions and audience participation is encouraged through the use of interactive keypads.

COURSE LEARNING OBJECTIVES

Upon completion of this course, participants should be able to:

- Cite the updated CDC guidelines on immunizations for adults
- Discuss the causes, evaluation and treatment of diarrheal disorders
- Apply a framework for the evaluation and treatment of insomnia
- Review the evaluation and management of cognitive disorders
- Discuss the indication and complications of the novel oral anticoagulants
- Evaluate the recognition and management of concussion injuries
- Review the new DSM-V changes for diagnosing Substance Use Disorders
- Discuss updates in antibiotics commonly used in primary care

DISCLAIMER

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 20 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

This program has been accredited by the American Osteopathic Association for 20 credits of AOA Category 2-A.

This program is pending approval with AANP.

GRANTS AND EXHIBITS

This course is supported in part by educational grants, in accordance with ACCME standards. As of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the meeting. Exhibits will be available for viewing at all scheduled breaks.

TRANSPORTATION

A rental vehicle is recommended. The Hilton Sedona Resort is located just 90 minutes north of Phoenix, Arizona and only two and a half hours away from the Grand Canyon.

Hertz offers a reduced daily rate for participants attending this course. Go to the Hertz website and enter the Convention Number **03NR0010** when making reservations or Call **(800) 654-2240** (toll-free) and refer to CV Number **03NR0010**.

Shuttle Service: **Ace Xpress** offers door-to-door transportation from Phoenix Sky Harbor International Airport (or a Sky Harbor Airport hotel) to the Hilton Sedona Resort. You must make your reservation at least 3 weeks prior to your arrival in Phoenix. This is not a direct shuttle.

E-mail: info@acexshuttle.com

Telephone: **(800) 336-ACEX ext. 2239** (toll-free) or **(928) 649-2720**

Online reservation requests <http://www.acexshuttle.com/>

General Information

MEETING LOCATION AND ACCOMMODATIONS

Hilton Sedona Resort • 90 Ridge Trail Drive • Sedona, Arizona 86351

Telephone: (877) 273-3762 (toll-free) or (928) 284-4040

Experience the spirit and beauty of Sedona! Nestled in the beautiful Village of Oak Creek, the Hilton Sedona Resort is located amidst the spectacular beauty of Northern Arizona's red rock country. The resort has reserved a limited block of one-bedroom suites at a special group rate of \$264 (USD), per night, plus applicable local and state taxes, includes complimentary guestroom WiFi and the resort fee* has been waived for course participants. Group rates will apply three days prior to and three days after the course dates, based on group room availability. *Please note that the resort fee has been waived.

To ensure accommodations, make your reservation before the room block is filled or 30 days prior to the course date by calling **(877) 273-3762 (toll-free)** or directly **(928) 284-4040** or make your reservations online. *To reduce the chance of reserving a sleeping room within the wrong session we recommend you connect to the hotel website through the course website.*

First Session: October 15-18, 2015

www.sedonaresort.hilton.com/mayo

Second Session: October 29 – November 1, 2015

www.sedonaresort.hilton.com/mayo3

First Session



Second Session



Reservation requests received once the room block has filled will be accepted on a space available basis at the hotel's best available rate. Identify yourself as a participant of the Mayo Internal Medicine CME course.

If the Mayo Clinic room block is sold out, you may request to be put on the wait-list by contacting Ms. Beverly Bell, Reservation Supervisor, Hilton Sedona Resort, directly at telephone **(928) 284-6922**.

Attendees are responsible for their own reservations. The standard hotel reservation cancellation policy will apply to individual reservations unless otherwise specified.

Social Activities

Registrant and a guest are included in registration fee. Pre-registration is required. RSVP option is available during your registration for both social activities.

WELCOME RECEPTION

Thursday, October 15, 2015 or

Thursday, October 29, 2015 at 6:00-7:00 p.m

Pre-registration required.

Attendees and guests are cordially invited to the Welcome Reception on Thursday evening at the Hilton Sedona Resort. This casual reception hosted by the course directors offers you the perfect opportunity to meet existing and new colleagues.

AERIAL PERFORMANCE

Friday, October 16, 2015 or

Friday, October 30, 2015 at 7:00-8:30 p.m.

Pre-registration required – 2 included in registration fee. Dessert and refreshments will be offered.

Aerial silk (also known as aerial contortion, ribbons, fabric, or tissues) is a beautiful dance form that takes your artistic flare to the sky and beyond. Through proper strength training and body conditioning an aerial artist learns to flow gracefully through movements while creating visually stunning lines as they hold their body weight seeming effortless by the fabric rigged overhead.

Climbing, locking, twisting, twirling and dynamic drops are a few of the skills you will find in an aerial performance. The beauty of the silky material wrapping around the aerialist body will leave any spectator in awe as the performer exudes their story through this complex and courageous dance form.



Photo courtesy of Sedona Silks

Program AT-A-GLANCE

For your convenience, a comprehensive course brochure outlining the complete program schedule for both sessions is available on our website:

First Session – October 15-18

<https://ce.mayo.edu/internal-medicine/node/3762>



Second Session – October 29 – November 1

<https://ce.mayo.edu/internal-medicine/node/3766>



PROGRAM AT-A-GLANCE

Mayo Clinic Internal Medicine Update

Office Evaluation and Management of Diarrhea

Post-Gastric Bypass Medical Management

Update in the Management of Asthma and COPD

Substance Use Disorders: The DSM-V Update

Contraception Pearls

Update on Anticoagulants (and their reversal agent)

Update on Antiretroviral Therapy for HIV

EKG Interpretation for Primary Care Internists

Hypertension and Hyperlipidemia

Update in Thyroid/Parathyroid Disease

Seizures vs Pseudoseizures

Dermatologic Pearls for Common Skin Problems.

Office Evaluation and Management of Erectile Dysfunction

Pancreatic Cysts: A Practical Approach to Diagnosis and Management

Office Evaluation and Management of Insomnia

Fatiguing Illness. Is it CFS, FM, ME or SEID?

How to Keep These From Fatiguing You

Antibiotic Update: What's New or Newer?"

Office Evaluation and Management of Sinus Disease

Pulmonary Update 2015

Immunization Guidelines, An Update

Geriatric Medicine: So Many Pills So Little Time

Minimally Invasive Procedures For Pain in the Outpatient Setting

Prostate Cancer and Screening Guidelines

Office Evaluation and Management of Cognitive Complaints

Evaluation of Concussion in Athletes

Practical Tips for Accurate Diagnosis of Allergy and Immunology Disorders

The Low Down on Low Platelets

COURSE DIRECTORS

Jewel M. Kling, M.D., M.P.H.

Paul D. Snyder Jr., M.D., F.A.C.P.

MAYO CLINIC

Rodolfo Argueta, M.D.
 Stephen F. Bansberg, M.D.
 Larry R. Bergstrom, M.D.
 Alan H. Bryce, M.D.
 Paru S. David M.D.
 Joseph F. Drazkowski, M.D.
 Susan Halli Demeter, DNP, RN, CNP
 Richard A. Helmers, M.D.
 Todd Hurst, M.D.
 Jason J. Jameson, M.D.
 Steven S. Krotzer, M.D.
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 Thomas K. Nelson, M.D.
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 Rahul Pannala, M.D.
 Matthew A. Rank, M.D.
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 Kevin C. Ruff M.D.
 M. Teresa Seville, M.D.
 Fadi E. Shamoun, M.D.
 Komandoor Srivathsan, M.D.
 Amaal J. Starling, M.D.
 Lewis J. Wesselius, M.D.
 Christopher S. Wie, M.D.

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

FACULTY DISCLOSURE: As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

Registration

2015S154/155

\$75 DISCOUNT FOR EARLY REGISTRATION!

Go to ce.mayo.edu – Search Internal Medicine 2015 (Offer expires September 17, 2015)

Indicate the date you wish to attend. Space is limited. If we cannot accommodate your request, we will contact you immediately.

October 15-18, 2015 (2015S154)

October 29 – November 1, 2015 (2015S155)

INTERNAL MEDICINE UPDATE

\$655

Syllabus: Your registration fee includes access to an online syllabus available one week prior to the course. Please check the box below if you want to order a paper copy (\$50). (Due to printing deadlines, this option will not be available after September 20, 2015.)

☐ Yes, I would like to order a paper copy of the course syllabus

\$50

SOCIAL ACTIVITIES

Welcome Reception (Thursday, October 15 and October 29)

☐ Yes, I will attend ☐ Guest ticket (1) requested ☐ No, I will not attend

☐ Additional tickets: Adults # _____ at \$40 each
 Children (ages 5 – 12) # _____ at \$25 each
 Children (ages 0 – 4) # _____ No charge

Special Friday Evening Presentation (Friday, October 16 and October 30)

☐ Yes, I will attend ☐ Guest ticket (1) requested ☐ No, I will not attend

☐ Additional tickets: Adults # _____ at \$20 each
 Children (ages 5 – 12) # _____ at \$15 each
 Children (ages 0 – 4) # _____ No charge

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See all opportunities at ce.mayo.edu

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First Session



Second Session



Mayo School of Continuous Professional Development uses multiple mailing lists and cannot always eliminate duplications. If you have received multiple brochures, please post or share them with interested colleagues.

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Scottsdale, Arizona 85259

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ce.mayo.edu – Search Internal Medicine 2015
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