



Mayo Clinic  
Mayo Continuing Nursing Education

# 2015 Annual Nursing Conference: Passport to Practice

Friday, October 23, 2015

## Highlights

- Stress Reduction for Nurses
- Care Coordinator
- Interprofessional Education
- Ebola Preparedness
- The Patient Experience
- Code of Ethics
- Clinical Autonomy

Juanita Kious Waugh Auditorium  
Mayo Clinic Education Center  
Phoenix, Arizona

## Featuring Keynote Speaker

**Michael Maske**  
*Nationally Acclaimed Speaker  
and Author*

## Nursing Professional Practice Model: Seven Roles of a Nurse

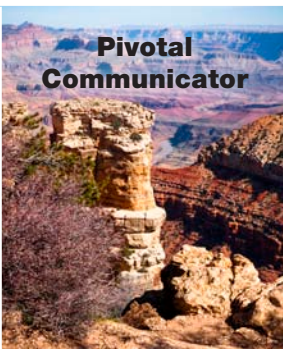
**Caring Healer**



**Navigator**



**Pivotal  
Communicator**



**Problem  
Solver**



**Transformational  
Leader**



**Teacher**



**Vigilant  
Guardian**



**\$25 DISCOUNT WHEN YOU REGISTER AT:**

[www.ce.mayo.edu/node/5376](http://www.ce.mayo.edu/node/5376) (Offer Expires September 25, 2015)

Visit new website at [ce.mayo.edu](http://ce.mayo.edu)

# General Information

## COURSE DESCRIPTION/HIGHLIGHTS

This conference will focus on the latest advancements in clinical nursing practice and updates in wellness for nursing professionals through a combination of lectures and interactive Q & A opportunities.

### Featured topics include:

- Stress Reduction for Nurses
- Care Coordinator
- Interprofessional Education
- Ebola Preparedness
- The Patient Experience
- Code of Ethics
- Clinical Autonomy

## LEARNING OBJECTIVES

Upon completion of this conference, participants should be able to:

- Identify stress reduction techniques nurses may use in their professional or personal life.
- Discuss the role of the Nurse Care Coordinator navigating the patient across the care continuum.
- Explain how interprofessional education facilitates pivotal communication between multidisciplinary teams and the positive patient impact.
- Discuss the nurse's role in solving challenges facing healthcare in innovative ways.
- Evaluate the effects of current teaching practices on the patient experience.
- Demonstrate the application of ethical principles into nursing practice.
- Describe autonomy in everyday nursing practice.

## DISCLAIMER

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

## EXHIBITS

Exhibits will be available for viewing at all scheduled breaks.

## CONTINUING EDUCATION CREDIT

Mayo Continuing Nursing Education is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Participants can earn up to 6.5 ANCC nursing contact hours commensurate with the extent of their participation in the activity.

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## AMERICANS WITH DISABILITIES ACT

Mayo Clinic College of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

Email address: [mca.cme@mayo.edu](mailto:mca.cme@mayo.edu)

# General Information

## MEETING LOCATION

Juanita Kiious Waugh Auditorium  
Mayo Clinic Education Center  
5777 East Mayo Boulevard • Phoenix, Arizona 85054  
[www.mayo.edu/education/about/about-mayo-clinic/mayo-clinic-in-Arizona/education-center](http://www.mayo.edu/education/about/about-mayo-clinic/mayo-clinic-in-Arizona/education-center)

## ACCOMMODATIONS

Residence Inn Phoenix Desert View at Mayo Clinic  
5665 East Mayo Boulevard • Phoenix, Arizona 85054  
(800) 331-3131 or (480) 563-1500  
[www.marriott.com/phxmh](http://www.marriott.com/phxmh)  
Located on campus

Hotel rooms near the Mayo Clinic Education Center at Mayo Clinic Hospital in Phoenix, Arizona are limited. You are encouraged to make reservations at the Residence Inn early. To make your reservation, call **(800) 331-3131** toll-free or **(480) 563-1500**. Attendees are responsible for their own reservations. The standard hotel reservation cancellation policy will apply to individual reservations unless otherwise specified.

## RECREATION/LEISURE ACTIVITIES

Visit [www.visitphoenix.com](http://www.visitphoenix.com) or [www.scottsdalecvb.com](http://www.scottsdalecvb.com) for recreation and leisure activities.

## TRANSPORTATION

**Hertz** is offering a reduced daily rate for participants attending the course. Visit Hertz online at [www.hertz.com](http://www.hertz.com) and enter the exclusive CV Number **03NR0010** when making reservations. Special rates include unlimited mileage. Advance reservations are recommended as cars are subject to availability.

**Supershuttle** vans offer airport transportation to and from the hotel. To make reservations, call **(800) 258-3826** or **(602) 244-9000**.



# Program

Friday, October 23, 2015

7:00            **Registration and Continental Breakfast**

7:45            **Welcome Announcements**  
Belinda Curtis, MSN, RN-BC

## CARING HEALER

8:00            **Stress Reduction for Nurses**  
Keynote Speaker  
Michael Maske, *Nationally Acclaimed Speaker and Author*

10:00          **Refreshment Break**

## TEACHER

10:15          **The Patient Teaching Experience**  
Debra J. La Brec, R.N.  
Debra S. Sheppard, B.S.N., R.N.  
Bridget A. Tippins, M.S., R.N.

## PIVOTAL COMMUNICATOR

11:15          **Interprofessional Education**  
Kristen K. Will, P.A.-C.

11:45          **Lunch (*Provided*)**

## PROBLEM SOLVER

12:45 p.m.    **Ebola**  
Eric J. Humphrey, R.N., C.C.R.N.

## NAVIGATOR

1:15           **Nurse Care Coordinator**  
Darlene F. Pelzel, B.S.N., R.N.  
Jane A. Karbouzian, B.S.N., R.N.

## VIGILANT GUARDIAN

1:45           **Ethics**  
Mary V. Weise, B.S.N., R.N., O.C.N.

2:45           **Refreshment Break**

## TRANSFORMATIONAL LEADER

3:00           **Nurse Autonomy**  
Teresa L. Connolly, D.N.P., R.N., N.E.A.-B.C.

### Ambulatory

Bruce A. Baldwin, B.S.N., R.N., C.G.R.N.  
Katherine A. Olson, M.S.N., R.N.

### Inpatient

Jennifer R. Pekor, B.S.N., R.N.

### Emergency Department

Denaye J. Beckler, B.S.N., R.N., C.E.N.  
Tiffany E. Judges, B.S.N., R.N.  
Ember A. Perry, B.S.N., R.N.

4:00           **Adjourn**

## COURSE DIRECTORS

Belinda Curtis, M.S.N., R.N., RN-BC

Bridget A. Tippins, M.S., R.N.

## MAYO CLINIC FACULTY

Bruce A. Baldwin, B.S.N., R.N., C.G.R.N.

Denaye J. Beckler, B.S.N., R.N., C.E.N.

Teresa L. Connolly, D.N.P., R.N., N.E.A.-B.C.

Eric J. Humphrey, R.N., C.C.R.N.

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Mary V. Weise, B.S.N., R.N., O.C.N.

Kristen K. Will, P.A.-C.

## GUEST FACULTY

Michael Maske

## PLANNING COMMITTEE

Christine D. Aliory, M.S.N., R.N., O.N.C.

Elizabeth B. Bodas, M.S.N., R.N.

Maureen M. Cain, M.S.N., R.N., C.G.R.N.

Tracy N. Kriz, B.S.N., R.N.

Shae S. Miller, B.S.N., R.N.

Nancy C. Panthofer, M.S.N., R.N., N.E.-B.C.

Jocelyn A. Pearson, M.S.N., R.N., ACNS-BC

Shirin Zanganeh, B.S.N., R.N., C.C.R.N.

## Registration Information

2015S035  
ANCC

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An email confirmation will be sent upon receipt of payment and completed registration. If you do not receive your confirmation, or if you have any questions, please email us at [mca.cme@mayo.edu](mailto:mca.cme@mayo.edu) or call (480) 301-4580.

No refund will be granted unless a written notice of cancellation is received. If registration must be cancelled, tuition less a \$25 administrative fee will be refunded when notification is received on or before October 9, 2015.

No refunds will be made after this date.

*Although it is not Mayo Clinic's policy to limit the number of registrants for a course, conference room facilities may necessitate closure of enrollment. Early registration is strongly recommended. Walk-in registrations cannot be guaranteed. Mayo Clinic will not be responsible for expenses incurred by individuals who are not confirmed for courses with a closed registration status. Costs incurred by the registrant such as airline/ hotel fees or penalties are the responsibility of the registrant.*

**ONLINE SYLLABUS:** Your registration fee includes access to an electronic syllabus that will be emailed one week prior to the course. This allows you to view, save, or print the syllabus before attending the course.

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Note: When registering online, please be sure to "check-out" after your profile is updated.

	On or Before Sept. 25, 2015	Standard
Course Registration	\$205	\$230
Nursing Student Registration	\$75	\$100

Note: Please refer to course agenda for included meals and refreshment breaks.