



Mayo School of Continuous Professional Development

11th Annual

Mayo Clinic Women's Health Update



**FireSky Resort & Spa
Scottsdale, Arizona**

**Thursday – Saturday
March 5-7, 2015**

Highlights:

- Women's Health Issues: Cardiovascular Health, Breast Health, OB-GYN/Menopause, Infectious Disease, Psycho-Social Health, Endocrinology, Dermatology, Ophthalmology and Musculoskeletal Health
- Case-Based Presentations and Interactive Format
- Engaging Mayo Clinic and Guest Faculty

\$75 DISCOUNT FOR ONLINE REGISTRATION!

ce.mayo.edu (Search Women's Health)
(Offer expires February 5, 2015)

*Last year the hotel room block filled fast.
Please make your room reservations early!*



General Information

COURSE DESCRIPTION

During the three-day update, faculty members will address the unique needs of female patients and their health care providers. Participants will gain a comprehensive insight into relevant medical problems uniquely found in women, as well as a basic approach to addressing and improving their common health concerns.

COURSE LEARNING OBJECTIVES

Upon completion of this course, participants should be able to:

- Compare new medical treatment options for menopausal symptoms.
- Utilize new pharmacologic treatments for women at an increased risk of breast cancer.
- Assess new pharmacologic options to treat subacute bacterial endocarditis prophylaxis.
- Improve their awareness of new novel anticoagulant options for patients with atrial fibrillation.
- Apply updated guidelines for better pharmacologic management of patients with lipid disorders.
- Describe how improved pharmacologic management of diabetes in women patients can impact musculoskeletal health factors.
- Utilize new guidelines to select appropriate patients who require surgical intervention for hyperparathyroidism.

INTENDED AUDIENCE

This annual course is designed for primary care physicians, general internists, gynecologists, specialists in preventive care and other health care professionals interested in women's health.

DISCLAIMER

Attendance at this Mayo course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

GRANTS/EXHIBITS

This course is supported in part by educational grants, in accordance with ACCME standards.

As of this printing, a complete listing of commercial supporters was not available. Appropriate acknowledgment will be given to all supporters at the meeting.

Exhibits will be available for viewing at all scheduled breaks.

CREDIT

Mayo Clinic College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Mayo Clinic College of Medicine designates this live activity for a maximum of 18.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This Live activity, 11th Annual Mayo Clinic Women's Health Update, with a beginning date of 03/05/2015, has been reviewed and is acceptable for up to 18.00 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

This program has been accredited by the American Osteopathic Association for 18.50 credits of AOA Category 2-A.

The American College of Obstetricians and Gynecologists has assigned 19 cognate credits to this program.

This program is pending approval with American Association of Nurse Practitioners (AANP).

Other Health Care Professionals

A certificate of attendance will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

AMERICANS WITH DISABILITIES ACT

Mayo Clinic College of Medicine fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity. Email address: mca.cme@mayo.edu

RECREATION/LEISURE ACTIVITIES

Visit www.visitphoenix.com or www.scottsdalecvb.com for recreation and leisure activities.

TRANSPORTATION

Ground Transportation: Hertz is offering a reduced daily rate for participants attending the course. Call (800) 654-2240 and refer to CV Number #03NR0010 when making reservations.

Supershuttle vans offer airport transportation to and from the hotel. To make reservations, call (800) 258-3826 or (602) 244-9000.

General Information

MEETING LOCATION & ACCOMMODATIONS

FireSky Resort & Spa
4925 North Scottsdale Road
Scottsdale, AZ 85251
(800) 528-7867 • www.fireskyresort.com



The room block filled early last year, so please make your reservations early. A limited block of guest rooms at FireSky Resort & Spa have been reserved at a special course rate of \$260 (maid and bellman gratuity included in rate) up to quadruple occupancy per night. Guests of the conference will enjoy complimentary internet service in the guest room, lobby and meeting room, self-parking and nightly wine reception. Group rates will be honored 3 days prior and 3 days following the course dates, based upon space availability.

To receive the special rate, you must make reservations before the room block is filled or by the expiration date of February 12, 2015. To make your reservation, call (800) 528-7867 or (480) 945-7666 or reserve you room on-line at: <http://www.fireskyresort.com/>

Click on "Reservations" and input your arrival and departure dates and the Meeting / Group Code: 11440602819; then click on "Check Availability".

Reservations will be taken following this date based upon resort room availability, at the contracted meeting rate. Attendees are responsible for their own reservations. The standard hotel reservation cancellation policy will apply to individual reservations, unless otherwise specified.

Program

Thursday, March 5, 2015

6:45 a.m. Registration & Continental Breakfast

7:20 Welcome and Announcements

BREAST HEALTH

7:30 Evaluating and Managing Women at Increased Risk for Breast Cancer Sandhya Pruthi, M.D.
8:00 Triple Negative Breast Cancer Donald W. Northfelt, M.D.
8:30 Challenges with Aromatase Inhibitor Therapy Sandhya Pruthi, M.D.
9:00 Question & Answer Session
9:20 Break

OB-GYN AND MENOPAUSE

9:40 Bioidentical Hormones: Knowledge, Attitudes and Beliefs Julia A. Files, M.D. and Marcia G. Ko, M.D.
10:10 KEEPS Trial – Why Women Respond Differently to Hormone Treatment Virginia M. Miller, Ph.D.
10:55 Abnormal Uterine Bleeding – Pre and Post Menopause Kristina A. Butler, M.D.
11:25 Bariatric Surgery and Pregnancy Outcomes Douglas J. Creedon, M.D.
11:55 Question & Answer Session
12:20 p.m. Lunch (*Complimentary for registrants*)

INFECTIOUS DISEASE AND PSYCHO-SOCIAL HEALTH

1:20 Treatment Options for Recurrent MRSA Infections Roberto L. Patron, M.D.
1:50 Subacute Bacterial Endocarditis (SBE) Prophylaxis Update Robert Orenstein, D.O.
2:20 Emerging Infectious Diseases Maria T. Seville, M.D.
2:50 Question & Answer Session
3:10 Break
3:30 Overview of Substance Use Disorder in Primary Care: Identification and Management Neeta Jain, M.D.
4:00 Domestic Violence Awareness and Prevention Carolyn C. Moats, M.D.
4:30 Question & Answer Session
4:45 Adjourn

Program

Friday, March 6, 2015

6:45 a.m. **Continental Breakfast**

7:20 **Announcements**

CARDIOVASCULAR HEALTH

7:30 **Aspirin Recommendations** Eric H. Yang, M.D.
8:00 **Update on Lipid Guidelines from the American College of Cardiology (ACC)** R. Todd Hurst, M.D.
8:30 **TAVR: Current Experience** John P. Sweeney, M.D.
9:00 **Novel Anticoagulants** Fadi E. Shamoun, M.D.
9:30 **Question & Answer Session**
9:55 **Break**

DERMATOLOGY

10:15 **Contraception and Skin Disorders** Paru S. David, M.D.
10:45 **What's New in Psoriasis Therapies and Health Risks in Women** Mark R. Pittelkow, M.D.
11:15 **Breast Dermatology: Closing a Practice Gap** Margot S. Peters, M.D.
11:45 **Question & Answer Session**
12:10 p.m. **Box Lunch (Complimentary for registrants)**

ENDOCRINOLOGY

12:40 **Diabetes Update** Elena Anna DeFilippis, M.D., Ph.D.
1:10 **New Guidelines for Surgical Interventions in Hyperparathyroidism** Michael D. Whitaker, M.D.
1:40 **Thyroid Replacement** Rodolfo Argueta, M.D.
2:10 **Question & Answer Session**
2:35 **Adjourn**

Saturday, March 7, 2015 (For fun, come dressed in Southwest attire.)



7:15 a.m. **Continental Breakfast**

7:50 **Announcements**

OPHTHALMOLOGY

8:00 **Basic Eye Anatomy and Common Eye Disorders: Retinal Disease and Macular Degeneration** Steven H. Cobb, M.D.
8:30 **Dry Eye Disease** Joanne F. Shen, M.D.
9:00 **Cataract Surgery Complications** Dharmendra R. Patel, M.D.
9:30 **Question & Answer Session**
9:50 **Break**

MUSCULOSKELETAL HEALTH

10:10 **Diabetes as a Risk Factor for Osteoporosis** Michael J. Maricic, M.D.
10:40 **Optimal Utility of DXA Scanning** Michael J. Maricic, M.D.
11:10 **Question & Answer Session**
11:25 **Resilience and Grit: The Crucial Alchemy for Professional Survival** Edward T. Creagan, M.D.
12:15 p.m. **Question & Answer Session**
12:35 **Meeting Adjourns**

Faculty

COURSE DIRECTORS

Marcia G. Ko, M.D.
Julia A. Files, M.D.

Anita P. Mayer, M.D.

MAYO CLINIC

Rodolfo Argueta, M.D.
Kristina A. Butler, M.D.
Steven H. Cobb, M.D.
Edward T. Creagan, M.D.
Douglas J. Creedon, M.D., Ph.D.
Paru S. David, M.D.
Elena Anna DeFilippis, M.D.
Julia A. Files, M.D.
R. Todd Hurst, M.D.
Neeta Jain, M.D.
Virginia M. Miller, PhD
Carolyn C. Moats, M.D.
Donald W. Northfelt, M.D.

Robert Orenstein, D.O.
Dharmendra R. Patel, M.D.
Roberto L. Patron, M.D.
Margot S. Peters, M.D.
Mark R. Pittelkow, M.D.
Sandhya Pruthi, M.D.
Maria T. Seville, M.D.
Fadi E. Shamoun, M.D.
Joanne F. Shen, M.D.
John P. Sweeney, M.D.
Michael D. Whitaker, M.D.
Eric H. Yang, M.D.

GUEST FACULTY

Michael J. Maricic, M.D.
Catalina Pointe Arthritis and Rheumatology Specialists PC
Tucson, Arizona

FACULTY DISCLOSURE: As a provider accredited by ACCME, Mayo Clinic College of Medicine (Mayo School of CPD) must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty will also disclose any off-label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of this information will be published in course materials so those participants in the activity may formulate their own judgments regarding the presentation.

NATIONAL PHYSICIAN PAYMENT TRANSPARENCY PROGRAM

Mayo Clinic College of Medicine complies with the requirements of the National Physician Payment Transparency Program OPEN PAYMENTS (Physician Payments Sunshine Act).

Registration Information

2015S880
AMA/AOA/AAFP/ACOG/AANP

\$75 DISCOUNT FOR ONLINE REGISTRATION!

Go to ce.mayo.edu (search Women's Health) • Offer expires February 5, 2015

Note: When registering online, please be sure to "check-out" after your profile is completed/updated.

Registration at the standard fee may be completed using this form and faxing it to **(480) 301-9176**. Or you can mail it to: *Mayo Clinic, Mayo School of CPD, 13400 East Shea Boulevard, Scottsdale, Arizona 85259*.

An email confirmation will be sent upon receipt of payment and completed registration. If you do not receive your confirmation, or if you have any questions, please email us at mca.cme@mayo.edu or call **(480) 301-4580**.

No refund will be granted unless a written notice of cancellation is received. If registration must be cancelled, tuition less a \$75 administrative fee, will be refunded when notification is received on or before February 18, 2015. No refunds will be made after this date.

Although it is not Mayo Clinic's policy to limit the number of registrants for a course, conference room facilities may necessitate closure of enrollment. Early registration is strongly recommended. Walk-in registrations cannot be guaranteed. Mayo Clinic will not be responsible for expenses incurred by individuals who are not confirmed for courses with a closed registration status. Costs incurred by the registrant such as airline/ hotel fees or penalties are the responsibility of the registrant.

ONLINE SYLLABUS: Your registration fee includes access to an electronic syllabus that will be emailed prior to the course. This allows you to view, save, or print the syllabus before attending the course. If you want to order a paper copy of the syllabus, (additional fee), please select it when you register online. All orders for a paper syllabus must be made in advance, no later than February 13, 2015. NOTE: Additional copies will not be available at the course.

Physicians Active in Practice	\$685
Other (resident, retired and allied health)	\$585

Note: Please refer to course agenda for included meals and refreshment breaks.

Paper copy of the syllabus	\$55
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Note: Due to printing deadlines, this option will not be available after 02/13/2015

NON-PROFIT ORG.
U.S. POSTAGE
PAID
MAYO CLINIC

Mayo Clinic
13400 East Shea Boulevard
Scottsdale, Arizona 85259

\$75 DISCOUNT FOR ONLINE REGISTRATION! ce.mayo.edu (offer expires February 5, 2015)

Email: mca.cme@mayo.edu • Phone: (480) 301-4580 • Fax: (480) 301-9176

UPCOMING COURSES

Tackling Problematic Sinonasal Disease: Debates and Consensus

March 11-14, 2015 • Phoenix, AZ

Clinical Reviews 2015: 26th Annual Family Medicine and

Internal Medicine Update

March 25-28, 2015 • Scottsdale, AZ

Urogynecology and Disorders of the Female Pelvic Floor

April 17-19, 2015 • Scottsdale, AZ

A Multidisciplinary Update in Pulmonary and Critical Care Medicine

April 23-26, 2015 • Scottsdale, AZ

Southwest Laryngology Conference: Update in Dysphagia and

Hyper-Responsiveness

April 23-26, 2015 • Scottsdale, AZ

See all opportunities at ce.mayo.edu (search Women's Health)

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