

Effective Clinical Management of Borderline Personality Disorder
September 29, 2018
La Fonda on the Plaza – Santa Fe, New Mexico

7:00 a.m.	Registration and Continental Breakfast
8:00 a.m.	Background/Overall Principles 1) Empirical Support 2) Interpersonal Hypersensitivity a) Origins b) Clinical implications 3) Basic approach (accountability and agency, being active/non-reactive) 4) How BPD changes 5) Q&A
9:00 a.m.	Getting Started 1) Making the diagnosis a) Stigma, value b) Psychoeducation c) Course and outcome 2) Alliance building (how to facilitate, assess) 3) Establishing a frame (goals, availability between sessions) 4) Q&A
9:45 a.m.	Break
10:05 a.m.	Case #1 with Audience Response System
11:15 a.m.	Managing Suicidality and Self-Harm 1) Assessing dangerousness/safety 2) Managing threats (is contracting for safety useful?) 3) Responding to acts (use of hospitals, other levels of care) 4) Liability considerations 5) Q&A
12:00-1:00 p.m.	Lunch on Your Own

1:00 p.m.	Case #2 with Audience Response System
2:00 p.m.	<p>Pharmacotherapy and Comorbidity</p> <ol style="list-style-type: none"> 1) General principles (caution, collaboration) 2) Selecting medications (a new algorithm) 3) Comorbidities (identifying which disorder is the primary target) 4) Common problems (depression, bipolar disorder, PTSD) 5) Q&A
2:45 p.m.	Break
3:05 p.m.	<p>Multimodel Treatments</p> <ol style="list-style-type: none"> 1) Split treatments 2) Use of groups 3) Family therapy 4) Q&A
3:50 p.m.	<p>Review and Conclusions</p> <ol style="list-style-type: none"> 1) Review of the day; key points to take home 2) Why do this work? 3) Q&A
4:30 p.m.	Adjourn