

38th Annual Practice of Internal Medicine
May 1-5, 2017
Phillips Hall, Siebens Building
Rochester, MN

Monday, May 1, 2017

- 6:30 a.m. Registration and Continental Breakfast
Phillips Hall Foyer, First Floor, Siebens Building
- 7:50 a.m. Introduction and Course Overview
Phillips Hall, First Floor, Siebens Building
- Specialty: Cardiology**
Moderator: Stephen L. Kopecky, M.D.
- 8:00 a.m. Managing Antiplatelet Therapy in Stable Coronary Artery Disease
Mackram F. Eleid, M.D.
- 8:30 a.m. Atrial Fibrillation
Peter A. Noseworthy, M.D.
- 9:00 a.m. Update in CHF
Lyle J. Olson, M.D.
- 9:30 a.m. Lipid Treatment 2017: Reading Between the (Guide) Lines
Stephen L. Kopecky, M.D.
- 10:00 a.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building
- 10:30 a.m. Clinical Pearls: Infectious Diseases
Randall S. Edson, M.D.
- 11:30 a.m. Lunch (on your own)
- Specialty: General Internal Medicine**
Moderator: John B. Bundrick, M.D.
- 1:15 p.m. Cases from the Legal Department
Joseph M. Colaiano, J.D.
- 1:45 p.m. What to do when the Renal Function is Going Down
James R. Gregoire, M.D.
- 2:15 p.m. Mild Cognitive Impairment: From Diagnosis to Management
David S. Knopman, M.D.
- 2:45 p.m. Adult ADHD
Sandra J. Rackley, M.D., MAEdHD
- 3:15 p.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building

3:45 p.m.

Concurrent Sessions

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

Basic Office Procedures in Dermatology

Christopher J. Arpey, M.D.

Room 405, Fourth Floor, Siebens Building

Clinical Pearls: Palliative Medicine

Molly A. Feely, M.D.

Phillips Hall, First Floor, Siebens Building

Vertigo: Diagnosis and Treatment

Scott D. Eggers, M.D.

Leighton Auditorium, Second Floor, Siebens Building

5:00 p.m.

Adjourn

Tuesday, May 2, 2017

6:45 a.m.

Registration and Continental Breakfast

Phillips Hall Foyer, First Floor, Siebens Building

Specialty:

General Internal Medicine

Moderator:

John B. Bundrick, M.D.

8:00 a.m.

An Ounce of Prevention: The USPSTF Updates

David Raslau, M.D., M.P.H.

8:30 a.m.

Motivational Interviewing

Kristin S. Vickers Douglas, Ph.D., L.P.

9:00 a.m.

Management of Abnormal Pap Test and HPV Results

Kathy L. MacLaughlin, M.D.

9:30 a.m.

Thyroid Pearls

Marius N. Stan, M.D.

10:00 a.m.

Refreshment Break

Phillips Hall Foyer, First Floor, Siebens Building

10:30 a.m.

Clinical Pearls: Pulmonary

Craig E. Daniels, M.D.

11:30 a.m.

Break/Travel time to Lunch with the Professor

12:00 p.m.

Lunch with the Professor

(Kahler Grand Hotel, Subway Level – Heritage/Windsor Hall)

Group I – Gastroenterology – Seth R. Sweetser, M.D.

Group II – Psychiatry – William B. Leasure, M.D.

Group III – Musculoskeletal and Sports Medicine – Edward R. Laskowski, M.D.

Group IV – Urology – Robert H. McLaren, M.D.

12:45 p.m.

Break/Travel time from Lunch

Specialty:

General Internal Medicine

Moderator:

John B. Bundrick, M.D.

1:15 p.m.

Osteoporosis: News You Can Use

Kurt A. Kennel, M.D.

1:45 p.m.

Cases from the Endocrine Clinic

Neena Natt, M.D.

- 2:15 p.m. HTN Update: Marathon or SPRINT?
Vincent J. Canzanella, M.D.
- 2:45 p.m. The Complex/Challenging Spine Patient
Stephen J. Wisniewski, M.D.
- 3:15 p.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building
- 3:45 p.m. **Concurrent Sessions**
* Please note, these sessions are on a first come, first serve basis. No registration is required.
- Antidepressants: A Practical Approach to Choosing, Titrating, Switching, Augmenting, and Tapering
Kristin J. Somers, M.D.
Room 405, Fourth Floor, Siebens Building
- Cases in Perioperative Medicine
Karna K. Sundsted, M.D. and Howard Weitz, M.D.
Phillips Hall, First Floor, Siebens Building
- Healthcare Policy 2017: Implications for Clinicians
Mark Liebow, M.D., M.P.H. and Douglas L. Wood, M.D.
Leighton Auditorium, Second Floor, Siebens Building
- 5:00 p.m. Adjourn

Wednesday, May 3, 2017

- 6:45 a.m. Registration and Continental Breakfast
Phillips Hall Foyer, First Floor, Siebens Building
- Specialty: General Internal Medicine**
Moderator: John B. Bundrick, M.D.
- 8:00 a.m. Frequently Asked Questions in Vascular Medicine
Charles (Charlie) J. Lenz, M.D.
- 8:30 a.m. Anesthesia 101 for the Non-Anesthesiologist
David R. Danielson, M.D.
- 9:00 a.m. "Brain Death": Current Concepts
Michelle (M.J.) J. Clarke, M.D.
- 9:30 a.m. Tips on Managing Insomnia
Michael H. Silber, M.B., Ch.B.
- 10:00 a.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building
- 10:30 a.m. Clinical Pearls: Geriatrics
Ericka E. Tung, M.D.
- 11:30 a.m. Lunch (on your own)
- Specialty: General Internal Medicine**
Moderator: John B. Bundrick, M.D.
- 1:15 p.m. Abdominal Pain: A Rational Approach
Conor G. Loftus, M.D.
- 1:45 p.m. Cases from the ID Consult Pager
Mary J. Kasten, M.D.

- 2:15 p.m. COPD Update
Megan M. Duloher, M.D.
- 2:45 p.m. Cases from the Breast Clinic
Christina A. Dilaveri, M.D.
- 3:15 p.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building
- 3:45 p.m. **Concurrent Sessions**
* Please note, these sessions are on a first come, first serve basis. No registration is required.
- Building Your Resilience
Amit Sood, M.D.
Leighton Auditorium, Second Floor, Siebens Building
- Clinical Pearls: Dermatology
Catherine C. Newman, M.D.
Phillips Hall, First Floor, Siebens Building
- Musculoskeletal Injection Workshop
Laura S. Greenlund, M.D., Ph.D., William C. Mundell, M.D., and William J. Ward, M.D.
Room 406, Fourth Floor, Siebens Building
- 5:00 p.m. Adjourn
- 7:00 p.m. **Evening Session**
The Story of Grace
Jeffery (Jeff) B. Duncan
Phillips Hall, First Floor, Siebens Building

Thursday, May 4, 2017

- 6:45 a.m. Registration and Continental Breakfast
Phillips Hall Foyer, First Floor, Siebens Building
- Specialty:** **Women's Health**
Moderator: **Carol L. Kuhle, D.O., M.P.H.**
- 8:00 a.m. Female Viagra and Other Sexual Health Myths
Jordan Rullo, Ph.D., L.P.
- 8:30 a.m. Heavy or Irregular Menses: When to Intervene
Shannon K. Laughlin-Tommaso, M.D.
- 9:00 a.m. Let's Talk About Managing OAB
Deborah J. Lightner, M.D.
- 9:30 a.m. Diagnosis and Management of Vaginal Disorders
Carol L. Kuhle, D.O., M.P.H.
- 10:00 a.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building
- 10:30 a.m. Clinical Pearls: Women's Health
Stephanie S. Faubion, M.D.
- 11:30 a.m. Break/Travel time to Lunch with the Professor

- 12:00 p.m. **Lunch with the Professor**
(Kahler Grand Hotel, Subway Level – Heritage/Windsor Hall)
- Group I – Cardiology – Sunil V. Mankad, M.D.
Group II – Hypertension and Nephrology – Sandra J. Taler, M.D.
Group III – Pulmonary – Eric S. Edell, M.D.
Group IV – Diabetes Mellitus – Pankaj Shah, M.D.
- 12:45 p.m. Break/Travel time from Lunch
- Specialty: General Internal Medicine**
Moderator: John B. Bundrick, M.D.
- 1:15 p.m. Asthma Update
Gerald W. Volcheck, M.D.
- 1:45 p.m. Detection and Management of Alcohol Use Disorder in the Office
Bhanuprakash (Bhanu) Kolla, M.D.
- 2:15 p.m. Initial Treatment of Parkinson’s Disease: When Simpler is Better
J. Eric Ahlskog, M.D., Ph.D.
- 2:45 p.m. Care of the Cancer Survivor for the Generalist
Carrie A. Thompson, M.D.
- 3:15 p.m. Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building
- 3:45 p.m. **Concurrent Sessions**
** Please note, these sessions are on a first come, first serve basis. No registration is required.*
- An Approach to Patients with Chronic Fatigue and Fibromyalgia
Kevin C. Fleming, M.D. and Arya B. Mohabbat, M.D.
Phillips Hall, First Floor, Siebens Building
- Cardiac Murmur Workshop
Jeffrey B. Geske, M.D. and Kyle W. Klarich, M.D.
Room 406, Fourth Floor, Siebens Building
- Musculoskeletal Examination for the Non-Orthopedist
Debra A. Zillmer, M.D.
Leighton Auditorium, Second Floor, Siebens Building
- 5:00 p.m. Adjourn

Friday, May 5, 2017

- 6:45 a.m. Registration and Continental Breakfast
Phillips Hall Foyer, First Floor, Siebens Building
- Specialty: Gastroenterology and General Internal Medicine**
Moderator: John B. Bundrick, M.D.
- 8:00 a.m. Commonly Asked Questions in Cerebrovascular Disease
Lindsay N. Williams, M.D.
- 8:30 a.m. Hepatitis C: What the Clinician Needs to Know
John J. Poterucha, M.D.
- 9:00 a.m. Common Errors in Ordering Radiology Procedures (and How to Avoid Them)
Robert P. Hartman, M.D.
- 9:30 a.m. Common Foot Disorders
Martin G. Ellman, D.P.M.

10:00 a.m. Meet the Professor/Refreshment Break
Phillips Hall Foyer, First Floor, Siebens Building

Specialty: General Internal Medicine
Moderator: Scott C. Litin, M.D.

10:30 a.m. Chronic Cough: A Practical Approach to the Patient
Vivek N. Iyer, M.D.

11:00 a.m. Topical Steroids: How to Choose
Mark Denis P. Davis, M.D.

11:30 a.m. Q & A and Discussion

12:00 p.m. Adjourn