

**Mayo Clinic 36<sup>th</sup> Annual Practice of Internal Medicine**  
**May 4-8, 2015**  
**Phillips Hall, Siebens Building**  
**Rochester, MN**

**Monday, May 4, 2015**

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6:30 a.m. Registration and Continental Breakfast  
*Phillips Hall Foyer, First Floor, Siebens Building*

7:50 a.m. Introduction and Welcome  
*Phillips Hall, First Floor, Siebens Building*

**Specialty:** **Cardiology**  
**Moderator:** *Stephen L. Kopecky, M.D.*

8:00 a.m. Outpatient Fluid Management in CHF  
*Paul M. McKie, M.D.*

8:30 a.m. Clinical Challenges in Coronary Artery Disease  
*R. Scott Wright, M.D.*

9:00 a.m. Assessment of Palpitations and Syncope  
*Samuel J. Asirvatham, M.D.*

9:30 a.m. 2015 Approach to Hyperlipidemia  
*Stephen L. Kopecky, M.D.*

10:00 a.m. Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*

**Clinical Pearls**

10:30 a.m. Clinical Pearls in Infectious Diseases  
*Mary J. Kasten, M.D.*

11:25 a.m. Mobile App  
*Tony A. Hart*

11:30 a.m. Lunch (on your own)

**Specialty:** **General Internal Medicine**  
**Moderator:** *John B. Bundrick, M.D.*

1:15 p.m. Hair Loss in Women: A Case-Based Approach  
*Lisa A. Drage, M.D.*

1:45 p.m. HIV - What the Internist Needs to Know  
*Joyce L. Sanchez, M.D.*

2:15 p.m. Low Testosterone: Controversies in Diagnosis and Treatment  
*Landon W. Trost, M.D.*

2:45 p.m. Common Foot Disorders  
*Martin G. Ellman, D.P.M.*

3:15 p.m. Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*

3:45 p.m.

**Concurrent Sessions**

*\* Please note, these sessions are on a first come, first serve basis. No registration is required.*

Clinical Pearls in Palliative Medicine

*Jacob J. Strand, M.D.*

*Phillips Hall, First Floor, Siebens Building*

Basic Office Procedures in Dermatology (Limited Attendance)

*Christopher J. Arpey, M.D. and Nerissa M. Collins, M.D.*

*Room 402, Fourth Floor, Siebens Building*

CBC Counts Too High, Too Low - Benign Hematology

*Carrie A. Thompson, M.D.*

*Leighton Auditorium, Second Floor, Siebens Building*

5:00 p.m.

Adjourn

**Tuesday, May 5, 2015**

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6:45 a.m.

Registration and Continental Breakfast

*Phillips Hall Foyer, First Floor, Siebens Building*

**Specialty:**  
**Moderator:**

**General Internal Medicine**

*John B. Bundrick, M.D.*

8:00 a.m.

Geriatric Pearls

*Ericka E. Tung, M.D.*

8:30 a.m.

Evaluation of the Patient with Spells

*William F. Young, Jr. M.D.*

9:00 a.m.

Diagnosis and Initial Strategy for Rheumatoid Arthritis

*John M. Davis, III, M.D.*

9:30 a.m.

Managing Injuries in the Weekend Athlete

*Edward R. Laskowski, M.D.*

10:00 a.m.

Refreshment Break

*Phillips Hall Foyer, First Floor, Siebens Building*

10:30 a.m.

Minimally Disruptive Medicine - Easing the Burden of Practice on You and Your Patients

*Victor M. Montori, M.D.*

11:30 a.m.

Break/Travel time to Lunch with the Professor

12:00 p.m.

**Lunch with the Professor**

**(Kahler Grand Hotel, Subway Level – Heritage/Windsor Hall)**

Group I – Pulmonary - Eric S. Edell, M.D. ....	Heritage I
Group II – Diabetes - Pankaj Shah, M.D. ....	Heritage II
Group III – Gastroenterology - John A. Schaffner, M.D. ....	Heritage III
Group IV – Urology - Lance A. Mynderse, M.D. ....	Windsor I
Group V – Rheumatology - Thomas G. Osborn, M.D. ....	Windsor II

12:45 p.m.

Break/Travel time from Lunch

**Specialty:**  
**Moderator:**

**Neurology**

*John B. Bundrick, M.D.*

1:15 p.m.

Restless Legs Syndrome

*Michael H. Silber, M.B., Ch.B.*

1:45 p.m.

Approach to the Patient with Tremor

*J. Eric Ahlskog, M.D., Ph.D.*

- 2:15 p.m. Update in Cerebrovascular Disease  
*Robert D. Brown, Jr. M.D., M.P.H.*
- 2:45 p.m. Tips in Managing Patients with Migraine  
*Ivan Garza, M.D.*
- 3:15 p.m. Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*
- 3:45 p.m. **Concurrent Sessions**  
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- 2014 Update in Internal Medicine (C0Q) Maintenance of Certification (MOC) Module (3:45-5:45 p.m.)  
*Brian M. Dougan, M.D., Denise M. Dupras, M.D., Ph.D., and Nina M. Schwenk, M.D.*  
*Leighton Auditorium, Second Floor, Siebens Building*
- Ophthalmology for the Non-Ophthalmologist  
*James A. Garrity, M.D.*  
*Room 402, Fourth Floor, Siebens Building*
- Clinical Pearls in Neurology  
*James C. Watson, M.D.*  
*Phillips Hall, First Floor, Siebens Building*
- 5:00 p.m. Adjourn

### **Wednesday, May 6, 2015**

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- 6:45 a.m. Registration and Continental Breakfast  
*Phillips Hall Foyer, First Floor, Siebens Building*
- Specialty:** **General Internal Medicine**  
**Moderator:** *John B. Bundrick, M.D.*
- 8:00 a.m. The Abnormal Urinalysis  
*LaTonya J. Hickson, M.D.*
- 8:30 a.m. When Your Patient Asks You About E-cigarettes  
*Jon O. Ebbert, M.D.*
- 9:00 a.m. Believe It or Not: Lessons Learned from Weird Metabolic Bone Cases  
*Robert A. Wermers, M.D.*
- 9:30 a.m. Approach to the Patient with Dyspnea  
*Craig E. Daniels, M.D.*
- 10:00 a.m. Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*
- 10:30 a.m. Explaining Chronic Fatigue and Chronic Pain to Your Patients - Pathways to Recovery  
*Kevin C. Fleming, M.D.*
- 11:30 a.m. Lunch (on your own)
- Specialty:** **General Internal Medicine**  
**Moderator:** *John B. Bundrick, M.D.*
- 1:15 p.m. Management Issues in Venous Thromboembolism  
*Scott C. Litin, M.D.*
- 1:45 p.m. Anxiety Disorders: Diagnosis and Effective Treatment  
*Brian A. Palmer, M.D.*
- 2:15 p.m. Cases in Resistant HTN  
*Amy W. Williams, M.D.*

- 2:45 p.m. Cases from the Thyroid Clinic  
*Hossein Gharib, M.D.*
- 3:15 p.m. Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*
- 3:45 p.m. **Concurrent Sessions**  
*\* Please note, these sessions are on a first come, first serve basis. No registration is required.*
- Challenging Conversations with Patients  
*Darryl S. Chutka, M.D. and J. Keith Mansel, M.D.*  
*Leighton Auditorium, Second Floor, Siebens Building*
- Musculoskeletal Injection Workshop (Limited Attendance)  
*Tony Y. Chon, M.D., William C. Mundell, M.D., and Jason H. Szostek, M.D.*  
*Room 406, Fourth Floor, Siebens Building*
- Clinical Pearls in Dermatology  
*Rochelle R. Torgerson, M.D., Ph.D.*  
*Phillips Hall, First Floor, Siebens Building*
- 5:00 p.m. Adjourn
- 7:00 p.m. **Evening Session**  
Diagnostic Challenge  
*John B. Bundrick, M.D.*  
*Phillips Hall, First Floor, Siebens Building*

#### **Thursday, May 7, 2015**

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- 6:45 a.m. Registration and Continental Breakfast  
*Phillips Hall Foyer, First Floor, Siebens Building*
- Specialty: Women's Health**  
**Moderator:** *Stephanie S. Faubion, M.D.*
- 8:00 a.m. Breast Density Notification - What to Do?  
*Deborah J. Rhodes, M.D.*
- 8:30 a.m. Breast Cancer Chemoprevention  
*Karthik Ghosh, M.D.*
- 9:00 a.m. Maintaining Sexuality in Menopause  
*Stephanie S. Faubion, M.D. and Jordan Rullo, Ph.D, L.P.*
- 10:00 a.m. Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*
- 10:30 a.m. Clinical Pearls in General Internal Medicine  
*John B. Bundrick, M.D.*
- 11:30 a.m. Break/Travel time to Lunch with the Professor  
12:00 p.m. **Lunch with the Professor**  
**(Kahler Grand Hotel, Subway Level – Heritage/Windsor Hall)**
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| Group I - Infectious Disease - Pritish K. Tosh, M.D. .... | Heritage I   |
| Group II - Cardiology - Kyle W. Klarich, M.D. ....        | Heritage II  |
| Group III - Psychiatry - Bruce Sutor, M.D. ....           | Heritage III |
| Group IV - Spine - Ralph E. Gay, M.D., M.S. ....          | Windsor II   |
- 12:45 p.m. Break/Travel time from Lunch
- Specialty: General Internal Medicine**  
**Moderator:** *John B. Bundrick, M.D.*
- 1:15 p.m. Monoclonal Gammopathies - When to Test and What to Do with the Results  
*Morie A. Gertz, M.D.*

- 1:45 p.m.      The Patient with Swallowing Difficulties  
*Amindra S. Arora, M.B., B.Chir*
- 2:15 p.m.      Evaluation and Treatment of the Patient with Urticaria or Angioedema  
*Gerald W. Volcheck, M.D.*
- 2:45 p.m.      Pulmonary Nodule Evaluation  
*David E. Midthun, M.D.*
- 3:15 p.m.      Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*
- 3:45 p.m.      **Concurrent Sessions**  
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- Clinical Pearls in Vascular Medicine and Anticoagulation  
*Robert D. McBane, M.D.*  
*Phillips Hall, First Floor, Siebens Building*
- Hip and Knee Issues in Clinical Practice  
*Holly J. Duck, M.D.*  
*Leighton Auditorium, Second Floor, Siebens Building*
- Cases in Perioperative Medicine  
*Arya B. Mohabbat, M.D. and Karna K. Sundsted, M.D.*  
*Room 406, Fourth Floor, Siebens Building*
- 5:00 p.m.      Adjourn

## **Friday, May 8, 2015**

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- 6:45 a.m.      Registration and Continental Breakfast  
*Phillips Hall Foyer, First Floor, Siebens Building*
- Specialty:**      **Gastroenterology**  
**Moderator:**      *John B. Bundrick, M.D.*
- 8:00 a.m.      Cases in Celiac Disease  
*Joseph A. Murray, M.D.*
- 8:30 a.m.      What's New in Colon Cancer Screening?  
*Seth R. Sweetser, MD.*
- 9:00 a.m.      NAFLD  
*Kymberly D. Watt, M.D.*
- 9:30 a.m.      Tips and Tricks from the Expert: Chronic Abdominal Pain and Irritable Bowel Syndrome  
*Conor G. Loftus, M.D.*
- 10:00 a.m.      Refreshment Break  
*Phillips Hall Foyer, First Floor, Siebens Building*
- Specialty:**      **General Internal Medicine**  
**Moderator:**      *Scott C. Litin, M.D.*
- 10:30 a.m.      Update in General Internal Medicine: Practice Changing Articles from the Past Year  
*Jason H. Szostek, M.D.*
- 11:30 a.m.      Q & A and Discussion
- 12:00 p.m.      Adjourn