

Mayo Clinic 37th Annual Practice of Internal Medicine
May 9-13, 2016
Phillips Hall, Siebens Building
Rochester, MN

Monday, May 9, 2016

6:30 a.m. Registration and Continental Breakfast

7:50 a.m. Introduction and Welcome

Specialty: Cardiology

Moderator: *Stephen L. Kopecky, M.D.*

8:00 a.m. Coronary Artery Disease Update
R. Scott Wright, M.D.

8:30 a.m. CHF Update
Margaret M. Redfield, M.D.

9:00 a.m. Advanced Therapies for Stage D Heart Failure
Brooks S. Edwards, M.D.

9:30 a.m. Lipids 2016: Key Points from the Ever-evolving Guidelines
Stephen L. Kopecky, M.D.

10:00 a.m. Refreshment Break

Clinical Pearls

10:30 a.m. Clinical Pearls: Dermatology
Mark Denis P. Davis, M.D.

11:30 a.m. Lunch (on your own)

Specialty: General Internal Medicine

Moderator: *John B. Bundrick, M.D.*

1:15 p.m. HIV for the Primary Care Clinician
Stacey A. Rizza, M.D.

1:45 p.m. Osteoporosis Treatment: Who, When and How to Monitor A Drug Holiday
Robert A. Wermers, M.D.

2:15 p.m. Type 2 DM: Metformin and Beyond
Vinaya Simha, M.B.B.S., M.D.

2:45 p.m. Top-Rated Articles from the Mayo Clinic Proceedings
Thomas J. Beckman, M.D.

3:15 p.m. Refreshment Break

3:45 p.m.

Concurrent Sessions

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

Clinical Pearls: Psychiatry
Brian A. Palmer, M.D.

Basic Office Procedures in Dermatology (Limited Attendance)
Christopher J. Arpey, M.D. and Nerissa M. Collins, M.D.

Challenging Interactions with Patients
Craig Roth, M.D. and Darryl S. Chutkan, M.D.

5:00 p.m.

Adjourn

Tuesday, May 10, 2016

6:45 a.m. Registration and Continental Breakfast

Specialty: General Internal Medicine
Moderator: John B. Bundrick, M.D.

8:00 a.m. High Altitude Medical Issues --- from Mountain Climbing to Air Travel
Clayton T. Cowl, M.D.

8:30 a.m. Gas, Bloat, Belch, and Borborygmi --- Controlling Toxic Emissions
Conor G. Loftus, M.D.

9:00 a.m. Immunizations --- Answers to Frequently Asked Questions
Robert M. Jacobson, M.D.

9:30 a.m. Clinician Burnout --- Lessons Learned
Tait D. Shanafelt, M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: Perioperative Medicine
Karna K. Sundsted, M.D.

11:30 a.m. Break/Travel time to Lunch with the Professor

12:00 p.m. **Lunch with the Professor**

12:45 p.m. Break/Travel time from Lunch

Specialty: General Internal Medicine
Moderator: John B. Bundrick, M.D.

1:15 p.m. Pleural Effusion: A Clinical Approach to Diagnosis and Management
Craig E. Daniels, M.D.

1:45 p.m. Hypertension 2016 --- A moving Target
Gary L. Schwartz, M.D.

2:15 p.m. Acute Treatment of Migraine
Carrie (Beth) E. Robertson, M.D.

2:45 p.m. I'm Worried about my Worrying!: Effective Anxiety Treatments
Kristin S. Vickers Douglas, Ph.D., L.P.

3:15 p.m. Refreshment Break

3:45 p.m.

Concurrent Sessions

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ABIM 2015 Update in Internal Medicine Maintenance of Certification (MOC) Module

Nina M. Schwenk, M.D. and Colin P. West, M.D, Ph.D.

Palliative Medicine -- Symptom Management

Frank (Andy) A. Bock, D.O., Molly A. Feely, M.D., and Jacob J. Strand, M.D.

Clinical Pearls: Infectious Diseases

Joyce L. Sanchez, M.D.

5:00 p.m.

Adjourn

Wednesday, May 11, 2016

6:45 a.m. Registration and Continental Breakfast

Specialty: General Internal Medicine

Moderator: *John B. Bundrick, M.D.*

8:00 a.m. Low Back Pain --- A Practical Approach

Richard H. Rho, M.D.

8:30 a.m. Opioids: Basic Pharmacology, Indications, and Appropriate Use

Bryan C. Hoelzer, M.D.

9:00 a.m. Opioid Monitoring and Tapering

W. Michael Hooten, M.D.

9:30 a.m. Symptomatic Management of Neuropathic Pain

James C. Watson, M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: Gastroenterology

Amy S. Oxentenko, M.D.

11:30 a.m. Lunch (on your own)

Specialty: General Internal Medicine

Moderator: *John B. Bundrick, M.D.*

1:15 p.m. Preventing Falls in the Elderly

Jeffrey M. Thompson, M.D.

1:45 p.m. An Approach to the Patient with Chronic Cough

Kaiser G. Lim, M.D.

2:15 p.m. Cases from the Rheumatology Clinic

Kerry Wright, M.B.B.S.

2:45 p.m. Infectious Diseases

Mary J. Kasten, M.D.

3:15 p.m. Refreshment Break

3:45 p.m.

Concurrent Sessions

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Managing the Patient with Cognitive Impairment
Nathan P. Young, D.O. and Ericka E. Tung, M.D.

Musculoskeletal Injection Workshop (Limited Attendance)
Laura S. Greenlund, M.D., Ph.D., William C. Mundell, M.D., and William J. Ward, M.D.

Navigating Anticoagulant Options
Scott C. Litin, M.D. and Robert D. McBane, M.D.

5:00 p.m. Adjourn

7:00 p.m.

Evening Session

Going the Distance --- Proven Solutions
Edward T. Creagan, M.D.

Thursday, May 12, 2016

6:45 a.m. Registration and Continental Breakfast

Specialty: **Women's Health**
Moderator: *Stephanie S. Faubion, M.D.*

8:00 a.m. Contraception in the Perimenopause
Petra M. Casey, M.D.

8:30 a.m. Sexual Health Assessment in the Elderly Woman
Carol L. Kuhle, D.O.

9:00 a.m. Eating Disorders in Women: When Life and the Scale are Out of Balance
Leslie A. Sim, Ph.D., L.P.

9:30 a.m. Management of Menopausal Symptoms
Stephanie S. Faubion, M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: Hematology
Carrie A. Thompson, M.D.

11:30 a.m. Break/Travel time to Lunch with the Professor

12:00 p.m. **Lunch with the Professor**

12:45 p.m. Break/Travel time from Lunch

Specialty: **General Internal Medicine**
Moderator: *John B. Bundrick, M.D.*

1:15 p.m. Update in TIA and Stroke
Kelly D. Flemming, M.D.

1:45 p.m. Giant Cell Arteritis --- Tips on Diagnosis and Management
Kenneth J. Warrington, M.D.

2:15 p.m. ANA Testing --- When to Check and How to Interpret the Results
Kevin G. Moder, M.D.

2:45 p.m. Ophthalmology Tips for the Generalist
George B. Bartley, M.D.

3:15 p.m. Refreshment Break

3:45 p.m.

Concurrent Sessions

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

An Approach to Patients with Chronic Pain and Fibromyalgia
Kevin C. Fleming, M.D. and Arya B. Mohabbat, M.D.

Building Your Resilience
Anjali Bhagra, M.B.B.S.

Cardiac Murmur Workshop
Kyle W. Klarich, M.D. and Jeffrey B. Geske, M.D.

5:00 p.m. Adjourn

Friday, May 13, 2016

6:45 a.m. Registration and Continental Breakfast

Specialty: Gastroenterology and General Internal Medicine
Moderator: *John B. Bundrick, M.D.*

8:00 a.m. Cases in Nephrolithiasis
John C. Lieske, M.D.

8:30 a.m. Cases in Colon Cancer Screening and Surveillance
Seth R. Sweetser, M.D.

9:00 a.m. Hepatitis C: What the Clinician Needs to Know
John J. Poterucha, M.D.

9:30 a.m. GERD: Tips on Management
David A. Katzka, M.D.

10:00 a.m. Refreshment Break

Specialty: General Internal Medicine
Moderator: *Scott C. Litin, M.D.*

10:30 a.m. Update in General Internal Medicine (Practice Changing Articles)
Paul S. Mueller, M.D.

11:30 a.m. Q & A and Discussion

12:00 p.m. Adjourn