

39th Practice of Internal Medicine
May 6-10, 2019
Hilton Rochester Mayo Clinic Area
Rochester, MN

Monday, May 6, 2019

6:30 a.m. Registration and Continental Breakfast

7:50 a.m. Introduction and Course Overview

Specialty: Cardiology
Moderator: Stephen L. Kopecky, M.D.

8:00 a.m. Management of Chronic CAD
Michael W. Cullen, M.D.

8:30 a.m. A Practical Approach to Syncope
Peter A. Noseworthy, M.D.

9:00 a.m. Treatment Strategies in Atrial Fibrillation -- How to Choose
TBD

9:30 a.m. Update in Preventive Cardiology
Stephen L. Kopecky, M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: Infectious Diseases
Randall S. Edson, M.D.

11:30 a.m. Lunch (on your own)

Specialty: General Internal Medicine
Moderator: John B. Bundrick, M.D.

1:15 p.m. Antibiotic Stewardship: Selection and Duration of Therapy for Common Infectious Diseases
Pritish K. Tosh, M.D.

1:45 p.m. Proton Pump Inhibitors: What are the Risks?
Jeffrey A. Alexander, M.D.

2:15 p.m. Cases from the Travel Medicine Clinic
Mary J. Kasten, M.D.

2:45 p.m. Dyspepsia and Functional Bowel Symptoms: A Practical Approach
Madhusudan (Madhu) Grover, M.B.B.S.

3:15 p.m. Refreshment Break

3:45 p.m. **Concurrent Sessions**

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

#1 Clinical Pearls: Oncology (for the Internist)
Andrea E. Wahner Hendrickson, M.D.

#2 Musculoskeletal Injection Workshop
Laura S. Greenlund, M.D., Ph.D., Stephen P. Merry, M.D. and William J. Ward, M.D.

#3 Surviving Burnout: Solutions for Clinicians and the Systems They Work In
Colin P. West, M.D., Ph.D.

5:00 p.m. Adjourn

Tuesday, May 7, 2019

6:45 a.m. Registration and Continental Breakfast

Specialty: General Internal Medicine

Moderator: John B. Bundrick, M.D.

8:00 a.m. New Endobariatric Procedures
Mark V. Larson, M.D.

8:30 a.m. Keeping Abreast of Breast Cancer Screening
Karthik Ghosh, M.D.

9:00 a.m. Detection and Management of OSA in Patients Undergoing Surgery
Eric J. Olson, M.D.

9:30 a.m. Clinical Management of Fractures while on Osteoporosis Treatment
Robert A. Wermers, M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: Dermatology
Mark Denis P. Davis, M.D.

11:30 a.m. Break/Travel time to Lunch with the Professor

12:00 p.m. **Lunch with the Professor**

Group I - Gastroenterology
Group II - Psychiatry
Group II - Musculoskeletal and Sports Medicine
Group IV - Urology

12:45 p.m. Break/Travel time from Lunch

Specialty: General Internal Medicine

Moderator: John B. Bundrick

1:15 p.m. Colon Polyps: Surveillance Cases
Robert E. Kraichely, M.D.

1:45 p.m. Managing Opioid Side Effects -- A Practical Guide
Molly A. Feely, M.D.

2:15 p.m. Practical Tips for Managing the Poorly Controlled Diabetic
Vinaya Simha, M.B.B.S., M.D.

2:45 p.m. ADHD in Adults: Diagnosis and Management
William B. Leasure, M.D.

3:15 p.m. Refreshment Break

3:45 p.m. **Concurrent Sessions**

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

#1 Navigating Difficult Conversations with Your Patients Regarding Controlled Substance Use
Emily L. Leasure, M.D. and William J. Ward, M.D.

#2 Cases in Liver Disease

William Sanchez, M.D. and Douglas (Doug) A. Simonetto, M.D.

#3 Cases in Perioperative Medicine

Karna K. Sundsted, M.D. and Dennis (Mike) M. Bierle, M.D.

5:00 p.m. Adjourn

Wednesday, May 8, 2019

6:45 a.m. Registration and Continental Breakfast

Specialty: General Internal Medicine

Moderator: John B. Bundrick, M.D.

8:00 a.m. FAQ in Venous Disease
Charles (Charlie) A. Lenz, M.D.

8:30 a.m. Alcohol Use Disorders: Chronic Management and Medication Assisted Treatments in Primary Care
Terry D. Schneekloth, M.D.

9:00 a.m. Dermatologic Symptoms without Clinical Findings
Rochelle R. Torgerson, M.D., Ph.D.

9:30 a.m. Mythbusting Diagnoses from Dr. Google
Ravindra Ganesh, M.B.B.S., M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: Pulmonary
Megan M. Duloher Scrodin, M.D.

11:30 a.m. Lunch (on your own)

Specialty: General Internal Medicine

Moderator: John B. Bundrick, M.D.

1:15 p.m. Primary Care for the Transplant Patient
Carrie A. Schinstock, M.D.

1:45 p.m. Lung Cancer Screening and Pulmonary Nodules
Craig E. Daniels, M.D.

2:15 p.m. Hypertension: Practical Application of Divergent Guideline Recommendations
Gary L. Schwartz, M.D.

2:45 p.m. Bacteria That Infect the Gut: Highlights From Recent Guideline Updates
Sahil Khanna, M.B.B.S.

3:15 p.m. Refreshment Break

3:45 p.m. **Concurrent Sessions**

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

#1 A Practical Approach to the Chronically Dizzy Patient
Scott D. Eggers, M.D.

#2 Cases in Management of Cognitive Impairment and Dementia
Gabrielle J. Melin, M.D., M.S. and Ericka E. Tung, M.D.

#3 Clinical Pearls: Gastroenterology
Amy S. Oxentenko, M.D.

5:00 p.m. Adjourn

7:00 p.m. **Evening Session**

Thursday, May 9, 2019

6:45 a.m. Registration and Continental Breakfast

Specialty: General Internal Medicine
Moderator: *John B. Bundrick*

8:00 a.m. Sexuality in the Older Woman
Carol L. Kuhle, D.O., M.P.H.

8:30 a.m. Medical Cannabis: Weeding Through the Options
Jon O. Ebbert, M.D.

9:00 a.m. Symptom Management in Palliative Care
Jacob J. Strand, M.D.

9:30 a.m. Fibromyalgia: Finding Your Way Through the Fog
Jeffrey M. Thompson, M.D.

10:00 a.m. Refreshment Break

10:30 a.m. Clinical Pearls: General Internal Medicine
John B. Bundrick, M.D.

11:30 a.m. Break/Travel time to Lunch with the Professor

12:00 p.m. **Lunch with the Professor**

Group I - Cardiology
Group II - Hypertension and Nephrology
Group III - Pulmonary
Group IV - Diabetes Mellitus

12:45 p.m. Break/Travel time from Lunch

Specialty: General Internal Medicine
Moderator: *John B. Bundrick, M.D.*

1:15 p.m. Beyond OSA: A Practical Approach to the Sleepy Patient
Michael H. Silber, M.B.Ch.B.

1:45 p.m. Alcohol Withdrawal: Assessment and Treatment Strategies
John T. Ratelle, M.D.

2:15 p.m. What Do I Do with This? Unexpected Findings on Neurologic Tests
Nathan P. Young, D.O.

2:45 p.m. Treating the Pain Patient with Anxiety or Depression
Kristin J. Somers, M.D.

3:15 p.m. Refreshment Break

3:45 p.m. **Concurrent Sessions**

** Please note, these sessions are on a first come, first serve basis. No registration is required.*

#1 Clinical Pearls: Cardiology
Paul M. McKie, M.D.

#2 Physical Examination of the Neck and Shoulder With Clinical Correlates
Edward R. Laskowski, M.D.

#3 Interpretations of Chest Imaging and PFTs
Eric S. Edell, M.D. and Darlene R. Nelson, M.D.

5:00 p.m. Adjourn

Friday, May 10, 2019

6:45 a.m. Registration and Continental Breakfast

Specialty: General Internal Medicine
Moderator: *John B. Bundrick, M.D.*

8:00 a.m. A "Bump" in Creatinine: Do This, Not That
Suzanne M. Norby, M.D.

8:30 a.m. A Simplified Approach to Prescribing Oxygen
Clayton T. Cowl, M.D., M.S.

9:00 a.m. Polycystic Kidney Disease -- Recognition and Current Management
Fouad T. Chebib, M.D.

9:30 a.m. A Practical Approach to Evaluating the Patient with Lymphadenopathy
Carrie A. Thompson, M.D.

10:00 a.m. Meet the Professor/Refreshment Break

Specialty: General Internal Medicine
Moderator: *Scott C. Litin, M.D.*

10:30 a.m. Clinical Pearls: Neurology
Jeremy K. Cutsforth-Gregory, M.D.

11:30 a.m. Q & A and Discussion

12:00 p.m. Adjourn