

Updates in Palliative Care – Online CME Course

Activity Description

Updates in Palliative Care is a multidisciplinary CME course designed to build and enhance your palliative care knowledge. Experts from the Mayo Clinic Center for Palliative Care provide clinically relevant pearls for palliative care providers and clinicians from primary care, hematology/oncology, hospital medicine, critical care and related specialties. If you care for patients with serious illness and are looking to broaden your skills beyond the basics, this is the course for you.

- Dynamic, case-based presentations
- Timely palliative care content such as management of refractory symptoms when usual therapies fail, strategies for complex communication scenarios, adaptive coping, spiritual distress and pain management strategies for seriously ill patients with high opioid risk

Target Audience

This activity is appropriate for targeted clinician specialties (MD, NP, PA-C) include clinicians from general internal medicine, family medicine, hospital medicine, oncology, critical care, geriatrics, nephrology and cardiology.

Learning Objectives

Upon conclusion of this activity, participants should be able to:

- Formulate an approach to address complex communication scenarios such as requests for hastened death, miracles and perceived futility.
- Develop treatment strategies for refractory symptoms.
- Define adaptive coping and apply specific interventions to improve patient and family coping.
- Utilization of this Mayo Clinic online (enduring materials) course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be in this course.

Attendance at this Mayo Clinic course does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course.

Accreditation Statement



In support of improving patient care, Mayo Clinic College of Medicine and Science is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Credit Statements

AMA

Mayo Clinic College of Medicine and Science designates this Other (live and online content) activity for a maximum of 9.25 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Other Healthcare Professionals

A record of attendance will be provided to all registrants for requesting credits in accordance with state nursing boards, specialty societies or other professional associations.

Disclosure Summary

As a provider accredited by Joint Accreditation Interprofessional Continuing Education, Mayo Clinic College of Medicine and Science must ensure balance, independence, objectivity and scientific rigor in its educational activities. Course Director(s), Planning Committee Members, Faculty, and all others who are in a position to control the content of this educational activity are required to disclose all relevant financial relationships with any commercial interest related to the subject matter of the educational activity. Safeguards against commercial bias have been put in place. Faculty also will disclose any off label and/or investigational use of pharmaceuticals or instruments discussed in their presentation. Disclosure of these relevant financial relationships will be published in activity materials so those participants in the activity may formulate their own judgments regarding the presentation.

Listed below are individuals with control of the content of this program who have disclosed.

Relevant financial relationship(s) with industry:

Name	Nature of Relationship	Company
Brandon P. Verdoorn, M.D.	Stockholder (self-managed)	AbbVie, Walgreen's Boots Alliance, Bristol Myers Squibb, Crispr Therapeutics, Invitae Corporation, Teladoc Health

No relevant financial relationship(s) with industry:

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Molly Feely, M.D.

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James Watson, M.D.

John Wilkinson, M.D.

Kelly Wu, M.D.

Mei Yeow, B.M.B.Ch.

References to off-label and/or investigational usage(s) of pharmaceuticals or instruments in their presentation:

Name	Manufacture(s) / Provider(s)	Products
Molly Feely, M.D.	Multiple	Medical Marijuana
Emily Olson, APRN, C.N.P., M.S.N.	Multiple	Opioids for dyspnea
Zachary Saxe Sager, M.D.	Indivior	Buprenorphine SL (Suboxone)
Wil Santivasi, M.D.	Multiple	Potential off label medication use: benzodiazepines, barbiturates, propofol, chlorpromazine, dexmedetomidine
James Watson, M.D.	Multiple	Pharmacologic agents for off-label use
Kelly Wu, M.D.	Multiple	Cannabinoids and Olanzapine for treatment of nausea

For disclosure information regarding Mayo Clinic School of Continuous Professional Development accreditation review committee member(s) please visit: <https://ce.mayo.edu/content/disclosures>.

Disclaimer

Participation in this Mayo Clinic educational activity does not indicate nor guarantee competence or proficiency in the performance of any procedures which may be discussed or taught in this course. You should be aware that substantive developments in the medical field covered by this recording may have occurred since the date of original release.

Prerequisites for Participation

There are no prerequisites needed prior to participating in this education activity.

Method of Participation

Participation in this activity consists of reviewing the educational material, completing the learner assessment and evaluation.

How to Obtain Credit

To obtain credit, complete the assessment, evaluation and submit.

Release and Expiration Dates

Release Date: July 19, 2021
Expiration Date: July 18, 2024

Acknowledgement of Commercial Support

No commercial support was received in the production of this activity.

Faculty and Course Director Listing and Credentials

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Bibliographic Resources

Butow PN, Clayton JM, Epstein RM. Prognostic Awareness in Adult Oncology and Palliative Care. *J Clin Onc.* 2020;38(9):877-884.

Kamal AH, et. al. Future of the Palliative Care Workforce: Preview to an Impending Crisis. *Am J Med.* 2017;130(2):113-114

Presley CJ et al. Severe functional limitation due to pain & emotional distress and subsequent receipt of prescription medications among older adults with cancer. *J Geriatric Onc* 2020;11(6):960-968

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